

Friday 22nd March 2024

Lutterworth High School Academy Trust



Dear Parents/ Carers

Welcome to the last newsletter of this term. Even though this has been a very short half-term, it has been incredibly busy.

Our Year 10 students had their mock interviews yesterday and for the first time we were able to use parents to give them the experience. I would like to thank all parents who participated for giving up their time and using their expertise to provide feedback for the students. The students were nervous but performed very well.

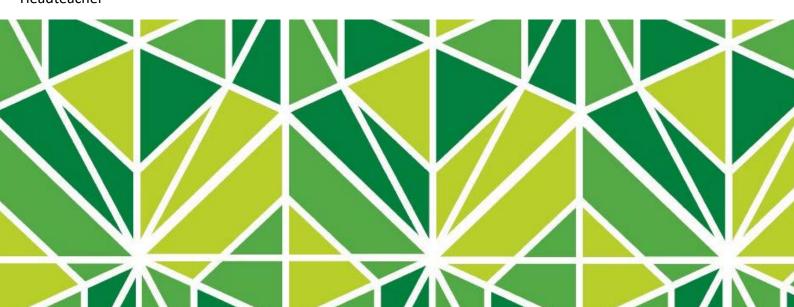
A big thank you to everybody who came to the Science Family Quiz. This is the first time we have done this and we had an excellent turnout. I'd also like to thank everyone who donated prizes.

It has been another busy week for sport and celebrating success. Our rugby teams have been at the national Rosslyn Park 7s competition. We are one of the few state schools to enter teams into this competition. You can read more inside. As we have reached the end of the season, our netballers had their end of season dinner at Kilworth Springs golf club. Well done to all of the award winners.

Have a lovely Easter break.

Yours faithfully

Julian Kirby Headteacher





HOW TO REPORT A CONCERN AT LUTTERWORTH HIGH SCHOOL



Tell a teacher, your tutor or go toKS3/KS4 Hubs to speak to a member of staff



Tell your parents or a friend, who can report on your behalf



Forms outside KS3 and post in the letterbox



Speak Out button on the school website www.lutterworthhigh.co.uk/student

Revision Guides

Click here to download our order form. Orders for revision guides can be placed by filling in and returning an order form. These can be collected from the Learning Hub.

Orders placed next week may not be available until after Easter.

Deadlines for orders this academic year: Year 11 - Friday 15th March Year 10 - Friday 24th May





Self report to ks3@lutterworthhigh.co.uk ks4@lutterworthhigh.co.uk

House Points

KS3	Rupert Hawkins 8LM (40)	Nancy Owen 9LA (53)	Phoebe Clelland 9LB (46)	Liv Moore 8HG (49)
KS4	George East 10LK (38)	Julia Melville 10LT (49)	Elsa Montgomery 11LSD (41)	Jack Rose 10LM (40)

HOT CHOC FRIDAY

Well done to the following students who achieved Hot Choc Friday.



NOTICEBOARD

Student Achievement

Well done to Ava Farrelly who achieved a distinction in grade 4 musical theatre exam.

Red Nose Day

Students across the school wore red noses and non-uniform when we marked Red Nose Day in aid of Comic Relief at the end of last week. Organised in aid of the Tedder house charity week, the school raised an amazing £759.17 to support Comic Relief's work in the UK and abroad. Thanks to all who made donations.



Alumni Achievement

Former student Tamsin Baynes has been selected to represent England rugby in the 6 Nations tournament in Wales. She is really excited. Family and friends hope to make the journey to Wales to support her and look forward to what comes next for this rising star.





NOTICEBOARD

Polite reminder We are nut free



Attendance

11LFC have won this half-term's surprise breakfast for best attendance. They were treated to drinks and waffles after assembly!



Well done to the students below who have received attendance awards for 100% attendance and most improved attendance.



