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GCSE Information Evening 2026 Year 10

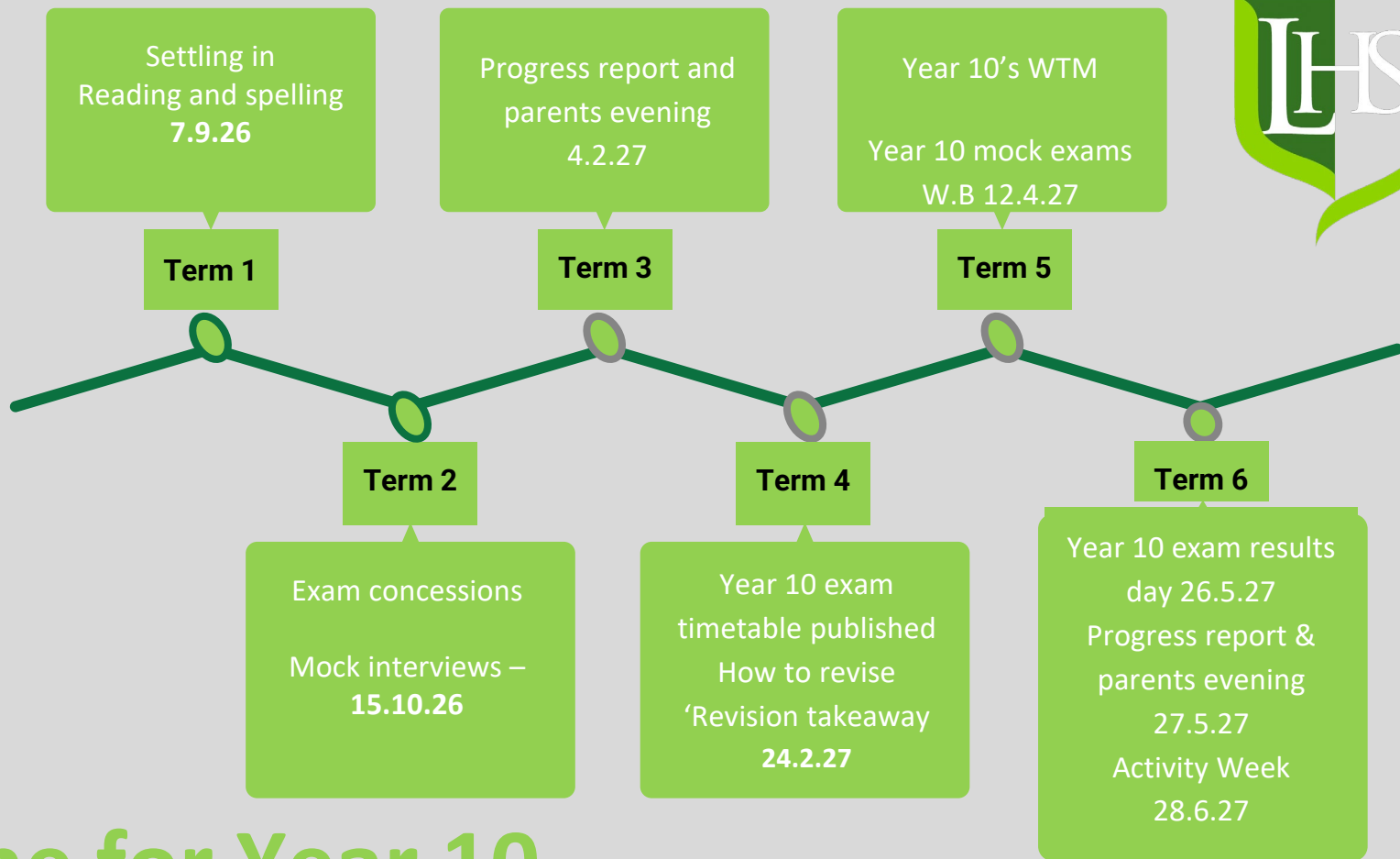
Agenda

- The journey ahead
- How we will support your child
- How can you help?
- Post-16 preparation & careers – early thinking
- Contacts

