



LuttHigh



Lutterworth High School Academy Trust



Friday 18th September 2026

Dear Parent/ Carer

Welcome to our weekly newsletter. We look forward to welcoming potential parents to our Open Evening on Thursday 24th September. I will be giving talks at 5.45pm and 6.30pm. This is one of our favourite evenings and is always very well attended. Our students also always make us feel very proud and they showcase how great the school is.

Our sporting fixtures are starting to get underway. I would like to thank all of our coaches who support our training and fixture programme, including our Saturday morning rugby programme. To support our PE department we have our Sports Mile fundraising event next Friday. The students love dressing up and the field is always a riot of colour as many students wear fancy dress.

Booking for the Year 7 Settling In Evening is now live. We are very pleased with how our Year 7 are settling and we look forward to seeing you on the evening.

Have a lovely weekend.

Kind regards

Julian Kirby
Headteacher



NOTICEBOARD



How to report a concern at Lutterworth High School



Tell a Teacher, Tutor, your Trusted Adult or go to KS3/KS4 Hubs to speak to a member of staff



Tell your parents or a friend, who can report on your behalf



Forms outside KS3 and post in the letterbox



Self report to KS3 or KS4

ks3hub@lutterworthhigh.co.uk
ks4hub@lutterworthhigh.co.uk



Speak Out button on the school website
www.lutterworthhigh.co.uk/student

Attendance

Year 7	98.1%
Year 8	94.0%
Year 9	93.5%
Year 10	92.1%
Year 11	91.3%
Whole school	94.5%

Distinction Awards - Well done to the following students who have achieved distinction awards this week.

Emily Atchison 10HH

Theo Barnes 8LJ

Zara Bell 10LH

Oscar Castle 9HH

Abi Demery 7LJ

Wyatt-Chase Denton-Stacey 8HE

Scarlett Ejadowski 7LG

Freddie Ford 10HA

William Forrer 8LA

Emily Green 11HS

Poppy Greenhalgh 9HW

Max Hardwick 10HH

Sammy Hennessy 11HO

Olivia Kruszenko 7LG

Sehaj Mann 7LJ

Olivia Ochal 7LJ

Sienna Perkins 10LH

Edward Vesty 9LS

Alice Vigrass 10HR



For prospective parents

YEAR 7 OPEN EVENING

THURSDAY 24TH SEPTEMBER
2026

5.45pm-8.00pm

Doors open at 5.30pm.

The evening begins at 5.45pm, at which point you may choose to tour the school or attend the first Headteacher's talk.

A second Headteacher's talk will take place at 6.30pm.

We invite you to see and experience our school, speak to our talented and committed staff and meet our friendly students.

Find out more about our exceptional enrichment opportunities and outstanding facilities.

www.lutterworthhigh.co.uk
01455 552710
admin@lutterworthhigh.co.uk

NOTICEBOARD



POST-16 INFORMATION EVENING

THURSDAY 15TH OCTOBER
2026
5.30-7.00PM

An informative evening for Year 11 students
regarding further education.

A number of Post-16 providers will be
available to discuss courses they offer.

 www.lutterworthhigh.co.uk
 01455 552710
 admin@lutterworthhigh.co.uk



Hot Choc Friday

Well done to the following students who have achieved a Hot Choc Friday this week.





Post-16 Providers - Open Days/Evenings

Ashlawn School	Not yet listed.
Beauchamp College	7th November 2026
Beauchamp City	31st October 2026
Guilsborough Academy	5 th November 2026
Hive Sixth Form at Countesthorpe Academy	11th November 2026
The Hinckley School	11th November 2026
King Edward VI College	3 rd December 2026
Lawrence Sheriff	30th September 2026
Leicester College	5th November 2026
Leicester Grammar School	5th November 2026
Leicester High School for Girls	26 th September 2026
Loughborough College Group	Stephenson College - 29 th September 2026 Loughborough College - 3 rd October 2026 Brooksby College - 10 th October 2026 IGNITE - 17 th November 2026
Lutterworth College	1 st October 2026
North Warwickshire and South Leicestershire College	15th October 2026 21st November 2026
Princethorpe College	14th October 2026
Robert Smyth Academy	11th November 2026
Rugby High School	5th November 2026
Warwickshire College Group	17th October 2026
Wigston College	4th November 2026
Wyggeston and QE1 College	1 st November 2026

NOTICEBOARD

Pastoral Coffee Mornings

We are pleased to announce an exciting addition to our programme of parental engagement events with the launch of our monthly Tuesday Coffee Mornings. These friendly and informal sessions provide an opportunity for parents and carers to come together, enjoy a hot drink, and connect with members of the school community. They offer a chance to share ideas, ask questions, and learn more about how we can work in partnership to support our young people. We believe that strong relationships between home and school play a vital role in student success, particularly when it comes to promoting excellent attendance. By working together, we can ensure every student feels supported, confident, and ready to make the most of every school day.

