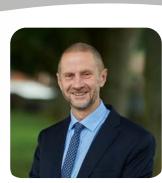


Friday 1st March 2024



Dear Parents/ Carers

Welcome to our weekly newsletter. I hope you had a nice half-term. The first week has certainly gone quickly in what is a very short and busy half-term.

Next Thursday is our Plan, Prepare, Achieve Evening for Year 11 parents and students. I strongly recommend that you attend if possible, as this will give you everything you need to know and support your child through the upcoming examination season. Further details are inside.

We had an amazing dance show on Wednesday evening. The standard of dancing and choreography was the best I have seen in my career. There were a variety of dance styles including ballet, tap, contemporary and street. A big thank you to all involved, especially Miss Curtis. Please see the photos inside.

Well done to our Year 9 boys rugby team who have made it to the County Cup final and all of our rugby and netball players who have had a busy week of sport.

Finally, I would like to thank Pal International Ltd. who have made a very generous donation of scientific equipment for our students to use. It is industrial standard equipment, including a fume cupboard and microscope.

Have a nice weekend.

Yours faithfully

Julian Kirby Headteacher





NOTICEBOARD



Show and Tell Club

On Thursdays at lunchtime in Room 7, we will be running a Show and Tell Club. Come along and tell us about something that you have achieved and are proud of or tell us about something you own which you love and would like to share with us. We don't have the chance to do this beyond our early years in primary school (and sometimes not even then) yet it is something which is fun to do and provides a relaxed environment in which students can gain confidence in public speaking and get to know their classmates better. Every week we will have a guest staff member joining us with their Show & Tell. I look forward to seeing you there. See poster overleaf.

House Points

KS3 Chloe Hurst 7LM Lyla Clarke 7LM **Emily Bradley 7HH** Harrison Wicks 9LB (57)(58)(58) (54)Marc Hawkins 11HH Julia Melville 10LT Sophie Rochelle 11HJ KS4 Patrick Findley 11HH (54)(58)(72) (57)

HOT CHOC FRIDAY

Well done to the following students who have achieved a Hot Choc Friday award this week.



Student Achievements

Congratulations to Jesse Izzard-Snape and Ella O'Connor on both passing grade 2 piano with merit.

The student below and his team, Midlands Roller Speed Skating Club, attended a club race hosted by Birmingham wheels club recently.

He achieved 2nd place in 500m sprint, 2nd place in 800m and 1st in 1000m gaining him the overall 1st place and a medal for winning his category.



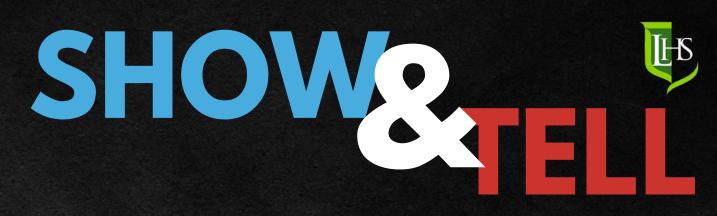
Student Achievement

Huge congratulations to the stud<mark>ent below wh</mark>o won two awards at the Young Farmers event on Saturday.

He won 'Young Farmer - Above and Beyond' and most impressively, Young Farmer of the Year 2024'.



NOTICEBOARD



Thursdays 12.30-1.00pm Room 7

Have you taken part in something recently and are really proud of yourself? Have you got a beautiful trinket from a holiday years ago that you absolutely love?

Come and tell us all about it and listen to what others have to say.

We will have a guest staff member each week to tell us all about their Show & Tell.

NOTICEBOARD



Complimentary ticket with donations to the Music Department gratefully received

Wednesday 20th March 2024 6.00-7.00pm

IHS



PLAN, PREPARE, ACHIEVE YEAR 11 REVISION EVENING THURSDAY 7TH MARCH 6.00PM-8.00PM Arrival from 5.45pm

Students will receive a personalised pack which will include relevant revision information as well as an exam timetable and subject revision programmes.

There will be two talks by the headteacher, one at 6.00pm and the other at 6.45pm. These talks are the same, so you only need attend one.