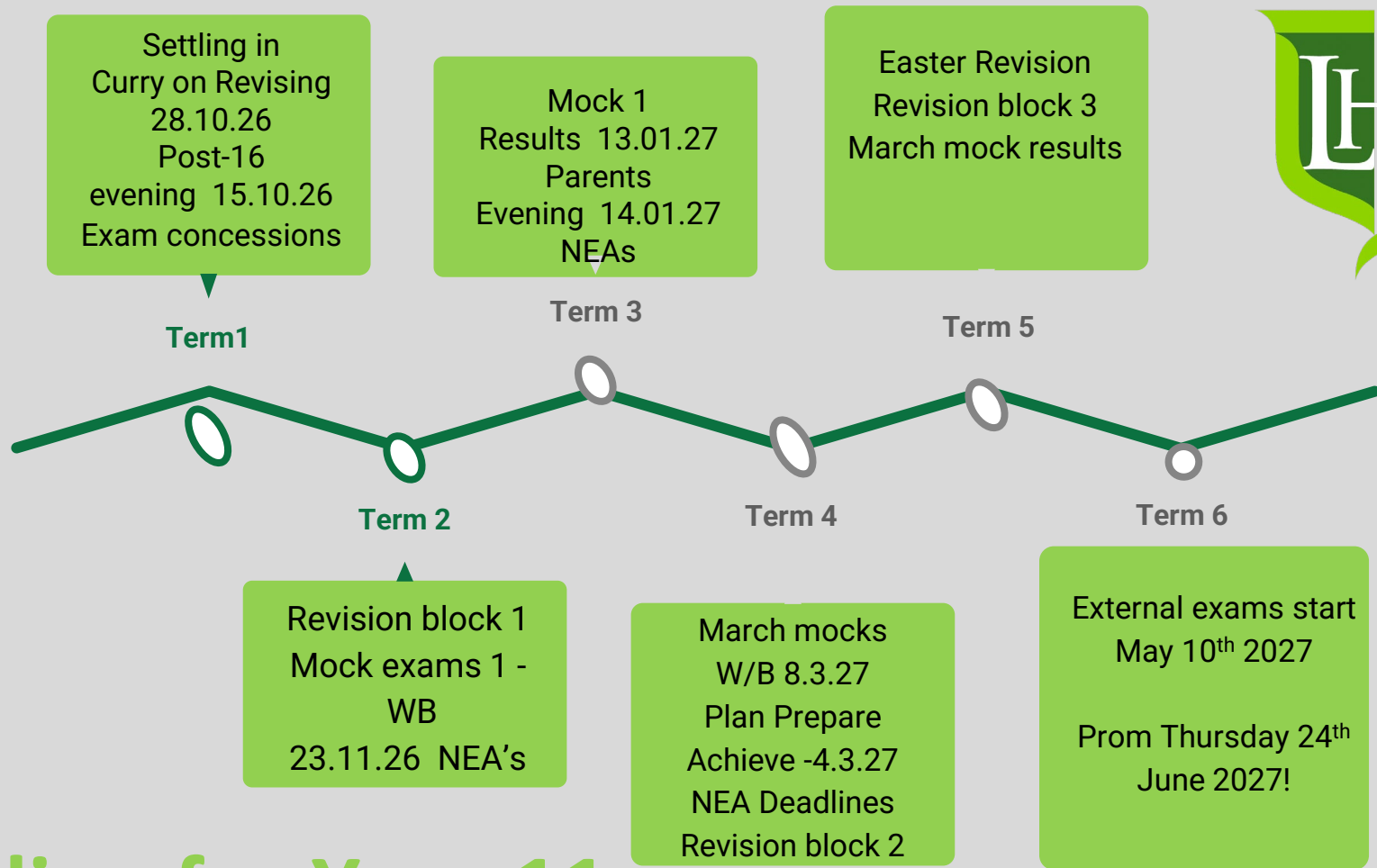


The Journey Ahead





Timeline for Year 10



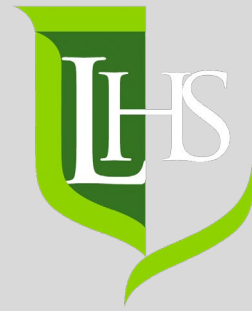
Timeline for Year 11

How will we support your child?