If you would like to attend on 29th September, reserve your place via the Edulink form. We look forward to welcoming you.

Mrs Hunter
Deputy Headteacher



YOU'RE INVITED TO OUR
Coffee MORNING

TOGETHER, WE CAN SUPPORT EVERY CHILD

Join us for a relaxed coffee morning for parents and carers.

DATE: 29/09/2026
TIME: 9.15am
VENUE: School Terrace

Let's come together to chat, share ideas and find ways to support our children to thrive—at school and beyond.
All welcome!

Let's talk about what matters most for our children.

ATTENDANCE
Every day counts

WORKING TOGETHER
Sharing ideas, building connections

WELLBEING
Supporting happy, healthy minds

September: Welcome Back: Every Day Counts
October: Understanding Attendance
November: Morning Routines for Success
December: Wellbeing and Attendance
January: Fresh Start for Good Attendance
February: Attendance and Learning
March: Working Together to Overcome Barriers
April: Preparing for Assessment and Transition
June: Ready for Transition and the New School Year

TOGETHER, WE MAKE A DIFFERENCE
Thank you for being part of our school community.

Subject Matters: The Importance of Your Post-16 Subject Choices

Choosing the right A-levels is important when it comes to choosing the university study that is right for you. I will be holding a session in school for Year 11 in the next couple of months to inform students about this and give some top tips for choosing the right A-level subjects. Our partner college at the University of Cambridge, Pembroke College, is holding an online event on Monday 9th November, with a talk at 5.00pm and one at 6.00pm. Parents and students who are in Year 11 can sign up for this event, please use the link below.

[Subject Matters: The Importance of Your Post-16 Subject Choices | Undergraduate Study](#)

Please let me know if you have any questions about A-level choices.

Miss Niemeijer
Higher attainers coordinator
mniemeijer@lutterworthhigh.co.uk



NOTICEBOARD

Our new Autumn/Winter menus will be starting from Monday!

Autumn/Winter Menu Week 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS				
LINCONSHIRE SAUSAGE, BUTTERY MASH, YORKSHIRE & ONION GRAVY	SWEET & SOUR CHICKEN CURRY	CLASSIC MACARONI CHEESE WITH CHICKEN	TRADITIONAL CORNISH PASTY	CRISPY CHICKEN GOUJONS & CHIPS
VEGETARIAN OPTION				
QUORN SAUSAGE, BUTTERY MASH, YORKSHIRE & ONION GRAVY	SWEET AND SOUR VEGETABLE CURRY	CLASSIC MACARONI CHEESE WITH QUORN	TRADITIONAL CORNISH VEGETABLE PASTY	CRISPY VEGETABLE NUGGETS & CHIPS
MARKET VEGETABLES				
STEAMED SEASONAL VEGETABLES	STEAMED VEGETABLE RICE & PRAWN CRACKER	GARLIC BREAD	STEAMED SEASONAL VEGETABLES	BAKED BEANS/GARDEN PEAS
HOT DELI				
ITALIAN MEATBALL SUB WITH CHEESE	THAI FRIED RICE WITH CHICKEN SATAY SKEWERS	GREEK STYLE CHICKEN GYROS	OVEN BAKED CHEESEBURGER WITH SALAD	PEPPERONI PIZZA MARGHERITA PIZZA
PASTA BAR - PASTA WITH A SELECTION OF HOMEMADE SAUCE (VEGETARIAN / MEAT)				
GRAB & GO				
JERK CHICKEN LEG WITH POTATO WEDGES	HAM & CHEESE PANINI	OVEN BAKED BEEF BURGER WITH CHEESE	LEBANESE STYLE CHICKEN FLAT BREAD	PEPPERONI PIZZA
TERRACE - JACKET POTATO WITH A SELECTION OF FILLINGS				
SELECTION OF FRESHLY BAKED BAGUETTES AND HOMEMADE SANDWICHES				
DESSERTS - SELECTION OF HOMEMADE CAKES OR COOKIES/ WHOLE FRUIT / FRUIT SLICES / FRUIT POTS				

