

Friday 1st December 2023



Dear Parents/Carers

Welcome to this week's edition of our weekly newsletter. The weather has certainly turned cold as we enter December.

Mr Kirby has joined the students this weekend on our European Christmas Experience trip to Belgium. They departed in the early hours this morning, excited for their travels! We wish them a safe journey and fantastic time. They will be experiencing other cultures, practising language skills and visiting several World War I museums. We will keep an eye on Twitter for updates and photos!

This week, Year 11 students have been busy with their mock examinations. They have approached these assessments with great gusto and we wish them the best of luck over the next week.

It's been fantastic to see students entering our annual Christmas Card Competition. The winning entry will become the official LHS Christmas card of 2023. Students have been putting their creative skills to good use, building 3D model snowmen for a competition held by Cunningham House. Participation in these events earns students Emerald Way points in the Competition category.

Next Wednesday, we shall be getting in to the festive spirit with our annual Wreath Evening, this always proves to be a popular event. We look forward to seeing parents/carers and members of the community taking part.

On Thursday, we shall be welcoming our Year 9 parents to their parents' evening.

Wishing you a great weekend.

Yours faithfully

Amy Hunter Deputy Headteacher



NOTICEBOARD

HOT CHOC FRIDAY

Well done to the following students who have achieved a Hot Choc Friday award this week.





Orders for revision guides are currently closed until January. 白白白白白白

If you would like to order revision guides in the new year, please look out for a new order form which will be shared here in the newsletter.





Top House Points

	Ebany Cope 7HA (46)	Asma Faizi 8LM (46)	Harry Tilbrook 9HM (57)	Toby Allen 7LC (54)
I	Ollie Silvester 10LT (60)	Julia Melville 10LT (46)	Daniel Faulkner 10LM (58)	Kaylen Townsend 10HE (48)

Gary Update

Our mascot Gary looking majestic in his new vivarium. He has a new tank due to him ever-growing!





Student Achievement

Congratulations to Harrison Lockhart who has passed his Grade 1 violin with Merit.



HOW TO REPORT A CONCERN AT LUTTERWORTH HIGH SCHOOL



Tell a teacher, your tutor or go toKS3/KS4 Hubs to speak to a member of staff



Tell your parents or a friend, who can report on your behalf



Forms outside KS3 and post in the letterbox



Self report to ks3@lutterworthhigh.co.uk ks4@lutterworthhigh.co.uk

Speak Out button on the school website www.lutterworthhigh.co.uk/student

NOTICEBOARD

Biology photo competition

Calling all budding photographers! This term we are running a Biology photo competition and are looking for students to enter photos they have taken of the living world. Images can cover any aspect of wildlife and the natural world, whether it is wild plants or animals, their natural environments, or they can illustrate our interaction with nature, good or bad.

This competition is open to all year groups and the deadline is 13th December. If you would like to enter please sign up on SOCS and submit your photo via the Google form.

There will be prizes for the best entries.

For some inspiration you can check out these fabulous images from the Royal Society's competition: https://www.rsb.org.uk/get-involved/rsb-competitions/photography-competition/photocomp-previous-entries