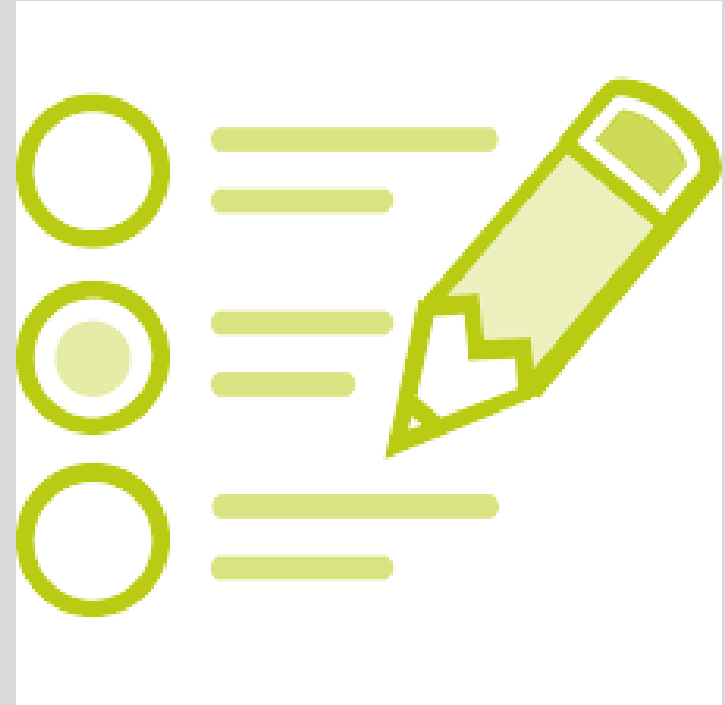
Approaching assessments



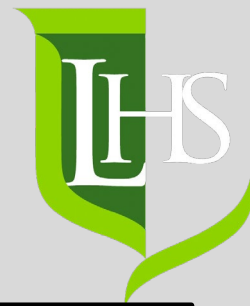
Assessment



- Majority of assessments will be in Year 11 except for Cambridge National's
- Types of assessment
 - NEA – Non-Examined Assessment
 - Examined content
- Opportunities to practice
 - Year 10 exams/ Mock exams/ Practice NEA's
 - WTM – Walking talking mocks



Walking Talking Mocks



- Guided practice – Modelling answers
- Full exam papers
- Timings



Y11 Mock Exams Nov - Dec 2024

ART MOCK		Monday 18 th November	Tuesday 19 th November	Thursday 21 st November
Wednesday 20 th November (Class 11F)		Science Walking Talking Mock Period 3-4	English Walking Talking Mock Period 3 - 4	Maths Walking Talking Mock Period 1-2
Friday 22 nd November (Class 11D)		History Walking Talking Mock Period 5-6		Geography Walking Talking Mock Period 5-6

	Monday 25 th November	Tuesday 26 th November	Wednesday 27 th November	Thursday 28 th November	Friday 29 th December
P1-3	English Language Paper 1 1hr 45m	History Paper 1 2hr	2hrs Science - BIOLOGY Separate science 1hr 45m Combined 1hr 15m	Science - PHYSICS Separate science 1hr 45m Combined 1hr 15m	English Language Paper 2 1hr 45m
Break	Periods 1,2,3 then break				
P4					
Lunch					
P5-6	Maths Non-Calculator Paper 1hr 30m	Geography Paper 1 1hr 30m	Enterprise & Marketing 1hr 15m Dance 1hr 30m	Maths Calculator Paper 1hr 30m	French Listening Foundation 35min Higher 45mins Spanish Listening Foundation 35min Higher 45mins