Thank You - LHS Science Quiz

A very special thank you to Mrs Ochal who kindly donated 240 pairs of googles and a generous amount of lab coats to our Science department. We are incredibly grateful and this will make a huge difference to our lesson supplies.

The following businesses have donated some fantastic prizes for our Science Quiz raffle. Thank you so much!

Waitrose, Lutterworth Morrisons, Lutterworth Bricklayers, Sharnford Pro Vale Pet Supplies, Lutterworth E & R Tea Rooms, Lutterworth Red Arrow, Lutterworth The Cake Rack, Lutterworth Ullesthorpe Court, Ullesthorpe Lutterworth Leisure Centre The Elms, Lutterworth The Real Ale Classroom, Lutterworth Sweet Sisters, Lutterworth Costa Coffee, Lutterworth Glennis Lewin, LHS Elaine Bown, LHS Palmers, Ullesthorpe Garden Centre

Science Department

ATTENDANCE

Good attendance means being in school at least 97% of the time (or

184 to 190 days)

190

School days academic

> 0 days absence

0 lessons missed

100% attendance 184

97% attendance 171

161

85%

152

80%

75%

There are 365 days in a year and 175 of them are not spent at school! There's plenty of time for shopping, holidays and

appointments!

IF YOU MISS...

1 day every 2 weeks



half a year over 5 years!

1 day per week



a whole YEAR missed over 5 years!

2 days per week



2 years missed over 5 years!

ATTEND TODAY, ACHIEVE TOMORR





84 to Lutterworth Schools

From 8 April 2024

There are changes to our local bus services at the start of the new school term

Please check the summary timetable below for journeys meeting the start and end of the school day, full timetables can be found on our website.

	84	84	
LEICESTER St Margaret's		0650	
BLABY Northfield Road	0719	0724	
WHETSTONE Springwell Lane	0733	0738	
COSBY Victory Park	0739	0744	
BROUGHTON ASTLEY The Bull	0750	0755	
LUTTERWORTH Morrisons	0817	0822	

	84	84	
LUTTERWORTH High School	1508		
LUTTERWORTH College	1515	1517	
BROUGHTON ASTLEY The Bull	1541	1542	
COSBY Victory Park	1552	1553	
WHETSTONE Springwell Lane	1557	1558	
BLABY Northfield Road	1612	1613	
LEICESTER St Margaret's		1648	

Term and Academic Year tickets are available through the **Arriva UK Bus** App with Aunnual tickets paid by monthly Direct Debit also available through our website

For the full timetable, journey planning, and more information on our range of great value

Child and Student Saver tickets visit arrivabus.co.uk

DISTINCTION AWARDS

Lola Appleton 7LH Louie Bailess 9LA **Ruby Bartlett 10LK Neve Buteux 11HH** India Chandler 11LSD Zara Chechlacz 10HL Isabelle Cheney 11HB Phoebe Clarke 11HH Aidan Connor 9HO Poppy Cutting 11HJ Will Demery 9LA Nathan Dew 7LH Lyle Dobson 8LE Jemima Drane 10LM Becca Eaton 11HJ Mason Evans 9HC Ava Finch 10LK Yasmine Fisher 8LE Amelie Gibson 8HO Mia Haines 8HG Marc Hawkins 11HH Viki Hopkins 9HO Jesse Izzard-Snape 9LN Megan Johnson 8HG Alfie Jones 11HW Joel Knight 9HM Kieran Kudlicka 8HO Imi Leary 11HJ Joshua Lebeau 8HO Joshua Lennon 7LH Mariana Magalhaes 8LE Oskar Mankert 8LM Quinn McMullan 7LH Julia Melville 10LT Harvey Morris 11HL Rosa Newbury 8HS Ashleigh Newman 8HS Ben Nicholls 8LM Klaudia Ochal 8LM Shaelyn O'Farrell 9HC Jack O'Sullivan 11LSD **Gabriel Painter 11HB** Ethan Parkes 11HJ Iris Pateman 9HC Angelika Puto 11LFC Ella-Mai Reynolds 7LH Izzi Richardson 11HJ Mani Samrai 8LM Isabel Sandells 11LFD Jake Schofield 9HO Jonah Spinner 10HL **Darcey Stapleton 8HO** Jack Storey 11HL Harry Sykes 11HW Megan Thomas 8HO Benjamin Thompson 11LSD Jayden Waller 8LM Ollie Walsh 9HM Jack White 11HL