> V www.lutterworthhigh.co.uk T 01455 552710



VERTIPROM RAFFER RAFFER FOR ALSE CIT

LOST IN

HS

TCKET



PURCHASE FROM MAIN RECEPTION

PRIZES ON OFFER

SIGNED RUGBY BALL FROM THE MATT HAMPSON FOUNDATION BEAUTY AND PERFUME PRODUCTS CHILDRENS BOOKS AND GAMES HOUSE DECOR ITEMS



DISTINCTION AWARDS

Toby Allen 7LC Molly Baker 9LA **Trinity Barnes 9HO** Zara Bell 7HA **Kieran Brookes 8LE** Leighton Buggins 10LK Bazsi Butosi 8HS Hollie Castledine 8LE Lyla Clarke 7LM Pippa Clarke 7LM Phoebe Clarke 11HH Jack Coleburne 7LC Emily Cook 10LK Lianne Cooper 10HB Amelia Deacon 11LFC Will Demery 9LA Eddie Dimblebee 11HJ Lyle Dobson 8LE Lily Donovan 10HB **Oscar Dyke 9HC** Ava Farrelly 11HH Patrick Findley 11HH Sam Fountain 11HW Lori Garton 7LM Greta Gladstone 10HB Eliana Haddon 8HG Ethan Hetherington 9HM **Emily Hill 8HS** Alfie Hill 7LC Alex Holyoak 8LE Lulu Hornbuckle 8LE Grace Jesson 10HE Edie Lacey 7LM **Oliver Lewis 7LC** Indi Lockwood 9HM Milena Lopata 9HC **Bethany Mercer 11LFC** Elsa Montgomery 11LSD Archie Neal 7HH **Rosa Newbury 8HS** Shaelyn O'Farrell 9HC Grace Page-Brown 9HM **Gabriel Painter 11HB Iris Pateman 9HC Toby Read 8HS Jake Schofield 9HO Charlie Simons 8LE** Florence Smith 7LC Antonio Soare 7HA Megan Thomas 8HO **Charlie Thompson 9HM Daniel Topham 8HS** Sophie Underwood 11HW Ant Wilson 8LE Ava Woodward 9HO

Book of the Month March

HIST

The Ministry of Unladylike Activity by Robin Stevens

1940. Britain is at war, and a secret arm of the British government called the Ministry of Unladylike Activity is training up spies.

When May and her friend Eric are turned away by the Ministry, they take matters into their own hands. Masquerading as evacuees, they travel to Elysium Hall, home to the wealthy Verey family. They suspect that one of the Vereys is passing information to Germany. If they can prove it, the Ministry will have to take them on.

But there are more secrets at Elysium Hall than May or Eric could ever have imagined.

And then someone is murdered...

HUB What We're Reading

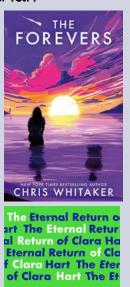


We have lots of books by female authors, about female experiences, and celebrating women throughout history.

STAFF PICKS

Miss Chapman - Librarian

During half term I read 'The Forevers' and 'The Eternal Return of Clara Hart'. Both of these books are aimed at mature teen readers as they deal with themes such as sexual harassment, alcohol use and bereavement. They are both gripping thrillers that tell really important stories about teenage mental health.



LOUISE FINCH

WORLD BOOK DAY

Thursday 7th March

Donate £1 and you can dress up as a character from a favourite book!

One winner from each year will receive a £5 book voucher.

Other ways we will be celebrating ...

The 'Design a Bookmark' competition runs from Friday 1st to Friday 15th March.

Every time you borrow a book between now and Friday 22nd March, you will get a £1 Book Token to use anywhere books are sold.

At breaktime on Thursday 7th March there will be a bookish bake sale in the Learning Hub. All cakes will be 50p.

On Monday 4th March there will be a 'Big Book Swap' where you can take home some of our older library books for free!

HOUSE READING CHALLENGE

Earn House Points by borrowing and reading books!

- 1. Borrow a book
- 2. Return it with a Rapid Review slip
- 3. Get a token for your house

CUNNINGHAM IS CURRENTLY IN THE LEAD

Each half-term the house with the most tokens will win 100 house points and one lucky reader will win a prize.



2nd place = 75 points 3rd place = 50 points 4th place = 25 points

Monday 4th March

WORLD

BOOK

DAY

HOW ARE WE

CELEBRATING?