Y11 Nov-Dec Mock Exams 2024

	Monday 2 nd December	Tuesday 3 rd December	Wednesday 4 th December	Thursday 5 th December	Friday 6 th December
P1-3	RE 1hr 45m Statistics 1hr 10m	Design Technology 2hr Food and Nutrition 1hr 45m Drama 1hr 45m	Science - CHEMISTRY Separate science 1hr 45m Combined 1hr 15m	French Reading/writing Spanish Reading/writing Foundation R=45 mins/W=1 hr Higher R=1hr/W=1h15m	Business 1hr 45m Catch up session
Break	Periods 1,2,3 then break				
P4					
Lunch	Normal lunch				
P5-6 1:30pm start	Geography Paper 2 1hr	History Paper 2 1hr	Creative Media Computer Science PE --- Music 1hr 15m	Catch up session	Catch up session

French/ Spanish speaking mock exams	GCSE English Language speaking assessments	DT NEA	Music Composition NEA
Week Commencing 9 th December	Week Commencing 9 th December	Week Commencing 16 th December	Week Commencing 16 th December



- Exam timetables are published at least 4 weeks prior to start of the exam season
- Found in the newsletter weekly and on the 'exams' section of EduLink
- Some students will have Functional Skills exams
- Mocks – no more than 2 exams per day
- Past papers and 'TikTok' teachers

Exam rules

- Mocks and real exams
 - JCQ Rules
- NEA Assessments
 - Students own work
 - Completed in school time



JCQ On your **exam day**

What you will need:

- ☐ A clear pencil case
- ☐ At least two black ink pens – blue pens are not accepted
- ☐ An approved calculator for relevant exams
- ☐ Appropriate apparatus such as a ruler or protractor for relevant exams
- ☐ A clear water bottle if you wish to take one in – it is important it does not have a label on

What you cannot take into the exam:

- ☐ Any type of phone
- ☐ Revision notes
- ☐ Any type of watch (this includes analogue, digital and smart watches)

The image contains two illustrations. The left illustration shows exam materials: a clear pencil case, two black pens, a calculator, a ruler, a protractor, and a clear water bottle. The right illustration shows prohibited items: a phone, a stack of papers (revision notes), and a watch, all crossed out with a large red 'X'.

The use of AI in school work

- AI misuse is when you take something made using AI and say it's your own work
- You're not allowed to use AI tools when you're in an exam
- Your teachers will tell you if you're allowed to use AI tools when doing your coursework – the rules will depend on your qualification
- If you are allowed to use AI tools, you must reference them clearly

What is AI?

- AI stands for artificial intelligence and using it is like having a computer that thinks
- AI tools like ChatGPT or Snapchat My AI can write text, make art and create music by learning from data from the internet, but watch out – they can also make things up and be biased

How can AI be misused in assessments?

AI misuse is when you take something made using AI and say it's your own work.

THIS IS CHEATING!

How do I make sure I don't misuse AI?

- 1 Know the rules**
 - You're **not allowed** to use AI tools when you're in an exam
 - Your teachers will tell you if you're allowed to use AI tools when doing your coursework – the rules will depend on your qualification
 - Even if you're allowed to use AI tools, you can't get marks for content just produced by AI – your marks come from showing your own understanding and producing your own work
- 2 Reference reference reference!**

If you're allowed to use AI tools, you must reference them clearly

 - Name the AI tool you used
 - Add the date you generated the content
 - Explain how you used it
 - Save a screenshot of the questions you asked and the answers you got
- 3 Declare it's all your own work**

When you hand in your assessment, you have to sign a declaration. Anything without a reference must be all your own work. If you've used an AI tool, don't sign the declaration until you're sure you've added all the references

What happens if I misuse AI?

If you've misused AI, you could lose your marks for the assessment – you could even be disqualified from the subject.

DON'T RISK IT!