Autumn/Winter Menu Week 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS				
BEEF MEATBALLS & FUSILLI IN RUSTIC TOMATO SAUCE	ROAST BEEF, ROAST POTATO, YORKSHIRE & GRAVY	CHICKEN KORMA BASMATI RICE & NAAN	BBQ CHICKEN DRUMSTICK	CHIP SHOP STYLE FISH CAKES WITH CHIPS
VEGETARIAN OPTION				
VEGGIE MEATBALLS & FUSILLI IN RUSTIC TOMATO SAUCE	VEGETABLE QUICHE, ROAST POTATO, YOURKSHIRE & GRAVY	VEGETABLE KORMA	BBQ QUORN SAUSAGE	VEGETABLE SAMOSA WITH CHIPS
MARKET VEGETABLES				
CHEESY GARLIC SLICE	SEASONAL STEAM VEGETABLES	CRISPY ONION BASMATI RICE & NAAN	CAJUN POTATO & CORN ON THE COB	BAKED BEANS/GARDEN PEAS
HOT DELI				
MAPLE & SWEET CHILLI CHICKEN WITH FLUFFY BASMATI RICE	CHEESY MEATBALL BAGUTTE	TANDOORI CHICKEN, FOLDED NAAN, SALAD & YOGURT DIP	CARIBBEAN CHICKEN STEW WITH RICE & BEANS	PEPPERONI PIZZA MARGHERITA PIZZA
PASTA BAR - PASTA WITH A SELECTION OF HOMEMADE SAUCE (VEGETARIAN / MEAT)				
GRAB & GO				
PIRI PIRI CHICKEN & CHEESE BAGUTTE	SOURDOUGH CHICKEN FLATBREAD	CHICKEN TIKKA, CRISPY ONION & CHEESE MELT BAGUETTE	CHICKEN BURGER WITH LETTUCE & TOMATO	PEPPERONI PIZZA
TERRACE - JACKET POTATO WITH A SELECTION OF FILLINGS				
SELECTION OF FRESHLY BAKED BAGUETTES AND HOMEMADE SANDWICHES				
DESSERTS - SELECTION OF HOMEMADE CAKES OR COOKIES/ WHOLE FRUIT / FRUIT SLICES / FRUIT POTS				

Autumn/Winter Menu Week 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS				
CHICKEN TAGINE	GARLIC & THYME ROASTED CHICKEN BREAST, ROAST POTATO, YORKSHIRE & GRAVY	COTTAGE PIE	MEXICAN BEEF CHILLI NACHOS	CHICKEN BREAST CHUNKS WITH CHIPS
VEGETARIAN OPTION				
LENTIL & VEGETABLE TAGINE	VEGETABLE ROAST, ROAST POTATO, YORKSHIRE & GRAVY	QUORN COTTAGE PIE	QUORN CHILLI NACHOS	VEGETABLE NUGGETS WITH CHIPS
MARKET VEGETABLES				
JEWELLED PILAF RICE	SEASONAL STEAM VEGETABLE	GREEN BEANS & CARROT	VEGETABLE STEAM RICE	BAKED BEANS/GARDEN PEAS
HOT DELI				
TURKISH STYLE CHICKEN WITH KOBEZ BREAD, SALAD & MINT DIP	BAKED BEEF BURGER WITH LETTUCE, TOMATO, ONION & CHEESE	KATSU CHICKEN CURRY POT	MEXICAN BEEF CHILLI NACHOS	PEPPERONI PIZZA MARGHERITA PIZZA
PASTA BAR - PASTA WITH A SELECTION OF HOMEMADE SAUCE (VEGETARIAN / MEAT)				
GRAB & GO				
BAKED CHEESEBURGER	BBQ CHICKEN WINGS WITH SEASONED WEDGES	TUNA & CHEESE PANINI	TANDOORI CHICKEN THIGH BURGER WITH SALAD	PEPPERONI PIZZA
TERRACE - JACKET POTATO WITH A SELECTION OF FILLINGS				
SELECTION OF FRESHLY BAKED BAGUETTES AND HOMEMADE SANDWICHES				
DESSERTS - SELECTION OF HOMEMADE CAKES OR COOKIES/ WHOLE FRUIT / FRUIT SLICES / FRUIT POTS				

BRING IT ON

THE MUSICAL



Tickets available on Scopay soon!

CRAFT NIGHT FUNDRAISER

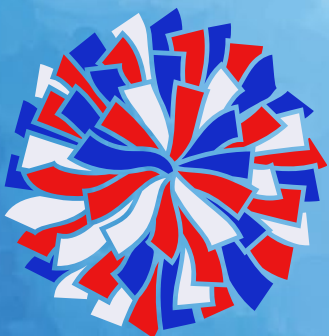
Create your own cheer bow, baseball cap or pom poms while helping raise money for our school production!