Big Book Swap: lots of our older library books need new homes! You can take some home for free. Come along to the Learning Hub at breaktime to browse. If you have used books at home you can bring them in for others to take.

Thursday 7th March

Bookish Bake Sale: at breaktime in the Learning Hub. All cakes 50p.

Costume Competition: donate £1 and dress up as a character from a favourite book. This is different to a non-uniform day - you must be able to show us the character that inspired your outfit. Come to the Learning Hub at lunch for photos and one winner will be chosen from each year group.

You must sign up before the day in the Learning Hub to participate.

Throughout March

Design a Bookmark competition 1st-15th March. Collect a template from the Learning Hub.

World Book Day tokens given out for every book borrowed between now and 22nd March.

ELEARNING

HUB

WOW WORK - GEOGRAPHY

I was hugely impressed with the quality and effort put into a homework which I set for students in 9HC and 9LB over February half term.

Tasked with using inspiration from nature to create and annotate their own rainforest creature, these students were inspired to illustrate these amazing animals to survive in a tropical rainforest using a range of creative drawing skills, collage from images found online and even generative AI to produce the amazing Amazonian king lizard!

Well done to all the students for their amazing work.



Year 10 Biology trip to Cambridge

A group of Year 10 students went to Cambridge yesterday to visit the Museum of Zoology. The students viewed the galleries and completed a tour about animal adaptations. They also looked at displays about evolution and natural selection, all of these are Biology paper 2 topics. They also took part in a workshop delivered by a PhD student, which included playing a board game about climate change and the effects on animal adaptations.

In the afternoon, we walked to Pembroke College and had a tour around the grounds with students who are currently studying there. It was fantastic to see the beautiful buildings and get information about the cost of going to university and student loans.

Here are some quotes from the students:

'I really enjoyed it.' Ruth

'I thought the museum was very interesting because we saw lots of different species of animals.' Florrie

'The skeletons are the best!' Lianne

'The workshop was very engaging and it was really interesting to see how climate change affects animals.' Olivia

'I can definitely see myself at Pembroke College in a few years, it's such a pretty place with great architecture.' Julia

'Incredible experience, I particularly liked some of the weird species of fish on display in the museum.' Isaac

'l loved the skeleton of the Burmese python that was all spread out into the different parts.' Harriet

'The board game was fun because it was interesting learning about the adaptations and how animals change to different biomes.'

Oscar

'The game was interesting because it showed us how human activity affects the environment.' Seb

Miss Niemeijer and Miss Sumpter Teachers of Science



Tree Planting

On Wednesday our Student Council were invited to take part in Magna Park's Community Tree Planting day. The students helped to plant a mixture of native tree saplings in the restoration of woodland around the site of Bittesby ancient village, as part of a new country park to open at Magna Park North this summer. Despite (or perhaps because of!) the muddy conditions, the students enjoyed taking part in this community initiative, representing the school and helping to restore woodland habitat in our local area.

Mr Nutt Head of student voice









DANCE SHOW







Celebrating National Science Week



THURSDAY 21ST MARCH 2024, 6.30-8.00PM



TICKETS AVAILABLE ON SCOPAY & VIA MAIN RECEPTION

Raising funds to enable us to purchase new electrical equipment to deliver our physics curriculum.





E M E R A L D WAY CHARITY CORNER

Please find below a detailed plan of the chosen charities of Year 9. Students will be doing a variety of activities, raising awareness as well as funds, throughout their week for their chosen charity. Make sure to get involved in any way you can.

W/C 4th March - 9LB - <u>SSAFA, The Armed Forces Charity</u> W/C 7th May - 9HM - <u>Young Minds</u> W/C 10th June - 9HO - <u>Dementia UK</u>