Book of the Month ROW ELEARNING IS





The Ministry of Unladylike Activity by Robin Stevens

1940. Britain is at war, and a secret arm of the British government called the Ministry of Unladylike Activity is training up spies.

When May and her friend Eric are turned away by the Ministry, they take matters into their own hands.

Masquerading as evacuees, they travel to Elysium Hall, home to the wealthy Verey family. They suspect that one of the Vereys is passing information to Germany. If they can prove it, the Ministry will have to take them on.

But there are more secrets at Elysium Hall than May or Eric could ever have imagined.

And then someone is murdered...

HUB What We're Reading ROW

This Thursday in the Learning Hub we hosted our annual Year 10 mock interviews. For many students this was their first experience of a face-to-face interview, and it was extremely valuable in building their confidence and communication skills. All the students who took part did so well and should be very proud of themselves.



DESIGN A BOOKMARK

The three winners of our World Book Day bookmark competition are...

George Mears Will Mears Florence Smith

Your prizes will be given to you when we return after Easter, and your bookmarks will be printed and available to library users then too.



HOUSE READING CHALLENGE



Earn House Points by borrowing and reading books!

- 1. Borrow a book
- 2. Return it with a Rapid Review slip
- 3. Get a token for your house

CHURCHILL IS CURRENTLY IN THE LEAD

Each half-term the house with the most tokens will win 100 house points and one lucky reader will win a prize.



2nd place = 75 points 3rd place = 50 points 4th place = 25 points

Revision Block 3

Monday 8th April to Friday 3rd May – Four weeks

	Monday	Tuesday	Wednesday	Thursday	Friday
Before school 8.00 - 8.30am	Maths - Rm1 5-a-day 8 - 8.30am (need not attend full session)	Maths - Rm1 5-a-day 8 - 8.30am (need not attend full session) Biology - Rm16 6 mark questions 8.15 - 8.30am	Maths - Rm1 5-a-day 8 - 8.30am (need not attend full session) Chemistry - Rm16 6 mark questions 8.15 - 8.30am	Maths - Rm1 5-a-day 8 - 8.30am (need not attend full session) Physics - Rm16 6 mark questions 8.15 - 8.30am	Maths - Rm1 5-a-day 8 - 8.30am ((need not attend full session)
Lunchtime 12.45 - 1.15pm	Computer Science - Rm13 DT revision - D5		PE GCSE - Rm13	DT - D5 (exam technique)	
After School 3.05 – 3.50pm	Maths F - Rm4 H - Rm1 & 2 French - Rm15 Spanish - Rm14	Geography - Rm8 Business Studies - D3	English - E2	Science F - Rm17 History - Rm11	Business Studies - D3 Geography - Rm7 History - Rm9
After School 3.50 – 4.30pm	Music (Comp) Rm18 Dance (Studio) French - Rm15 Spanish - Rm14		Food - Rm17 RE - Rm10	Science H - Rm17	

	Easter Revisi	on 🗯 📛 🎽
	Morning Session 10am-12pm	Afternoon Session 1pm-3pm
Monday 25 th March	History - Hall Food - Rm17	Dance - D3a PE - D3 Food - Rm17
Tuesday 26 th March	Science H - Hall (Working Scientifically)	Science F - Hall (Working Scientifically)
Wednesday 27 th March	Business Studies - Hall	
Thursday 28 th March		
	Easter Weekend	
Tuesday 2 nd April	History - Hall Drama - Drama Studio (External Exam Rehearsal)	History - Hall Drama - Drama Studio (External Exam Rehearsal)
Wednesday 3 rd April	DT Section B - D3	
Thursday 4 th April	Maths (F) - Hall	Maths (H) - Hall
Friday 5 th April	French F - D3a Spanish F - D3	French H - D3a Spanish H - D3