WEDNESDAY 7TH OCTOBER 2026

5.00pm-7.00pm

Candy Corner | Cheerleading | Quiz | Raffle | Soda Stand

Additional items can be purchased if you want to make more than one bow/cap/pom poms.

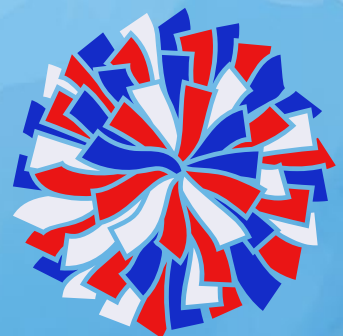


Ticket Options

£5 entry

£8 entry

(Includes cap/bow)



DATES FOR YOUR DIARY

YEAR 9

Year 9 Options Assembly - Thursday 10th December 2026

Year 9 Parents' Evening - Thursday 10th December 2026

Year 9 Options Evening - Thursday 11th February 2027

Year 9 Options open - 11th February 2027

Les Miserables Trip - Thursday 4th March 2027

Year 9 Options close - Friday 5th March 2027

Netball dinner - Wednesday 17th March 2027

Lion King Trip - Wednesday 14th April 2027

Rugby Dinner - Wednesday 21st April 2027

Y9 STEM trip - Tuesday 4th May 2027

Sports Awards Dinner - Thursday 17th June 2027

Awards Evening (invite only) - Monday 21st June 2027

Take Your Teenager To Work Day - Thursday 24th June 2027

Activity Week - Monday 28th June - Friday 2nd July 2027



DATES FOR YOUR DIARY

YEAR 10

GCSE Information Evening - Thursday 10th September 2026

Yr10 Physics trip to Camrbridge Uni - Tuesday 15th September 2026

Y10 Art Botanical Gardens Trip - Monday 28th September 2026

Y10 Mock Interviews - Thursday 15th October 2026

Y10 Geography Leicester Trip - Friday 30th October 2026

Y10 Creative Media NEA - Thursday 3rd December and Friday 4th December 2026

Year 10 Parents' Evening - Thursday 4th February 2027

Year 10 Takeaway Revision - Wednesday 24th February 2027

Yr10/11 Drama trip - Thursday 25th February 2027

Netball dinner - Wednesday 17th March 2027

Year 10 Walking, Talking Mocks - Monday 5th April - Thursday 8th April 2027

Year 10 Mock Exams - Monday 12th - Friday 23rd April 2027

Rugby Dinner - Wednesday 21st April 2027

Y10 Mock Results Day - Wednesday 26th May 2027

Year 10 Parents' Evening - Thursday 27th May 2027

Y10 Geography Hunstaton Trip - Friday 11th June 2027

Yr10 Mock Cooking Exams - Monday 14th June - Friday 18th June 2027

Sports Awards Dinner - Thursday 17th June 2027

Awards Evening (invite only) - Tuesday 22nd June 2027

Activity Week - Monday 28th June - Friday 2nd July 2027

DATES FOR YOUR DIARY

YEAR 11

Revision Block 1

Starts: Monday 26th October 2026
Ends: Friday 20th November 2026

Revision Block 2

Starts: Monday 1st February 2027
Ends: Friday 5th March 2027

Revision Block 3

Starts: Monday 12th April 2027
Ends: Friday 7th May 2027

GCSE Information Evening - Thursday 10^h September 2026

Year 11 Dance NEA1 - Tuesday 13th October 2026

Year 11 Drama NEA1 - Wednesday 14th October 2026

Post-16 Evening - Thursday 15th October 2026

Curry On Revising - Wednesday 28th October 2026

Year 11 Art Mock Exams - Monday 9th November - Friday 13th November 2026

Year 11 WTM - Monday 16th November - Friday 20th November 2026

Y11 Mocks - Monday 23rd November - Friday 4th December 2026

Y11 MFL Speaking Mocks - Monday 7th December - Friday 11th December 2026

Y11 DT NEA - Monday 14th December - Thursday 17th December 2026

Y11 Music NEA - Monday 14th December and Tuesday 15th December 2026

Y11 Mock Results Day - Wednesday 13th January 2027

Year 11 Parents Evening - Thursday 14th January 2027

Y11 Art exam trip to London - Monday 18th January 2027

Y11 English Poetry Live Trip - Monday 8th February 2027

Y11 PE Moderation - Monday 8th February - Friday 12th February 2027

Y11 Cooking Exams - Monday 22nd February - Friday 26th February 2027

Yr10/11 Drama trip - Thursday 25th February 2027

Year 11 WTM's - Monday 1st March - Wednesday 3rd March 2027



DATES FOR YOUR DIARY

YEAR 11

Plan, Prepare, Achieve - Thursday 4th March 2027

Year 11 Mock2 (Ma/En/Sci) - Monday 8th March - Friday 12th March 2027

Y11 Music NEA - Monday 15th March 2027

Netball dinner - Wednesday 17th March 2027

School photos - Thursday 18th March 2027

School photos - Thursday 18th March 2027

Y11 Dance NEA - Friday 19th March 2027

Year 11 Art Exams - Tuesday 13th - Friday 16th April 2027

Rugby Dinner - Wednesday 21st April 2027

Year 11 External Exams - Monday 10th May - Friday 18th June 2027

Sports Awards Dinner - Thursday 17th June 2027