Ms Sumpter
Science Department

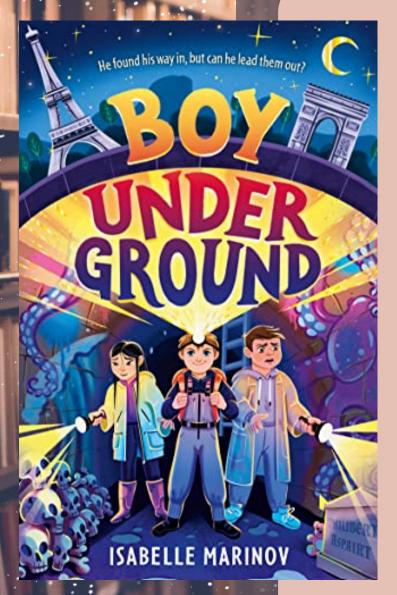




Y11 Nov-Dec Mock Exams 2023

	Monday 4 th December	Tuesday 5 th December	Wednesday 6 th December	Thursday 7 th December	Friday 8 th December
P1 -3	RE 1hr 45m	Design Technology 2hr Food and Nutrition 1hr 45m	Science – PHYSICS Separate science 1hr 45m Combined 1hr 15m	French Reading/writing Spanish Reading/writing Foundation R=45 mins /W=1 hr Higher R=1hr/W=1h15m	Business 1hr 45m Drama 1hr 45m Catch up session 2
Break Periods 1,2,3 then break					
P4		Catch up session 1			
Lunch	Lunch Normal lunch				
P5-6 1:30pm start	Geography Paper 2 1hr 15m	French Listening Foundation 35min Higher 45mins	Spanish Listening Foundation 35min Higher 45mins	Creative imedia 1hr 30m Computer Science 1hr 30m PE 1 hr Music 1hr 15m	

ROW LEARNING DECEMBER



Boy Underground by Isabelle Marinov

Boy Underground is a powerful adventure story of Hugo, an autistic boy who decides to go all the way into the Paris underground to find a place where he belongs.

For Hugo, the world can be too loud and bright. He likes the quiet. He likes the dark. And he loves maps.

When Hugo learns that there's a whole other world under Paris, a network of tunnels, quarries and catacombs mapped beneath his feet, he sets off on an adventure.

Perfect if you enjoyed reading 'Smart' by Kim Slater.

Navigating secret passages, narrowly escaping robbers and returning to old friends, Hugo discovers more than just buried treasure ...

LEARNING What We're Reading Row to Success

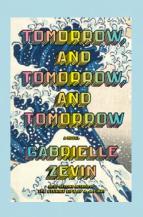


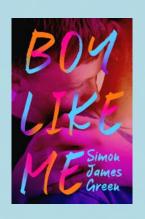
Reading Role Models



Mrs Hill (English): I've just finished reading 'Tomorrow and Tomorrow and Tomorrow' by Gabrielle Zevin. It's wonderful! Being set in a world of gaming, which normally I have very little knowledge or interest in, makes this book entirely original. This love story about a friendship will stay with me for a long time.

Miss Chapman (Librarian): I recently read 'Boy Like Me' by Simon James. This story is set in the early 90s in a small English town and follows Jamie as he grapples with his own sexuality in a time when Section 28 meant that is was illegal to discuss being gay in schools. Unsurprisingly, my favourite character is the school librarian who gives Jamie a book about two boys falling in love, despite knowing that this could cost her her job. Thanks to her, Jamie is able to see that the feelings he has for another boy are nothing to be ashamed of.







Library Advent

Every day from Monday 11th -Thursday 21st December one lucky reader will win an advent prize!

Borrow a book anytime in December to have your name entered into the draw.

The winning names will be displayed on the Library Advent calendar each day.

New books!

We've very kindly been given multiple copies of 3 new books from a local Leicester publisher, Clock Tower Publishing. These are available to borrow from the popup library in E4 at lunchtimes.









CHRISTMAS APPEAL























HELP SUPPORT YOUR FOOD BANK WITH FOOD AND FUNDS THIS CHRISTMAS

THANK YOU FOR YOUR SUPPORT

DONATE FOOD

Help by donating an item or two from our shopping list to ensure we can provide food to help people in crisis.



DONATE MONEY

Help to cover the costs of storing and distributing food, as well as developing sustainable projects.



SHOPPING LIST



Fruit Juice Hot Chocolate Sponge Puddinas Tinned Custard Tinned meat Rice

Cereal Bars

Large size nappies

Don't forget ...