Year 10 MOCK EXAMS

	Monday 15 th April	Tuesday 16 th April	Wednesday 17 th April	Thursday 18 th April	Friday 19 th April
P1 -2	Year 11 only	Year 11 only	Year 11 only	Year 11 only	Year 11 only
	GCSE ART EXAM	GCSE ART EXAM	GCSE ART EXAM	Geography pre-release day	GCSE ART EXAM
		WTM English Literature	WTM Geography		
Break					
P3-4					WTM Maths
Lunch		,		<u>'</u>	
P5-6		WTM Science Biology Chemistry Physics	WTM History		

	Monday 22 nd April	Tuesday 23 rd April	Wednesday 24th April	Thursday 25 th April	Friday 26 th April
P1 -3	English Literature Macbeth Jekyll and Hyde 1hr 45m	Science – Combined Biology 1hr 15m Biology 1hr 45m	Maths 1hr 30m	Science – Combined Physics 1hr 15m Physics 1hr 45m	History 2hr
Break	Periods 1,2,3 then break				
P4					
Lunch					
P5-6	Geography 1 1hr 30m	Statistics PE Music - Listening 1hr	Dance 1hr30m Drama 1hr45m	Comp Science 1h 30m	Food 1hr Design Tech 1hr 30m

	Monday 29th April	Tuesday 30 th April	Wednesday 1 st May	Thursday 2 nd May	Friday 3 rd May
P1 -3	Science – Combined Chemistry 1hr15m Chemistry 1hr 45m	Business 1hr 45m RE 1hr 45m	ART (All day – Group 1) French Listening 45m Reading 45m (F) 1hr (H)	ART (All day – Group 2) Creative Media NEA (All day – Group 1) Spanish Listening 45m Reading 45m (F) 1hr (H)	Creative Media NEA (All day – Group 2)
Break	Periods 1,2,3 then break	l		13 (1) 2 (1)	
P4					
Lunch	Normal lunch				
P5-6 1:30pm start	French/Spanish Writing 1 hr(F) 1hr 15m (H)	English Literature An Inspector Calls 50m	CATCH UP	CATCH UP	





E M E R A L D

CHARITY CORNER

Please find below a detailed plan of the chosen charities of Year 9. Students will be doing a variety of activities, raising awareness as well as funds, throughout their week for their chosen charity. Make sure to get involved in any way you can.

W/C 7th May - 9HM - <u>Young Minds</u> W/C 10th June - 9HO - <u>Dementia UK</u>

Move It Dance Competition

Our GCSE Dance students and a couple of Year 9 dancers, went to the *Move It* dance convention last Friday. They had a fantastic time watching performances from different dance colleges and choreographers. They took part in professional dance classes and pushed themselves to try styles they are not normally used to, such as Bollywood. They came home with a bag full of freebies from the various exhibitors.

A really inspirational trip, looking at what their dance careers could be in the future!

Miss Curtis
Teacher of Dance



ARTS IN THE HALL

On Wednesday we were treated to a slightly different Arts in the Terrace, as we relocated into the hall for this concert. This gave us lots of space for our performers. Once again, we enjoyed performances from a variety of performers ranging from a year 11 bassoonist to a year 7 drummer, with everything in between. Our next performance will be the Summer Concert in June.















SPORTS HIGHLIGHTS

Rosslyn Park

This week our Year 9 rugby boys had the fantastic opportunity to mix it with some of the best rugby playing schools in the country. Their week started off with a visit to Richmond where they took part in a training session on Richmond Park, next to the famous Richmond RFC. This was followed by a walk along the River Thames before arriving at our hotel.