Year 11 Prom - Thursday 24th June 2027



SPORTS HIGHLIGHTS

U13's Rugby

The game was really well contested between two equally matched teams. Bablake took an early lead at half time going into the break four tries to one up. However, some strong defence from Theo and excellent pick and go's from Harvey quickly meant we started to build up some pressure in the second half. In the final minute of the game, scores were tied 5-5 before Bablake ran in another try making it 6-5 which was followed by the final whistle.



Cross Country

Our cross country team did their first long run of the year this week, venturing through Bitteswell and the country park in Lutterworth. Thankfully the weather is still holding out so no muddy boots this week!



Football

The Year 8 footballers scored all seven in a convincing opener to their season at Thomas Estley. Two goals and contributions from a few players saw the boys in green bag a first-half victory in their league opener.

Ahead from the off, the visitors played thrilling tiki-taka football that left their opponents bamboozled; one player made it two before the game settled into a breathless rhythm, and another player and our valuable defender added two more in quick succession.

Our keeper - without much to do for much of the game - was sharp off his line to preserve his clean sheet. Then, one player was quick to turn and strong to hold off the advancing attacker as Thomas Estley looked to get back into the game.

An LHS player added a fine sixth before the game was put to bed by another footballer from LHS before half time!



SPORTS HIGHLIGHTS

Netball

On Wednesday 16th September, our netballers played against Thomas Estley at home. Please see the results below.

Year7B Squad Won 17 - 2

All of the girls were full of energy, responding to the opposition and umpire calls well. A fantastic performance from them all and lots of smiles all around.

Players' player: Harriet Westall
Coaches' player: Hattie Golding

Year 8 Won 57 - 0

A fantastic team performance from all. The girls were so dominant they were able to swap positions and try new plays throughout the match. Their energy was excellent, even when winning comfortably,

Players' players: Marnie Rolfe
Coaches' player: Elsa Worsley

Year 9 Won 31 - 7

A convincing win from a group of students who are really beginning to develop as a team. A couple of new players into the team performing really well in their areas. Some great defensive strategies from all members of the squad.

Players' player: Eva Reynolds
Coaches' player: Katie Brooks chosen by the Y12 students.
Sienna Mistry was commended for her excellent blocking skills and Chloe-May Kilbourne, for her defensive debut on the A squad!

Year 11 Won 27 - 3

The girls had a great match, both shooters were on form as reflected in the score. Defending and interceptions across the court were excellent.

Players' player: Summer Wood
Coaches' player: Elena Haynes



SPORTS HIGHLIGHTS

A flying start for our new showjumping team!

We are delighted to share the exciting news that a group of our students have begun representing the school in showjumping.

On Sunday, the team travelled to Pickering Grange to take part in their first competition. With the sun shining and everyone full of enthusiasm, our students were eager to get started and proud to represent their school.

The course included several challenging jumps, but our riders demonstrated excellent skill, confidence and control throughout. They remained focused, showed great determination and supported one another as they made their way around the course.

Their hard work paid off, with the team achieving fantastic results: first place, second place and fourth place.

It was wonderful to see the students encouraging one another, enjoying the experience and showing such enthusiasm for their new sport. They are already looking forward to competing again!

A huge well done to all our riders - we are incredibly proud of you.

It is fantastic that we now have our very own showjumping team, and we look forward to following their progress and celebrating many more successes together!