You can help transform more lives with a financial donation too.

www.lutterworthvillages.foodbank.org.uk

Tel: 01455 558797

Email: info@lutterworthvillages.foodbank.org.uk









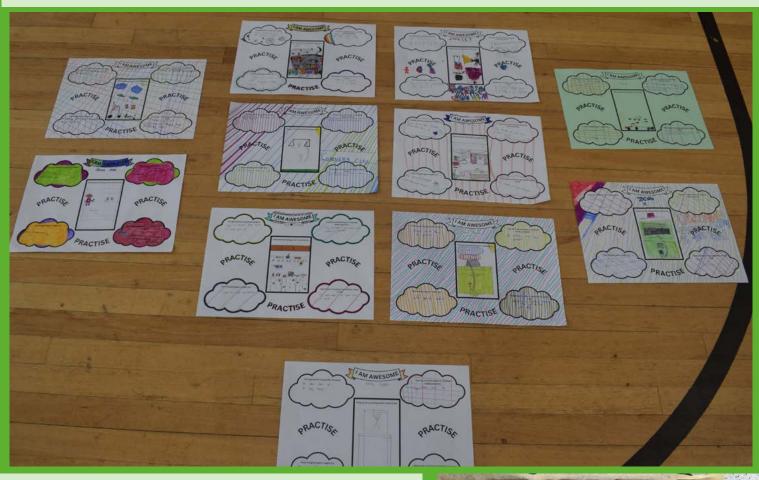


WOW WORK

This collection of WOW work posters were produced by one of the Y7 catch-up groups.

It represents all of the key points to the 'I am awesome' scheme of work.

The posters show what the students would like to be when they leave school and how they plan to get there!



Fabulous Focaccia!

Well done to the Year 8 students who impressed their teacher with these works of art!

Students used a variety of ingredients to create these tasty masterpieces!







Art Clubs Special

The past week the following clubs have been very busy doing the following:

Props Club - making cardboard microphones for Bugsy

Tabletop Games - playing Warhammer 40k

Arts Club - KS3 have been making Christmas Cards and Batik, KS4 are continuing their work on their fabric patterns to heat transfer onto their bags

















CHARITY CORNER

Please find below a detailed plan of the chosen charities of Year 9. Students will be doing a variety of activities, raising awareness as well as funds, throughout their week for their chosen charity. Make sure to get involved in any way you can.

W/C 4th December - 9LA - <u>Cancer Research UK</u>
W/C 12th February - 9LN - <u>Teenage Cancer Research</u>
W/C 4th March - 9LB - <u>SSAFA</u>, <u>The Armed Forces Charity</u>
W/C 7th May - 9HM - <u>Young Minds</u>
W/C 10th June - 9HO - <u>Dementia UK</u>

CHARITY CORNER - 9LA

Next week, 9LA will be raising awareness and funds for Cancer Research.

Take a look below at the activities taking place to find out how you can get involved and support this important cause.



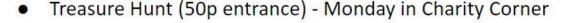
9LA Charity Corner

W/B 4th December



Cancer Research UK

9LA events for Charity Corner: All events will run from 12.30 - 1.00 and are weather permitting





Guess the sweets in the jar (50p per guess) - Wednesday in Charity Corner



Football penalty shootout (50p for 2 goes) - Friday on the Tennis Courts



Sponge the teacher (£1 for two sponges) - Friday outside the Terrace



DISTINCTION AWARDS

Charlotte Abbey 7HA Abdullah Ahmed Kamel 7HA Erin Aldridge 10HE Toby Allen 7LC Charlotte Allen 10LM Fonzie Altuccini 10LT **Hubert Antoniewicz 10HB** Louie Bailess 9LA Molly Baker 9LA **Trinity Barnes 9HO Ruby Bartlett 10LK** Zara Bell 7HA Wilson Benford 9LN Lucas Berry 10LK Isla Blockley 7HR Fletcher Broadbent 9LB Kieran Burton 10LK Oscar Campbell 10HB Lucas Castle 7LC Izzy Clarke 9LB Alfie Cook 10LM **Emily Cook 10LK Charlie Court 9LB Emily Dand 7LH** Nathan Dew 7LH James Dew 7LC Lily Donovan 10HB George Draper 10HL Maddie East 7HA George East 10LK Harriet Ellis 10LK Daniel Faulkner 10LM Madison Finney 10LM Jess Ford 9LN Lilly Gardner 7HH Alastair Gilbert 10LT Anna Giovanelli 9HC Zara Giovanelli 7HR Sam Glastonbury 10LT **Henry Golding 10LT** Charlie Gooch 10LT Luke Green 7LH Olivia Green 10LT Amelie Hall 7HA Elijah Hall 7HA Toby Hardwick 10LK Hayden Harwood 10HB Lewis Hawthorne 7HH **Emily Hill 8HS** Florrie Hopkins 10LM **Bronwen Jenkins 10LT**