On Tuesday, we arrived at the Rossyln 7's festival. There were famous guests such as Sam Warburton, Ugo Monye, James Haskell and Topsy Ojo to name a few.

We competed really well in the tournament, but the class shown by some of the teams proved too strong for us. Despite this the boys had an amazing time taking in the festival atmosphere.

Game 1 - Lost 3-2 to Wimbledon College

Game 2 - Won 4-1 beating Ysgol Gyfun Gwent Is Coed

Game 3 - Lost 4-3 to Worth School



Netball

The annual netball dinner was held at Kilworth Springs this week. The girls enjoyed a 2-course meal followed by awards and a mini-disco. This evening marks the end of a long netball season for the girls, who have all shown excellent commitment to training and games.

Congratulations to all our award winners on the evening. Amongst them were, Team of the year, players' player of the season, coaches' player of the season, most improved and leadership awards.











AFTER SCHOOL 15:00-16:30



			down over-
Boys Rugby Yr.7 (MHO)	Boys Rugby Yr.9 + 10 (JJO)	Boys Rugby Yr.8 (TWH)	Boys Rugby Yr.11 (TWH)
Mixed Basketball Yr.10 (AMT)	Mixed Basketball Yr.8 (AMT)	Mixed Basketball Yr.7 (MHO)	
Netball All Years (ZTU)	Girls Rugby Yr.7-11 (TWH)		
	Dance Yr.9-11 (KBA)		Dance Yr.7-8 (KBA)
		Mixed XC Yr.7-11 (MNA)	The Games Invite Only (STO)

ACTIVITY OVERVIEW - TERM 4

Days	Lunch 12.30-1.15pm	After School 3.00pm 3.00-4.00pm/4.15pm/4.30pm
	12:30-13:15 Christian Union	15:00-16:15 Rugby Sevens 7/8
	12:45-13:15 Prom Committee	15:00-16:30 KS4 Art Club
		15:00-16:30 Netball 10
Monday		15:00-16:30 Netball 9
		15:05-16:30 Dance
	12:30-13:15 Minecraft Club	15:00-16:15 Dance Club
		15:00-16:15 Rugby 9/10
		15:00-16:30 Netball 7
Tuesday		15:00-16:30 Netball 8
		15:00-17:00 Miniatures and Tabletop Games
		15:05-16:00 Silver DofE
	12:30-13:00 MiniBridge	15:00-15:45 Orchestra
	12:30-13:10 Boccia	15:00-16:00 Bronze DofE
	12:30-13:10 Pride Club	15:00-16:15 Rugby Sevens 9-11
Wednesday		15:00-16:30 Basketball 7
		15:10-16:10 STEM Club
		15:10-16:15 Textiles Art Club
		15:15-16:35 Cross Country Club
	12:30-13:00 Show & Tell	15:00-16:15 Girls Football
	12:30-13:15 Language Leadership Award	15:00-16:15 KS3 Art Club
	12:30-13:15 Minecraft Club	15:00-16:15 The Games
	12:40-13:10 Choir	
Thursday		
Friday	12:30-13:00 Bilingual Book Club	
	12:45-13:15 Prom Committee	



THE EMERALD WAY

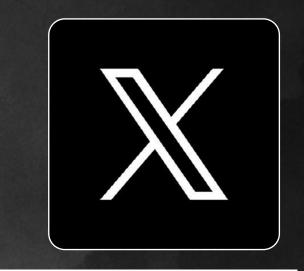




Mrs Bown @Bown1Mrs · 13h

Well done to our winning team which included two of our ex students! We have raised a fantastic total of £225 for new physics equipment! Thanks to everyone for their support! @LuttHigh





Miss N Science @MissN_LHS · 18h

Happy @ScienceWeekUK! The year 7 classes are enjoying a special lesson this week around the theme 'time'. They have measured the rate of a chemical reaction and looked at different scientific careers in which time is important. @LuttHigh