SPORTS HIGHLIGHTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
 THE EMERALD WAY	AFTER SCHOOL 15:00-16:30		 THE EMERALD WAY
	Sign up on SOCS		
Rugby 7	Rugby 10/11	Rugby 8/9	Games Club (Invite Only)
Football 8/9	Football 7	Dance 7-9	Football 10/11
Netball 9-11	Football	Netball 7/8	
		Lunch-Boccia	
		Cross Country	
Sports Photography / Sports Journalist Feature in the school newsletter			

ACTIVITY OVERVIEW - TERM 1

Days	Lunch 12.30-1.15pm	After School 3.00pm 3.00-4.00pm/4.15pm/4.30pm
Monday	12:30-13:15 Buddy Club - Lunchtime 12:30-13:15 Christian Union	15:00-16:00 Silver DofE 15:00-16:15 KS4 GCSE Art Catch Up 15:00-16:30 Football 8 15:00-16:30 Football 9 15:00-16:30 Netball 9-11 15:00-16:15 Rugby 7 15:15-16:30 School Production
Tuesday	12:30-13:15 Buddy Club - Lunchtime	15:00-16:15 KS3 Art Club 15:00-16:15 KS4 GCSE Art Catch Up 15:00-16:30 Football 7 15:00-16:30 Rugby 10/11 15:15-16:30 School Production
Wednesday	12:25-13:15 Boccia 12:30-13:15 Buddy Club - Lunchtime	15:00-15:45 Orchestra 15:00-16:00 Bronze DofE 15:00-16:15 KS4 GCSE Art Catch Up 15:00-16:30 /16.45 Cross Country Club 15:00-16:30 Netball 7 15:00-16:30 Netball 8 15:00-16:30 Rugby 8 15:00-16:30 Rugby 9
Thursday	12:30-13:15 Buddy Club - Lunchtime 12:45-13:10 Choir	15:00-16:15 KS4 GCSE Art Catch Up 15:00-16:15 Textile & Craft Club 15:00-16:15 Young Artists 15:00-16:30 Football 10 15:00-16:30 Football 11
Friday	12:30-13:10 Pride Club 12:30-13:15 Buddy Club - Lunchtime	



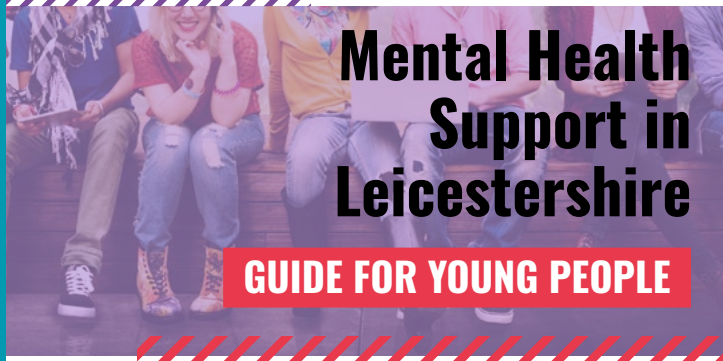
THE
EMERALD
WAY



COMMUNITY NOTICES

Mental health and wellbeing support

To view the brochure, click [here](#).



NHS HEALTH4TEENS

Mental Health Support in Leicestershire

GUIDE FOR YOUNG PEOPLE

In this guide you will find information, advice and support on your feelings and mental health, from these Leicester, Leicestershire and Rutland services:

Health for Teens – www.healthforteens.co.uk

ChatHealth – www.chathealth.nhs.uk/start-a-chat

Tellmi – www.tellmi.help

My Self Referral – www.myselfreferral-llr.nhs.uk

Leicestershire Educational Psychology Service – www.bit.ly/3XxsrqF

ALWAYS REMEMBER:

IT'S OKAY NOT TO BE OKAY, AND YOU ARE NOT ALONE.



NHS Leicestershire Partnership NHS Trust

Hey, how are you feeling?...

There are lots of things you can do to keep yourself feeling well:

- Getting a good night's sleep
- Spending time with friends and family
- Playing games or getting outside
- Exercising and eating well to look after your body
- Learning a new skill or taking on a challenge
- Helping other people

... I feel great! I am happy and healthy

It's normal to feel this way. We all experience lots of emotions and these can change over time.

Try some of the things in the box above and talk to someone about how you're feeling. This could be your friends, a parent or carer - or a teacher or adult at school.

... I'm okay, but I sometimes feel a bit worried or sad

If you're struggling, it's important to speak to someone. People want to help you. If you need it, you or your parents or carer can support you to get professional help. A good place to start is by talking to a mental health and wellbeing lead or trusted adult at school, or your GP.

You can also find free and safe support on these websites:

- Tellmi: www.tellmi.app/landing
- Health for Teens: www.healthforteens.co.uk

... I am so upset or overwhelmed that I need help now

If you need to speak to someone urgently, you or a parent can call NHS 111, selecting option 2 for mental health. This is a 24/7 service.

If there is an immediate or life-threatening emergency, call 999 or attend A&E. People are there and ready to help you now.

... I am struggling and need some help

For more advice about mental health support for young people in Leicester, Leicestershire and Rutland, scan the QR code.