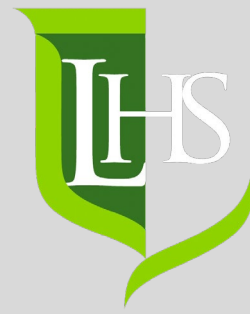
REMEMBER
Misusing AI is cheating!
Know the rules
Talk to your teachers
Reference clearly



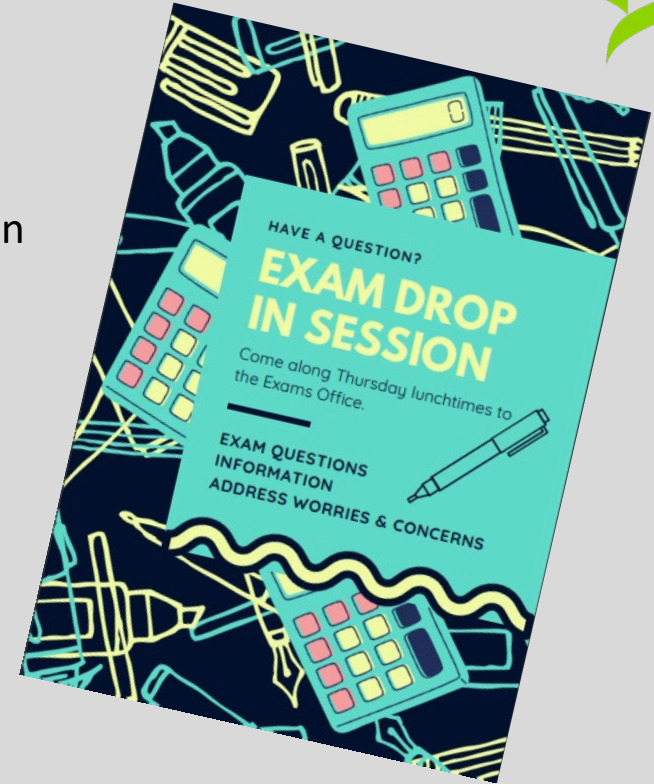
- Know homework tasks, deadlines and resources
- Forms and letters home
- Exam timetables (rooms and seating)
- Reports
- Parents Evening booking
- Attendance and punctuality to lessons
- Achievements and behaviour



How will we support your child?



- Study skills and how to revise
- Content lists/ checklists for exams/ online revision
- Post 16 information evening, Plan, Prepare, Achieve in Year 11
- 2 Parents evenings
- Revision planning support
- Exam concessions – Donna Kosack



How can you help
to support your
child?



**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**



2024 GCSE outcomes at Lutterworth High School

Attendance	Days per year	Days missed	Lessons Missed
100%	190	0	0
96%	183	7	42
90%	171	19	114
80%	152	38	228
50%	95	95	570

Attendance	Average Grade	'Value Added' Progress
Above 96%	6.0	+0.84
90% – 96%	5.0	+0.16
80% - 90%	3.1	-0.56
50% - 80%	2.9	-1.5

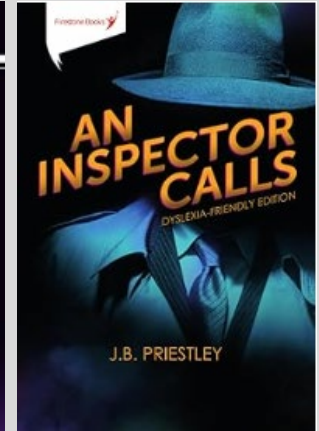
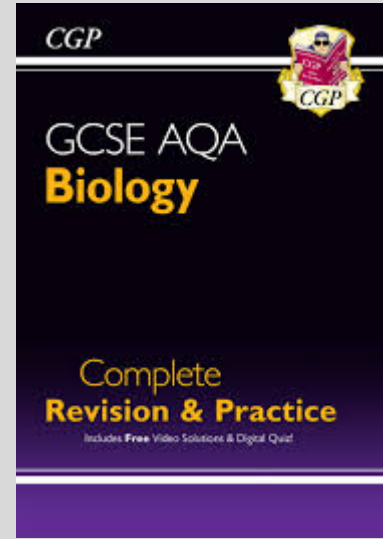
Homework