Revision Block 2

Monday 22nd January to Friday 8th March 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Before school 8am - 8.30am	French - Rm15 8.30-8.50am Spanish - Rm14 8.30-8.50am	Biology - Rm16 6 mark questions 8.15-8.30am French - Rm15 8.30-8.50am Spanish - Rm14 8.30-8.50am	Chemistry - Rm16 6 mark questions 8.15-8.30am French - Rm15 8.30-8.50am Spanish - Rm14 8.30-8.50am	Physics - Rm16 6 mark questions 8.15-8.30am French - Rm15 8.30-8.50am Spanish - Rm14 8.30-8.50am	
Lunchtime	Computer Science - Rm13 (Invite Only) DT revision - D5	DT revision - D5	PE GCSE - E7 12.45-1.10pm	DT revision - D5	
After School 3.05 – 3.50pm	Maths F - Rm5 H - Rm1 Dance (Studio) Art - Drop in	Geography - Rm8 (Invite Only) Business Studies - D3 Food NEA - Rm17 DT NEA - D5 Art - Drop in	English - E2 DT NEA - D5	*Science F - Rm17 History - Rm11 Art - Drop in **Perfectionism - Drop in - Rm19 (29th Feb - 1 session)	Business Studies - D3 Geography - Rm7 History - Rm9 (Conflict & Tension)
After School 3.50pm – 4.30pm	Music - Rm18 Dance (Studio) Art - Drop in	Food NEA - Rm17 DT NEA - D5 Art - Drop in	RE - Rm10 DT NEA - D5	*Science H - Rm17 Art - Drop in	Food - Rm17 (Exam Revision)

*Science F and H sessions to run parallel from 3.05-3.50 during Week 1 and 2 due to parents' evenings

** Perfectionism drop in. Drop in for a chat about what perfectionism is and how you might deal with it, in the lead up to the next mock exams.

SPORTS HIGHLIGHTS

Year 10 Loughborough 7's

The Year 10's headed to Loughborough Grammar for a 7's competition. They were in a tough group having Stamford and Leicester Grammar and won one lost one. They grew with confidence as the tournament went on with some stand out performances from Henry, George and Oscar. They lost the next round against a well drilled Loughborough Grammar school.

Year II Leicester grammar 7's

The Year 11s played their final Leicester Grammar 7's for LHS on Tuesday afternoon, showing some great 7's throughout. They were in a pool of three and won one and lost one. Coming second in the pool they played Loughborough Grammar in the next round with whom they went toe to toe with, but unfortunately losing in the last play of the game. Some standout performances from Lewis, Harley, Jack C.

Years 8 and 9 Rugby

On Tuesday the Year 9 Rugby team took on Robert Smyth on the back field in the Semi Final of the County Cup. Having beaten Welland Park 51-0 in the first round, the lads were full of confidence from the kick off, and used high tempo and hard carries from the forwards to dominate Robert Smyth. Lutterworth finished the game as 24-0 winners.

Special mention to the seven Year 8s who played up, without whom the team would have been short, and furthermore, impressed me with their performance at the next level. The team is now into the County Cup final. The date of which, and opposition, are not yet known. The other Semi final is between Ratcliffe College and Lutterworth College and is due to be played next week. Watch this space.



Netball

Wednesday 28th Feb Y8 A+B squad South Leicestershire Tournament at Leicester Grammar School.

A Squad results

Match 1 won 1 - 0 Match 2 lost 0 - 7 Match 3 drew 0 - 0 Match 4 won 6 - 0 Match 5 lost 0 - 9 Match 6 won 5 - 0 Match 7 drew 4 - 4 Match 8 drew 2 - 2

Coaches' player of the tournament: Lulu Hornbuckle

4th Overall, some great wins, well done!

B Squad results

Match 1 lost 0 - 6 Match 2 lost 1 - 3 Match 3 won 4 - 0 Match 4 drew 1 - 1 Match 5 won 3 - 1

Coaches' player of the tournament: Emily Hill

5th Overall, the B squad improved as the tournament went along.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
THE EMERALD WAY	AFTER SCHOOL 15:00-16:30		THE EMERALD WAY
Boys Rugby Yr.7 (MHO)	Boys Rugby Yr.9 + 10 (JJO)	Boys Rugby Yr.8 (TWH)	Boys Rugby Yr.11 (TWH)
Mixed Basketball Yr.10 (AMT)	Mixed Basketball Yr.8 (AMT)	Mixed Basketball Yr.7 (MHO)	
Netball All Years (ZTU)	Girls Rugby Yr.7-11 (TWH)		
	Dance Yr.9-11 (KBA)		Dance Yr.7-8 (KBA)
		Mixed XC Yr.7-11 (MNA)	The Games Invite Only (STO)