COMMUNITY NOTICES

LEICESTERSHIRE AUTISM OUTREACH TEAM

SECONDARY YOUTH FORUM 2026-2027



All meetings will be held on Microsoft Teams, links will be sent prior to each meeting.

MEETING DATES

All at 2pm
Thursday 8th October 2026
Wednesday 25th November 2026
Monday 8th February 2027
Monday 15th March 2027
Tuesday 13th April 2027
Thursday 27th May 2027

SAVE THE DATE



Harvest appeal

Help support your
foodbank this Harvest

Donate food



Donate an item or two from our shopping list, ensuring we can provide food for people facing hardship in your community.

Donate money



Help to cover the costs of storing and distributing food, as well as our in-house financial inclusion project, which provides longer-term support with financial resilience.



Shopping list

Tinned meat/fish
Tinned veg/fruit
Pasta sauces
Tea, Coffee & Hot Choc
Milk (UHT Whole/Semi)
Instant Mashed Potato
Fruit juice (long-life)
Tinned puddings
Laundry, cleaning items
Toiletries

01455 558797

lutterworthvillages.foodbank.org.uk

Registered Charity in England & Wales (1134507)

Lutterworth & Villages Foodbank is run in partnership with local organisations and churches, facilitated by St Mary's Church, Lutterworth.



LEICESTERSHIRE & RUTLAND SCHOOLS CROSS COUNTRY

RUN FOR LIFE

RUN • BELONG • BE YOUR BEST

HEALTHY CHILDREN
BRIGHTER FUTURES

Run, Challenge, Achieve!

FUN FRIENDLY INCLUSIVE
STRONGER SCHOOLS
BRIGHTER COMMUNITIES

ALL ABILITIES WELCOME

CHALLENGE YOURSELF
BE PART OF SOMETHING SPECIAL

2026 DATES (Saturdays)

Race 1: Saturday 3 October 2026
Race 2: Saturday 31 October 2026
Race 3: Saturday 28 November 2026

VENUE

Herewoode Academy
Glenfield Road, Leicester LE3 6DN
(New College Leicester site)

OPEN TO

All primary and secondary schools in Leicestershire & Rutland

ALL ABILITIES WELCOME

It's about participation, perseverance and personal bests!

ENTRIES NOW OPEN

SCAN THE QR CODE TO ENTER

HEALTHIER CHILDREN | STRONGER SCHOOLS | BRIGHTER COMMUNITIES

RUN FOR LIFE LEAGUE 2026

runforlifeleague2026@outlook.com

Running today for a brighter tomorrow

COMMUNITY NOTICES



Registered Charity - 11152299

Arden RDA is a registered charity helping disabled children and adults to learn to ride in a supportive and welcoming environment.

VOLUNTEERS NEEDED!

SESSIONS RUN ON SUNDAYS






Volunteer Requirements:
Volunteers welcome from age 12

- ✓ Empathy & Compassion
- ✓ Enjoy being part of a team
- ✓ Reliability & Enthusiasm
- ✓ Horse knowledge not essential - training given

Where to find us ...

Between Duntun Bassett & Lutterworth

Call or WhatsApp
07813 167052

For More Information
Arden RDA facebook page



WELCOME TO LUTTERWORTH RFC

JUNIOR RUGBY

PLAY • LEARN • BELONG

Come and join our Juniors sides to experience playing Rugby in some of the best facilities in Leicestershire, in a friendly & supportive environment, with dedicated coaching for all age groups.

Club Address: Lutterworth Rugby Football Club, Ashby Lane, Lutterworth, Leicestershire, LE17 4LW

✉ juniors@lutterworthrfc.com | ✉ agrchair@lutterworthrfc.com

Find us on Facebook: <https://www.facebook.com/LuttsRFCYouth>

KEY CLUB INFORMATION



CAR PARKING FREE
On-site parking is available. Please park considerately.



CATERING
Hot and cold drinks, snacks and food are available from our clubhouse throughout the day.



DOGS WELCOME
Dogs are very welcome at Lutterworth RFC. Please keep dogs on leads at all times and clean up after them.



RESPECT
Please respect all players, coaches, match officials and spectators. Let's enjoy the game and support the players.

THANK YOU FOR VISITING - ENJOY YOUR DAY!