- Learning Hub available before school, break, lunch & afterschool
- Homework in D6 on Wednesday, 3 – 4pm
- Access to computers and a quiet space to work
- Guide - 1 hour, per subject, per week
- 500 minutes revision per week when revising

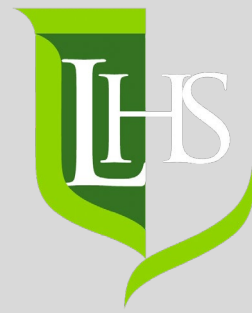


Preparing for revision

- Revision guides available from school – save on online prices
- Keeping class notes organised, past exam questions
- Help with organisation and time-management
- Space to work
- Free from distractions
- Read and write software



Exam stress symptoms



- Difficulty getting to sleep or difficulty waking up in the morning
- Constant tiredness
- Forgetfulness
- Unexplained aches and pains
- Poor appetite
- Loss of interest in activities
- Increased anxiety and irritability
- Increased heart rate
- Migraines/headaches
- Blurred vision
- Dizziness



Wellbeing & Exam Stress



NHS choices

Welcome to the
Moodzone

Help your child beat exam stress

Key Stage 4 Hub

KS4 Tutor

Head of KS4 - Mrs Emma Cochrane

KS4 Pastoral - Miss Sarah Bowes
and Miss Shannon Morris

YOUNG MiNDS
fighting for young people's mental health



kooth
Kooth is a free online service
offering emotional
and mental health support
for children and young people
www.kooth.com

Part-time Employment

Term time rules

During term time children can only work a maximum of 12 hours a week. This includes:

- a maximum of 2 hours on school days and Sundays
- a maximum of 5 hours on Saturdays for 13 to 14-year-olds, or 8 hours for 15 to 16-year-olds

School holiday rules

During school holidays 13 to 14-year-olds are only allowed to work a maximum of 25 hours a week. This includes:

- a maximum of 5 hours on weekdays and Saturdays
- a maximum of 2 hours on Sunday

During school holidays 15 to 16-year-olds can only work a maximum of 35 hours a week. This includes:

- a maximum of 8 hours on weekdays and Saturdays
- a maximum of 2 hours on Sunday

Mock Interviews and Work Experience

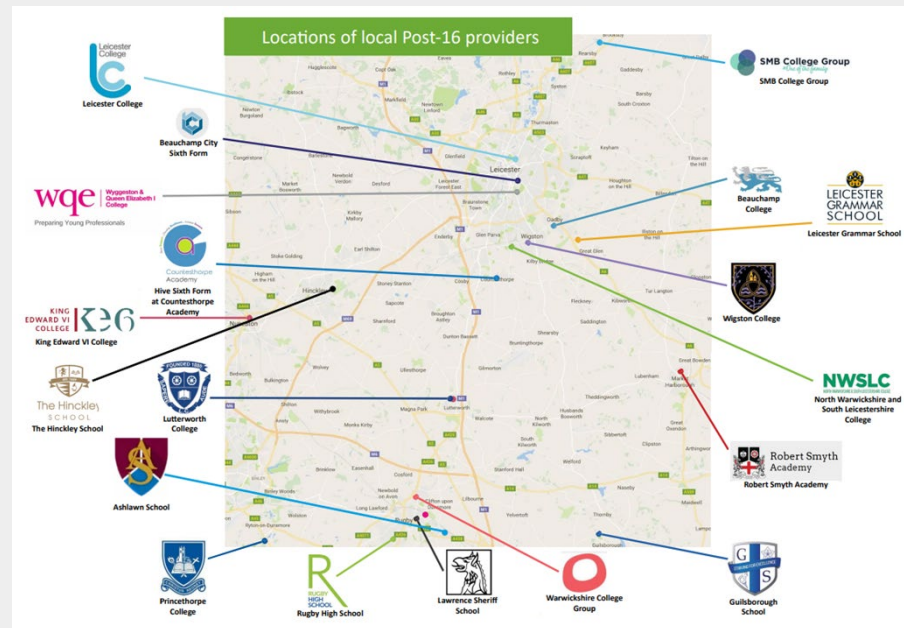
- Mock Interviews – Thursday 15th October 2026
- Work experience –
 - Self placements OR placed by the school
 - Miss Roberts and Miss Hasdell
- Activity week – Academic focus