Grace Jesson 10HE

Abby Keyworth 7HR **Emily Keyworth 7HA** Erin King 7HR Vivien Kudlicka 10LT Poppy Lane 10LT Joshua Lennon 7LH Oliver Lewis 7LC Harrison Lewis 10LM Indi Lockwood 9HM Quinn McMullan 7LH George Mears 10HL Julia Melville 10LT Zahraa Nasrallah 8LM **Rosa Newbury 8HS** Isabella Nicoll 7HR Iris Pateman 9HC Isaac Peake 10LT Lucas Phillips 9LA Eve Phillips 7HH **Brendan Pollock 10HB** Jake Porter 7HA Ollie Robinson 9LN Henry Rosier 7HH Mani Samrai 8LM Alice Sands 9LB **Thomas Sercombe 8HS** Ollie Silvester 10LT **Dion Smart 10LK** Georgia Snell 9LN Antonio Soare 7HA Tilly Stapleton 10HL Harry Stenhouse 7HH Swaley Storey 7HH Henry Taylor 10HL Adam Thomas 10LK **Grace Tomlinson 10HB** Kaylen Townsend 10HE Rihanna Underwood 8HG Alice Vigrass 7HR Seb Vladimirescu 10HB Jessica Warden 7HH Keeley Ware 10HL Harrison Wicks 9LB Sophia Williams 10LT Jack Williamson 10LT **Thomas Wride 9LB** Lilia Young 10LT

The Language Leadership Award 2023/2024

Thirteen Y9 & Y10 students taught French and Spanish at Wycliffe Primary School on Tuesday afternoon. This was part of their Language Leadership course which they started in September. Leaders had to plan a 40-minute lesson on colours (Y3/4) and emotions (Y5/6) during their Leadership lunchtime club on Thursdays. Our leaders did a fantastic job at engaging the KS2 pupils and showed great independence and communication skills. We are very proud of their achievement.

Mrs Anderson Curriculum Leader of MFL













SPORTS HIGHLIGHTS

Netball

Netball results

Monday 27th November

Y7 B Squad V Hinckley Academy away.

The Y7 won 16 - 2. A very convincing win, well done girls.

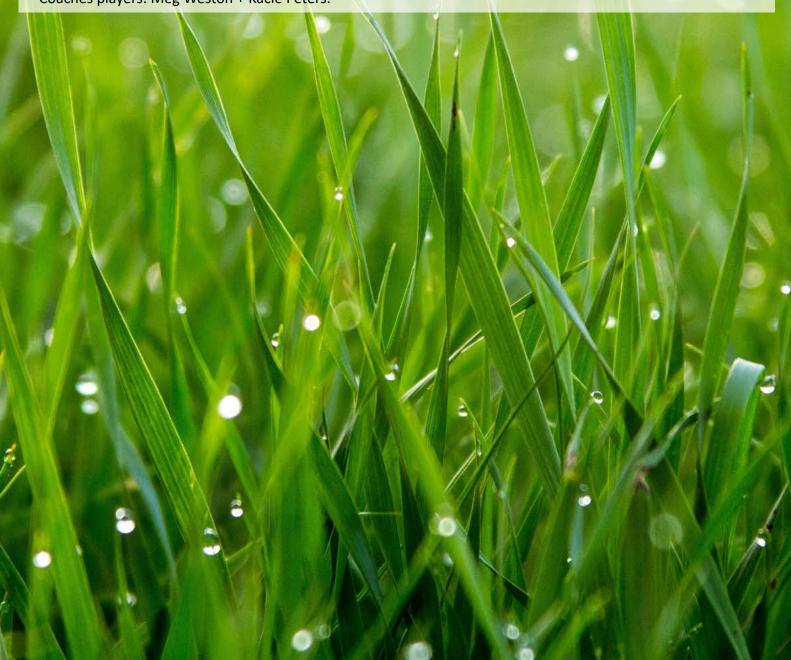
Wednesday 29th November

Y8 played Welland Park at home in the league.