ACTIVITY OVERVIEW - TERM 4

Days	Lunch 12.30-1.15pm	After School 3.00pm 3.00-4.00pm/4.15pm/4.30pm
	12:30-13:15 Christian Union	15:00-16:15 Rugby Sevens 7/8
	12:45-13:15 Prom Committee	15:00-16:30 KS4 Art Club
		15:00-16:30 Netball 10
Monday		15:00-16:30 Netball 9
		15:05-16:30 Dance
	12:30-13:15 Minecraft Club	15:00-16:15 Dance Club
		15:00-16:15 Rugby 9/10
		15:00-16:30 Netball 7
Tuesday		15:00-16:30 Netball 8
		15:00-17:00 Miniatures and Tabletop Games
		15:05-16:00 Silver DofE
	12:30-13:00 MiniBridge	15:00-15:45 Orchestra
	12:30-13:10 Boccia	15:00-16:00 Bronze DofE
	12:30-13:10 Pride Club	15:00-16:15 Rugby Sevens 9-11
Wednesday		15:00-16:30 Basketball 7
		15:10-16:10 STEM Club
		15:10-16:15 Textiles Art Club
		15:15-16:35 Cross Country Club
	12:30-13:00 Show & Tell	15:00-16:15 Girls Football
	12:30-13:15 Language Leadership Award	15:00-16:15 KS3 Art Club
	12:30-13:15 Minecraft Club	15:00-16:15 The Games
	12:40-13:10 Choir	
Thursday		
Friday	12:30-13:00 Bilingual Book Club	
	12:45-13:15 Prom Committee	

THE EMERALD WAY



COMMUNITY NOTICES



3





MARCH 2024

WHAT IS ANXIETY?

Anxiety is when you feel scared, worried or panicked about something. It's a normal, human feeling and your body's natural response to stress or danger. Anyone can experience anxiety, regardless of age, gender, race, culture or faith.

We all feel anxious from time to time. Day-to-day things like friendship, money, exams or work can cause anxiety. Or certain situations, such as travelling home at night, starting a new school or giving a presentation. But the feeling usually passes once we feel safe or solve the problem we had. **Source: YoungMinds**

> B B C BITESIZE





CHECK OUT THIS VIDEO TO SUPPORT YOUNG PEOPLE WITH EXAM STRESS <u>HERE</u>

ind

OUNGMINDS

SAMARITANS

One in **five** children aged 5 to 16 were identified as having a probable mental health problem in 2023. That's **6** children in every classroom! Source; Mental Health of Children and Young People Survey, NHS 2023)

EXAM ANXIETY

Tests and exams can be a challenging part of school life for children and young people and their parents or carers. It's normal to feel worried about exams, but sometimes the anxiety and stress can become overwhelming and it might start to affect your sleeping or eating habits.

Don't feel alone, there's lots of help and support available online, click on the logos to head straight there!

TIPS TO MANAGE EXAM ANXIETY

- Make time for things you enjoy. Find ways to release stress and celebrate progress. You could listen to music, draw, cook, go for a walk, play a sport or visit the cinema.
- Talk to others about how you feel. Connect with other people, especially your peers who are also taking exams and might be feeling anxious too.
- Try to find balance. Take regular breaks and be realistic about what you can do in a day. Keep things in perspective and remember that exams won't last forever.
- Take care of your physical health. Make sure you get enough sleep, food, water and exercise. If you take regular medication, keep up with your routine.
- Focus on yourself. Try not to compare yourself to others. Think of things you like about yourself and what you're good at.
- Ask for help Talk through your concerns with your teacher/tutor who can let you know what support your school or college can offer you.

RELAXATION Click here to learn some new relaxation techniques.



- World Oral Health Day -20th



IS BACK FOR 2024!

Move it March is our biggest ever physical activity programme! The project aims to encourage children and young people, across South Leicestershire, to become more physically active and increase the number of children achieving the recommended guidelines of at least 60 minutes of exercise every day.

Last year, 12,651 participants in South Leicestershire took part and moved for a total of 3,739,500 active minutes! How many active minutes can you achieve this March? Whether it is a walk, a game of tennis or dancing, it all counts! For more information, click here!