TRAINING

AGE	DAY	TIME
U13s BOYS	Thursday	1800-1930
U14s GIRLS	Wednesday	1800-1900
U14s BOYS	Wednesday	1800-1930
U15s BOYS	Wednesday	1800-1930
U16s GIRLS	Wednesday	1900-2030
U16s BOYS	Thursday	1800-1930

TRAINING/MATCHES ON SUNDAYS

Boys	1100 onwards
Girls	1400 onwards

RUGBY BUILDS STRONGER PEOPLE

TEAMWORK • RESPECT • ENJOYMENT • DISCIPLINE • SPORTSMANSHIP

COMMUNITY NOTICES



SIXTH FORM OPEN EVENING

THURSDAY 5 NOVEMBER 5.30- 8.00PM

TO BOOK SEE WWW.LGS-SENIOR.ORG.UK/SIXTH-FORM

ASPIRE

ACADEMIC SUCCESS THROUGH WELLBEING & COMMUNITY

NWSLC

NORTH WARWICKSHIRE AND SOUTH LEICESTERSHIRE COLLEGE

OPEN EVENTS

Look out for our open
events at our new
campus Grayson place
nwslc.ac.uk/openevents

Thursday 15th October 2026

Harrowbrook, Hinckley, Nuneaton
and Wigston Campuses

4pm-7pm

MTI Campus

5pm-7pm

Saturday 21st November 2026

Harrowbrook, Hinckley, Nuneaton,
Wigston and MTI Campuses

9am-12pm

Thursday 25th February 2027

Harrowbrook, Hinckley, Nuneaton
and Wigston Campuses

4pm-7pm

MTI Campus

5pm-7pm

Thursday 24th June 2027

Harrowbrook, Hinckley, Nuneaton
and Wigston Campuses

4pm-7pm

MTI Campus

5pm-7pm

www.nwslc.ac.uk/openevents

**A FOUNDATION
FOR LIFE...**

Supporting
you to become
whatever you
want to be,
wherever you
want to go.

Join us for our
**Sixth Form
Open Evening**
Wednesday 14 October 2026
6.30pm to 9.00pm

**Sixth Form
Taster Days**
Thursday 10 December 2026
and Friday 15 January 2027

Registration, scholarship
and bursary application
deadline - Monday 25
January 2027



Princethorpe College

An independent school for 11-18 year olds
A Princethorpe Foundation School



To book your place visit
princethorpe.co.uk or
scan the QR code.

Registration Number 1087124

eServices

KEEPING US CONNECTED

EduLink

The EduLink App provides a convenient and accessible way for us to communicate with parents on some of the main aspects of daily school life.

It's easy to use and is accessible from a smart phone, tablet or PC. You can use the app to report an absence easily and also book appointments for your child's Parents' Evening.

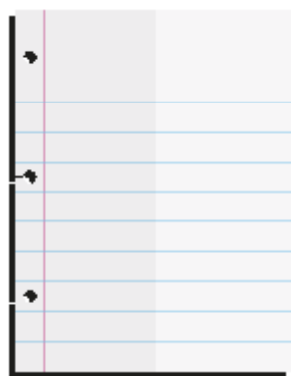
If you haven't already been issued with login details, please contact the EduLink team on the below email address edulinkapp@lutterworthhigh.co.uk.

NEED HELP?

If you have any queries or need IT assistance, do not hesitate to email eservices@lutterworthhigh.co.uk



OFFICE 365 - STUDENT ADVANTAGE & TEAMS



Stock up for academic success with free Office.

Students get a complete version of the latest Microsoft Office for free to use for as long as they're students!

Visit our the website and go to Menu - Students - Student Zone

DATES FOR YOUR DIARY

AUTUMN TERM 2026	FROM THE MORNING OF:	UNTIL THE END OF:
Autumn 1st half-term	Monday 24th August 2026	Friday 16th October 2026
Mid-term break	Monday 19th October 2026	Friday 23rd October 2026
Autumn 2nd half-term	Monday 26th October 2026	Friday 18th December 2026 at 12.30pm

SPRING TERM 2027	FROM THE MORNING OF:	UNTIL THE END OF:
Spring 1st half-term	Tuesday 5th January 2027	Friday 12th February 2027
Mid-term break	Monday 15th February 2027	Friday 19th February 2027
Spring 2nd half-term	Monday 22nd February 2027	Friday 19th March 2027
Easter Holidays	Monday 22nd March 2027	Friday 2nd April 2027

SUMMER TERM 2027	FROM THE MORNING OF:	UNTIL THE END OF:
Summer 1st half-term	Monday 5th April 2027	Friday 28th May 2027
Mid-term break	Monday 31st May 2027	Friday 4th June 2027
Summer 2nd half-term	Monday 7th June 2027	Wednesday 7th July 2027 at 3pm

Bank Holidays

Monday 31st August 2026
Friday 25th December 2026
Monday 28th December 2026
Friday 1st January 2027
Friday 26th March 2027
Monday 29th March 2027
Monday 3rd May 2027
Monday 31st May 2027