Unfortunately, they lost 3 - 12. The girls tried their best but Welland Park were too strong.

Players players: Emily Elden

Coaches players: Meg Weston + Kacie Peters.



ACTIVITY OVERVIEW - TERM 2

Days Lunch		After School 3.00pm	
	12.30-1.15pm	3.00-4.00pm/4.15pm/4.30pm	
		15:00-16:30 Basketball 10	
		15:00-16:30 Bugsy Malone Prop Making	
		15:00-16:30 Bugsy Malone School Production	
	40.00.40.45.01.11	15:00-16:30 House Dodgeball - Year 7	
Monday	12:30-13:15 Christian Union	15:00-16:30 KS4 Art Club	
	12:45-13:00 Prom Committee	15:00-16:30 Netball 10	
		15:00-16:30 Netball 11	
		15:00-16:30 Netball 7 15:00-16:30 Netball 8	
		15:00-16:30 Netball 8 15:00-16:30 Netball 9	
		1	
		15:00-16:30 Rugby 7 15:10-16:00 Science7	
	42 20 42 45 Min and G. Ch. I	15:00-16:00 Dance Club 9-11	
	12:30-13:15 Minecraft Club	15:00-16:15 Girls Rugby	
	12:45-13:15 Lego Club	15:00-16:15 Rugby 9/10 15:00-16:30 Baking Club	
Tuesday		15:00-16:30 Baking Club 15:00-16:30 Basketball 8	
Tuesday		15:00-16:30 Basketball 8 15:00-16:30 House Dodgeball - Year 8	
		15:00-16:30 Rugby 8	
		15:00-16:30 Rugby 8 15:00-16:30 Textiles Workshop	
		15:00-17:00 Miniatures and Tabletop Games	
		15:05-16:00 Silver DofE	
		15:00-16:00 Bronze DofE	
		15:00-16:30 Basketball 7	
		15:00-16:30 Bugsy Malone School Production	
		15:00-16:30 House Dodgeball - Year 9	
Wednesday		15:10-16:00 Textiles Art Club	
	12:30-13:10 Pride Club	15:10-16:10 STEM Club	
		15:15-16:35 Cross Country Club	
		15:00-16:00 Dance Club 7-8	
		15:00-16:00 Starbooks Cosy Reading Club	
		15:00-16:15 The Games	
		15:00-16:30 Art Drop in Session 4	
Thursday		15:00-16:30 Bugsy Malone Band	
	12:30-13:15 Language Leadership Award	15:00-16:30 Card Games	
	12:30-13:15 Minecraft Club	15:00-16:30 House Dodgeball - Year 10/11	
	12:40-13:10 Choir	15:00-16:30 KS3 Art Club	
		15:00-16:30 Rugby 11	
		15:00-16:30 Textiles Workshop	
Friday	12:45-13:15 Debate Society		



THE
EMERALD
WAY





AFTER SCHOOL 15:00-16:30



Boys Rugby Yr.7 (MHO)	Boys Rugby Yr.9 + 10 (JJO)	Boys Rugby Yr.8 (TWH)	Boys Rugby Yr.11 (TWH)
Mixed Basketball Yr.10 (AMT)	Mixed Basketball Yr.8 (AMT)	Mixed Basketball Yr.7 (MHO)	
Netball All Years (ZTU)	Girls Rugby Yr.7-11 (TWH)		
	Dance Yr.9-11 (KBA)		Dance Yr.7-8 (KBA)
		Mixed XC Yr.7-11 (MNA)	The Games Invite Only (STO)

COMMUNITY NOTICES

Local Support Services

Lutterworth

There is always a service out there for you no matter what the situation. Here are the details for some great support services available – Winter 2023.

Wellbeing Services

- Central Access Point (CAP): 0808 800 3302 Local NHS mental health support for Leicester, Leicestershire and Rutland. Available 24 hours a day, 7 days per week
- Life Links: 0800 0234 575 Local charity focusing on practical coping solutions for low mood and anxiety
- Samaritans: 116 123 available 24hr/ 365 days a year
- Mind: 0300 123 3393

Warm Homes

The Warm Homes service can signpost residents on a low income to access local offers available via District and Borough Councils, the Lightbulb Housing Service, or other third-party charitable organisations. They give impartial advice and support residents to reduce household bills and stay warm.