#MOVEITMARCH2024

LET'S GET SOCIAL





BYOD' Bring Your Own Device

We invite all students to bring in their own devices to connect to our school WiFi. This includes mobile phones, laptops, tablets and iPads.

If your child would like to take advantage of our 'BYOD' provision, please ensure you sign the 'ICT Acceptable Use Policy' letter and also fill out the 'New Technologies' consent form, both of which can be found at Student Reception.

Please hand back in to Student Reception upon completion in order to start using your devices.

Edulink

The EduLink App provides a convenient and accessible way for us to communicate with parents on some of the main aspects of daily school life.

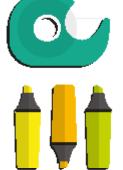
It's easy to use and is accessible from a smart phone, tablet or PC. You can use the app to report an absence easily and also book appointments for your child's Parents' Evening.

If you haven't already been issued with login details, please contact the Edulink team on the below email address <u>edulinkapp@lutterworthhigh.co.uk</u> If you need to register, click here.

NEED UELP? If you have any queries or need IT assistance, do not hesitate to email <u>eservices@lutterworthhigh.co.uk</u>

OFFICE 365 – STUDENT ADVANTAGE & TEAMS

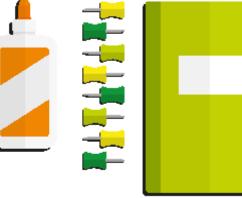
•	
4	
•	











Stock up for academic success with free Office.

Students get a complete version of the latest Microsoft Office for free to use for as long as they're students!

Visit our the website and go to Menu - Students - Student Zone

DATES FOR YOUR DIARY

NOVEN

000

Thursday 7th March - Plan, Prepare, Achieve (Year 11) Thursday 25th April - Year 11 Parents' Evening Thursday 9th May - Year 7 Parents' Evening Thursday 23rd May - Year 10 Parents' Evening Tuesday 25th June - Summer Concert Wednesday 26th June 2024 - Year 11 Prom Thursday 27th June - New Parents' Information Evening

AUTUMN TERM 2023	FROM THE MORNING OF:	UNTIL THE END OF:
Autumn 1st half term	Tuesday 29 th August 2023	Friday 13 th October 2023
Mid-term break	Monday 16th October 2023	Friday 20th October 2023
Autumn 2nd half term	Monday 23 rd October 2023	Friday 22 nd December 2023 12.30pm
SPRING TERM 2024	FROM THE MORNING OF:	UNTIL THE END OF:
Spring 1st half-term	Tuesday 9 th January 2024	Friday 16 th February 2024
Mid-term break	Monday 19th February 2024	Friday 23rd February 2024
Spring 2nd half-term	Monday 26 th February 2024	Friday 22 nd March 2024
SUMMER TERM 2024	FROM THE MORNING OF:	UNTIL THE END OF:
Summer 1st half-term	Monday 8 th April 2024	Friday 24 th May 2024
May Day	Monday 6th May 2024	Monday 6th May 2024
Mid-term break	Monday 27th May 2024	Friday 31st May 2024
Summer 2nd half-term	Monday 3 rd June 2024	Wednesday 10 th July 2024

AUGUST TERM 2024	FROM THE MORNING OF:	UNTIL THE END OF:
Autumn 1st half term	Tuesday 27th August 2024	Friday 18th October 2024
Mid-term break	Monday 21st October 2024	Friday 25th October 2024
Autumn 2nd half term	Monday 28th October 2024	Friday 20th December 2024
SPRING TERM 2025	FROM THE MORNING OF:	UNTIL THE END OF:
	FROM THE MORNING OF: Tuesday 7th January 2025	UNTIL THE END OF: Friday 14th February 2025
SPRING TERM 2025 Spring 1st half-term Mid-term break		

SUMMER TERM 2025	FROM THE MORNING OF:	UNTIL THE END OF:
Summer 1st half-term	Monday 28th April 2025	Friday 23rd May 2025
May Day	Monday 5th May 2025	Monday 5th May 2025
Mid-term break	Monday 26th May 2025	Friday 30th May 2025
Summer 2nd half-term	Monday 2nd June 2025	Wednesday 9th July 2025