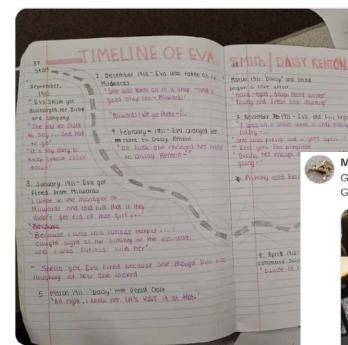


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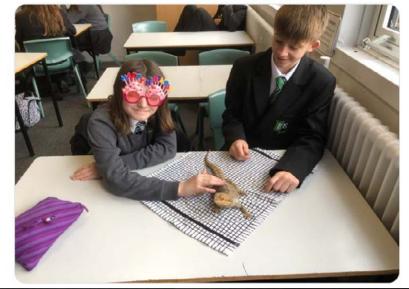
Mrs B @MrsBarnacle · 18h

A lovely homework piece from a member of 10EN2 a great revision resource! @EnglishatLhs @LuttHigh



Miss N Science @MissN_LHS · 22h

Guess who featured as a special guest in Show and Tell at lunchtime today? Gary the Science department bearded dragon! @LuttHigh



eServicesKEEPING US CONNECTED

Edulink

The EduLink App provides a convenient and accessible way for us to communicate with parents on some of the main aspects of daily school life.

It's easy to use and is accessible from a smart phone, tablet or PC. You can use the app to report an absence easily and also book appointments for your child's Parents' Evening.

If you haven't already been issued with login details, please contact the Edulink team on the below email address edulinkapp@lutterworthhigh.co.uk.

NEED HELP?

If you have any queries or need IT assistance, do not hesitate to email eservices@lutterworthhigh.co.uk

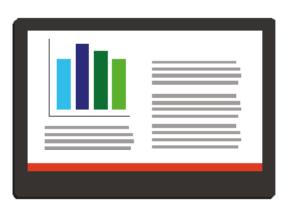


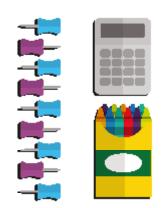
OFFICE 365 - STUDENT ADVANTAGE & TEAMS









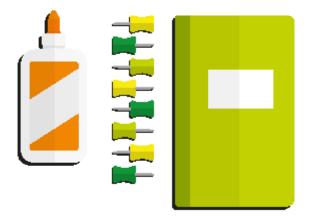












Stock up for academic success with free Office.

Students get a complete version of the latest Microsoft Office for free to use for as long as they're students!

Visit our the website and go to Menu - Students - Student Zone

COMMUNITY NOTICES

MACCA Sports Academies

LUTTERWORTH PAVILION

Multi Sports and Creative Activities Course

Price Per Day

£25.00*

Dates

2nd, 3rd, 4th, 5th April 2024

*Discounts available for Sibling Bookings and Full 4 Day Course Booking



BOOK NOW

WHAT IS ANXIETY?

Anxiety is when you feel scared, worried or panicked about something. It's a normal, human feeling and your body's natural response to stress or danger. Anyone can experience anxiety, regardless of age, gender, race, culture or faith.

We all feel anxious from time to time. Day-to-day things like friendship, money, exams or work can cause anxiety. Or certain situations, such as travelling home at night, starting a new school or giving a presentation. But the feeling usually passes once we feel safe or solve the problem we had. Source: YoungMinds







One in **five** children aged 5 to 16 were identified as having a probable mental health problem in 2023. That's **6** children in every classroom!

Source; Mental Health of Children and Young People Survey, NHS 2023)

CHECK OUT THIS VIDEO TO SUPPORT YOUNG PEOPLE WITH EXAM STRESS HERE

mind



YoungMinds





EXAM ANXIETY

Tests and exams can be a challenging part of school life for children and young people and their parents or carers. It's normal to feel worried about exams, but sometimes the anxiety and stress can become overwhelming and it might start to affect your sleeping or eating habits.