General enquiries - <u>warmhomesinfo@leics.gov.uk</u> <u>www.leicestershire.gov.uk/home-energy-grants</u>



0116 305 2524

Utilities

- 105 Power Cut- Call 105 free of charge and it will put you through to your local network operator to give you help and advice
- GAS Services- National Grid: 0845 835 1111
- Trusted Traders Age UK (vetted services)- 0800 599 9435

GP Surgeries & Social Prescribers

01455 552346 - Masharani Practice Lutterworth 01455 553531 - Wycliffe Practice Lutterworth





Local Area Coordinator

Local Area Coordination uses a person centred approach to help connect people together to be part of their community, as well as finding out what support and services are available locally.

Lynne McConnachie – Local Area Coordinator Lutterworth



Lynne.McConnachie@leics.gov.uk

Harborough District Council

Contact details and general information can be accessed at www.harborough.gov.uk/contact





Family Hubs Leicestershire - Leicestershire County Council

Families and young people across Leicestershire can now access a range of services and advice in the Family Hubs. Working with partner organisations, the staff and volunteers are there to support you ensuring you have access to the right help and guidance.

Market Harborough Children & Family Wellbeing Centre – 0116 305 5320

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Food & Hygiene banks



Food Bank (Trussell Trust) for Lutterworth & Surrounding Villages and The hygiene bank run on Tuesdays and Fridays.

Referrals for this can be made via registered professional services such as: Citizens Advice, Local Borough and District Council and GP Surgeries.

Neighbourhood Cafes

The Lutterworth Wellbeing Café is open to anyone, over the age of 18 years old, who feels they would benefit from some mental health support, whether they are feeling lonely, anxious, or are finding it hard to manage difficult feelings.

The Lutterworth Wellbeing Café – Open on Tuesday 5.00 pm - 9.00 pm and Fridays 9.00 am - 1.00 pm at the Lutterworth Sports Centre Wellbeing Hub.

Voluntary Action South Leicestershire

VASL is a local, volunteer-involving charity providing services to improve the lives of people in our community. These include advice and support for unpaid carers, befriending and events for older people who are lonely and isolated, volunteer transport for medical appointments, and activities and support to increase wellbeing.

Voluntary Action South Leicestershire (VASL) 01858 433232 admin@vasl.org.uk

Local support information has been created in partnership with all listed services to help raise awareness of support and information that is available to you locally and within your district.

COMMUNITY NOTICES

Parent/Carer Information Event 2024



Date

Sat 20 Jan 2024

(Time

10:00 am -1:00 pm

O Location Abbey Park Campus

Share this post #LeicesterCollege







SETTING YOU AND YOUR CHILD UP FOR SUCCESS

Join us on Saturday 20 January 2024, 10am – 1pm, where we will be hosting an information event for those who have children in Year 9 and above either looking to study at Leicester College or exploring options to find the right college.

BOOK YOUR PLACE



COMMUNITY NOTICES



Vaping

NEWSLETTER

WHAT IS VAPING?

Vaping is inhaling vapour from an e-cigarette or 'vape'. Most vapes contain nicotine which makes them highly addictive. Vapes come in a variety of colours and flavours making them popular with young people. It is illegal to sell vaping products to anyone under the age of 18, however, more young people are vaping and the figure has risen by 50% in the past year. Experimental vaping among 11 to 17-year-olds in Britain increased from 7.7% to 11.6%. Source Sky News



DECEMBER 2023

Did you know?

Advertising Standards Authority has ruled that e-cigarettes and vaping products shouldn't be promoted on public Instagram, Facebook and TikTok accounts. This includes influencer marketing.



There are many reasons young people may try vaping.

- To fit in, young people can feel pressured to do what their friends are doing.
- To relieve stress or anxiety, many young people feel vaping has a calming effect.
- Young people can be drawn to vaping because of the bright colours and sweet smelling flavours.
- Curiosity, they've seen others vaping and want to experience it.