Activity Week



Preparing for post-16



Post 16

Year 10

- Careers interviews, CV writing & personal statement
- Apprenticeship roadshow
- Mock interviews
- College visits
- Careers and Alumni talks
- Work experience – W/C 28th June 2027
- Career advisor meeting

Year 11

- Positive Steps @16 website access
- Personal statements & tutor references
- Career advisor meetings
- Post 16 evening
- Open days / evenings
- College and university talks
- Applications
- Course interviews
- Results day support



Monitoring progress

- Progress reports
- Appropriate choices for post 16



LUTTERWORTH HIGH SCHOOL
Where Learning Comes First

Mock Examination (1) GCSE Results

NAME:

Tutor Group: 11

Exam Number: ****

Date:

KS2 Reading Scaled Score 107	KS2 Maths Scaled Score 100	KS2 Average Scaled Score 103.50
Attendance 100.0%	Achievement (House Points) 126	Behaviour (Consequence) 2
Year 10 Reading Age 17:00+	Year 10 Spelling Age 12:06	
Year 11 Reading Age 17:00	Year 11 Spelling Age 14:09	
Attitude to Learning 6.57		

SUBJECT	Mock Exam Result	KS4 GCSE Tracking Towards (teacher assessed)	KS4 GCSE Target Grade (school target)
ENGLISH LANGUAGE	6	7	5
ENGLISH LITERATURE		6	5+
MATHEMATICS	4+	5+	4
COMBINED SCIENCE	5-5	6-6	5-4
HISTORY	5+	6-	5
SPANISH	4	5	5
RELIGIOUS STUDIES	5	6	6
PHYSICAL EDUCATION	7	7	6