Don't feel alone, there's lots of help and support available online, click on the logos to head straight there!

TIPS TO MANAGE EXAM ANXIETY

- Make time for things you enjoy. Find ways to release stress and celebrate progress. You could listen to music, draw, cook, go for a walk, play a sport or visit the cinema.
- Talk to others about how you feel. Connect with other people, especially your peers who are also taking exams and might be feeling anxious too.
- Try to find balance. Take regular breaks and be realistic about what you can do in a day. Keep things in perspective and remember that exams won't last forever.
- Take care of your physical health. Make sure you get enough sleep, food, water and exercise. If you take regular medication, keep up with your routine.
- **Focus on yourself.** Try not to compare yourself to others. Think of things you like about yourself and what you're good at.
- Ask for help Talk through your concerns with your teacher/tutor who can let you know what support your school or college can offer you.



IS BACK FOR 2024!

Move it March is our biggest ever physical activity programme! The project aims to encourage children and young people, across South Leicestershire, to become more physically active and increase the number of children achieving the recommended guidelines of at least 60 minutes of exercise every day.

Last year, 12,651 participants in South Leicestershire took part and moved for a total of 3,739,500 active minutes!

How many active minutes can you achieve this March? Whether it is a walk, a game of tennis or dancing, it all counts!

For more information, click **here!**

#MOVEITMARCH2024





Click here to learn some new relaxation techniques.



11th-17th

World Sleep day-15th

World Oral Health Day -20th











LET'S GET SOCIAL

DATES FOR YOUR DIARY

Thursday 25th April - Year 11 Parents' Evening
Thursday 9th May - Year 7 Parents' Evening
Thursday 23rd May - Year 10 Parents' Evening
Tuesday 25th June - Summer Concert
Wednesday 26th June 2024 - Year 11 Prom
Thursday 27th June - New Parents' Information Evening

AUTUMN TERM 2023	FROM THE MORNING OF:	UNTIL THE END OF:
Autumn 1st half term	Tuesday 29 th August 2023 Friday 13 th October 2023	
Mid-term break	Monday 16th October 2023	Friday 20th October 2023
Autumn 2nd half term	Monday 23 rd October 2023	Friday 22 nd December 2023 12.30pm
SPRING TERM 2024	FROM THE MORNING OF:	UNTIL THE END OF:
Spring 1st half-term	Tuesday 9 th January 2024 Friday 16 th February 2	
Mid-term break	Monday 19th February 2024	Friday 23rd February 2024
Spring 2nd half-term	Monday 26 th February 2024	Friday 22 nd March 2024
SUMMER TERM 2024	FROM THE MORNING OF:	UNTIL THE END OF:
Summer 1st half-term	Monday 8 th April 2024	Friday 24 th May 2024
May Day	Monday 6th May 2024	Monday 6th May 2024
Mid-term break	Monday 27th May 2024	Friday 31st May 2024
Summer 2nd half-term	Monday 3 rd June 2024 Wednesday 10 th July 20	

Autumn 1st nair term	Tuesday 27th August 2024	Friday 18th October 2024
Mid-term break	Monday 21st October 2024	Friday 25th October 2024
Autumn 2nd half term	Monday 28th October 2024	Friday 20th December 2024
SPRING TERM 2025	FROM THE MORNING OF:	UNTIL THE END OF:
Spring 1st half-term	Tuesday 7th January 2025	Friday 14th February 2025
Mid-term break	Monday 17th February 2025	Friday 21st February 2025

UNTIL THE END OF:

FROM THE MORNING OF:

SUMMER TERM 2025	FROM THE MORNING OF:	UNTIL THE END OF:
Summer 1st half-term	Monday 28th April 2025	Friday 23rd May 2025
May Day	Monday 5th May 2025	Monday 5th May 2025
Mid-term break	Monday 26th May 2025	Friday 30th May 2025
Summer 2nd half-term	Monday 2nd June 2025	Wednesday 9th July 2025