Drug Sense UK have put together a fantastic vaping Q&A, find out more **here!**

THE HEALTH FOR TEENS WEBSITE HAS MORE INFORMATION ON VAPING, CHECK IT OUR <u>HERE!</u>



WHAT ARETHE RISKS OF VAPING?

The government have identified 3 key issues we are facing with young people and vaping.

 Addictive products; Research has shown that most e-cigarettes contain traces of nicotine, which is highly addictive and can harm brain development.



- **Health implications;** The short-term side effects of vaping include throat and mouth irritation, headache, cough and feeling nauseous. The long-term effects of vaping are still unknown.
- Risks and dangers from 'counterfeit vapes'; The metal coil that is used to heat up the oil in the chamber is produced from a very cheap metal, which can heat up too quickly causing the vape to either explode or split and spurt out hot oil which can lead to facial injuries.

Source: Teen Health

THIS VIDEO GIVES YOU MORE
INFORMATION ON THE RISKS
OF VAPING, CHECK IT OUT
HERE!
Source: Royal Children's Hospital

WHAT'S IN A VAPE?

- Nicotine (although non-nicotine e-cigs are also available)
- Propylene glycol
- Vegetable glycerine
- Flavourings Source: Teen Health

IF YOU'D LIKE FURTHER INFORMATION OR SUPPORT, CHECK OUT "VAPING: WHAT PARENTS NEED TO KNOW" HERE!



e-SERVICES

KEEPING US CONNECTED

BYOD' Bring Your Own Device

We invite all students to bring in their own devices to connect to our school WiFi. This includes mobile phones, laptops, tablets and iPads.

If your child would like to take advantage of our 'BYOD' provision, please ensure you sign the 'ICT Acceptable Use Policy' letter and also fill out the 'New Technologies' consent form, both of which can be found at Student Reception.

Please hand back in to Student Reception upon completion in order to start using your devices.

Edulink

The EduLink App provides a convenient and accessible way for us to communicate with parents on some of the main aspects of daily school life.

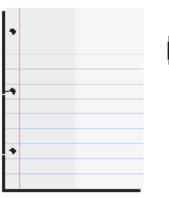
It's easy to use and is accessible from a smart phone, tablet or PC. You can use the app to report an absence easily and also book appointments for your child's Parents' Evening.

If you haven't already been issued with login details, please contact the Edulink team on the below email address edulinkapp@lutterworthhigh.co.uk If you need to register, click here.

NEED WELP?

If you have any queries or need IT assistance, do not hesitate to email eservices@lutterworthhigh.co.uk

OFFICE 365 – STUDENT ADVANTAGE & TEAMS













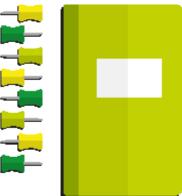












Stock up for academic success with free Office.

Students get a complete version of the latest Microsoft Office for free to use for as long as they're students!

Visit our the website and go to Menu - Students - Student Zone



AUTUMN TERM 2023	FROM THE MORNING OF:	UNTIL THE END OF:
Autumn 1st half term	Tuesday 29 th August 2023	Friday 13 th October 2023
Mid-term break	Monday 16th October 2023	Friday 20th October 2023
Autumn 2nd half term	Monday 23 rd October 2023	Friday 22 nd December 2023

SPRING TERM 2024	FROM THE MORNING OF:	UNTIL THE END OF:	
Spring 1st half-term	Tuesday 9 th January 2024	Friday 16 th February 2024	
Mid-term break	Monday 19th February 2024	Friday 23rd February 2024	
Spring 2nd half-term	Monday 26 th February 2024	Friday 22 nd March 2024	

SUMMER TERM 2024	FROM THE MORNING OF:	UNTIL THE END OF:
Summer 1st half-term	Monday 8 th April 2024	Friday 24 th May 2024
May Day	Monday 6th May 2024	Monday 6th May 2024
Mid-term break	Monday 27th May 2024	Friday 31st May 2024
Summer 2nd half-term	Monday 3 rd June 2024	Wednesday 10 th July 2024