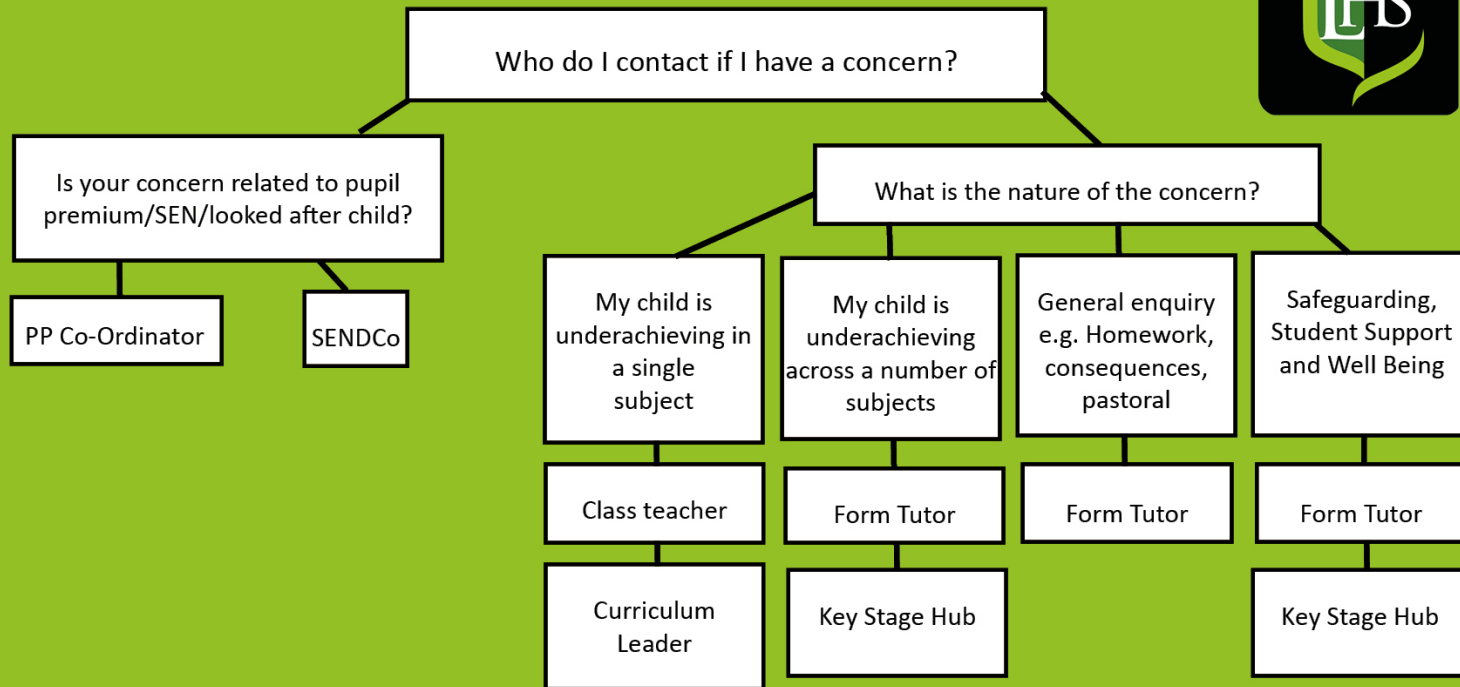
Please Note: Abs = Absent

Who do I contact if I have a concern?

Exams Officer

exams@lutterworthhigh.co.uk

PARENT/CARER



- We will endeavour to respond to all enquiries within two working days
- We will respond to all safeguarding enquiries as soon as possible (within 24 hours)
- If you require a written response we will endeavour to do this within five working days
- If a meeting is required we will endeavour to schedule this meeting within seven working days
- If you are unsure who to direct your enquiry to, please email admin@lutterworthhigh.co.uk
- Enquiries made during weekends or holiday time will take longer to receive a response
- If you feel that your enquiry has not been answered or your concern persists, please contact admin@lutterworthhigh.co.uk
- Key Stage 3 Hub - ks3hub@lutterworthhigh.co.uk Key Stage 4 Hub - ks4hub@lutterworthhigh.co.uk
- Our complaints policy can be found [here](#)

Dates for your Diary



DATES FOR YOUR DIARY YEAR 10

GCSE Information Evening - Thursday 10th September 2026

Yr10 Physics trip to Cambridge Uni - Tuesday 15th September 2026

Y10 Art Botanical Gardens Trip - Monday 28th September 2026

Y10 Mock Interviews - Thursday 15th October 2026

Y10 Geography Leicester Trip - Friday 30th October 2026

Y10 Creative Media NEA - Thursday 3rd December and Friday 4th December 2026

Year 10 Parents' Evening - Thursday 4th February 2027

Year 10 Takeaway Revision - Wednesday 24th February 2027

Yr10/11 Drama trip - Thursday 25th February 2027

Netball dinner - Wednesday 17th March 2027

Year 10 Walking, Talking Mocks - Monday 5th April - Thursday 8th April 2027

Year 10 Mock Exams - Monday 12th - Friday 23rd April 2027

Rugby Dinner - Wednesday 21st April 2027

Y10 Mock Results Day - Wednesday 26th May 2027

Year 10 Parents' Evening - Thursday 27th May 2027

Y10 Geography Hunstaston Trip - Friday 11th June 2027

Yr10 Mock Cooking Exams - Monday 14th June - Friday 18th June 2027

Sports Awards Dinner - Thursday 17th June 2027

Awards Evening (invite only) - Tuesday 22nd June 2027

Activity Week - Monday 28th June - Friday 2nd July 2027