



@LuttHigh



LuttHigh



Lutterworth High School Academy Trust

Friday 17th November 2023



Dear Parents / Carers

Welcome to our weekly newsletter. We had a wonderful evening yesterday welcoming back last year's cohort of Year 11 to receive their certificates and subject awards. It was a delight to see so many smiling faces and to recognise their success as well as discussing how they have settled into their Post 16 choices. We welcomed back the 2012 Olympian swimmer Grant Turner who gave a fantastic speech about resilience and effort.

Well done to all of those students who participated in today's swim gala. Congratulations to Tedder on winning. The swim gala is a large part of our heritage and has taken place over many years. It is very unusual now for secondary schools to have swimming on the curriculum and in competition, so we are very happy to give the students the opportunity to compete and cheer on their Houses.

We had our twin themed non-uniform day yesterday. Students wore non-uniform for Children in Need and odd socks to support anti-bullying week. Next week we will focus in assemblies and tutor periods on the theme of anti-bullying as well as what it means to be an 'upstander' at Lutterworth High School.

Have a nice weekend.

Yours faithfully

Julian Kirby
Headteacher



NOTICEBOARD

HOT CHOC FRIDAY

Well done to the following students who have achieved a Hot Choc Friday award this week.



Allocations for Activity Week

The allocations for Activity Week will go out on Tuesday 21st November. The performing arts residential to London is not running due to insufficient take-up. The other residential have all been extremely popular.

If you need to discuss the allocation, please use the activity week email so that the correct people see it – the message goes to both the finance team and Mr Salter. Activityweek@lutterworthhigh.co.uk

Top House Points

Alexander Burnett 7HH (46)	Joshua Bodman 8HG (45)	Antonio Soare 7HA (44)	Ollie Walsh 9HM (42)
George East 10LK (44)	Alfie Simons 10LK (58)	Daniel Faulkner 10LM (48)	Lianne Cooper 10HB (28)

Subject matters – The importance of your Post-16 choices

The University of Cambridge is organising a webinar for Year 10/11 students about which A-levels they are choosing. This webinar will provide advice on what subjects and combinations of subjects to choose to be competitive for a variety of courses at Cambridge and other selective universities. We want to make sure that all students are able to make informed choices for their A-Levels, Highers/Advanced Highers or International Baccalaureate so that they can make competitive applications to top universities in the future. As well as talking specifically about subject and qualification combinations, we will also think about where different subjects could lead to in the future and to consider the skills you might develop in pursuing different degree options, as well as where to look after the session to carry on your own research.

This online session is for UK students in Year 10-11 (England and Wales)/ S3-4 Scotland/ Year 11-12 Northern Ireland, thinking about going to university, and those in this age group outside of the UK, who will be taking A-Levels, Scottish Highers/Advanced Highers or the International Baccalaureate.

Teachers and careers advisors, as well as parents and guardians, are also welcome to watch this session. This is part of the [Christ's College Regular Webinars](#) series, which run regularly through the year.

PS16 Walkthrough

Tuesday 21st November 3-4pm
The Learning Hub

For any Year 11s who need help using
and applying through PS16.

Sign up on SOC's via Revision.

Positive Steps @16



Student Achievements

Congratulations to Lottie, Chloe, Tilly, Nathan, Alfie, Antonio, Emily B and Ariana who have made it through to Round 3 of the Year 7 French Spelling Bee. Well done to everyone who took part this week. Not only do students have to remember the words and how to spell them, they have to use the French alphabet when spelling them out loud. They have been very impressive. Well done.

NOTICEBOARD

Student Achievement

This week at Leicestershire County Cricket Club Awards Evening, the student pictured right won U13s Bowler of the year award representing her County playing Cricket.

This is a fantastic achievement - well done!

Assessment and Reading Information Evening

Please find the powerpoint presentation from this evening [here](#).



Art Club

The props club were busy making prop radios, headphones, scissors and flowers out of cardboard this week for Bugsy Malone.

The tabletop games clubs were in full force, 2 were playing Warhammer 40,000, 2 others were playing a small game of Warcry and afterwards were building laser cut scenery and painting miniatures.

Thursday was our usual KS3 Art Club and the art room was open for Year 10s so there was lots going on, mainly heat transfers onto fabric bags and some Year 8 students were also working on sketchbooks and a Warhammer miniature.



HOW TO REPORT A CONCERN AT LUTTERWORTH HIGH SCHOOL



Tell a teacher, your tutor
or go to KS3/KS4 Hubs to
speak to a member of staff



Tell your parents or a friend,
who can report on your behalf



Self report to
ks3@lutterworthhigh.co.uk
ks4@lutterworthhigh.co.uk



Forms outside KS3 and
post in the letterbox



Speak Out button on
the school website
www.lutterworthhigh.co.uk/student



THE EMERALD WAY

CHARITY CORNER

Please find below a detailed plan of the chosen charities of Year 9. Students will be doing a variety of activities, raising awareness as well as funds, throughout their week for their chosen charity. Make sure to get involved in any way you can.

W/C 4th December - 9LA - [Cancer Research UK](#)

W/C 12th February - 9LN - [Teenage Cancer Research](#)

W/C 4th March - 9LB - [SSAFA, The Armed Forces Charity](#)

W/C 7th May - 9HM - [Young Minds](#)

W/C 10th June - 9HO - [Dementia UK](#)



PRESENTATION AND AWARDS EVENING

Last night we had the pleasure of welcoming back last year's alumni to present them with their GCSE certificates as well as awards for nominated students.

Awards were presented for Effort and Progress and Excellence in each subject area with special awards including the Head of Key Stage award and the Headteacher's award.

The evening was a great chance for students to reunite and also catch up with staff and peers on their future prospects.

Thank you to our guest speaker Grant Turner, London 2012 Olympian, who enlightened guests with his story to success, giving an insight to his struggles along the way.

We wish our leavers' the very best of luck for and hope to hear from them in the future.



BARCELONA SPORTS TOUR 2025



FOR CURRENT YEARS' 8 & 9

FOOTBALL, NETBALL AND RUGBY TEAMS

DEPARTING 13TH APRIL 2025



MAKE A MODEL SNOWMAN



Get in to the festive spirit by making a 3D Model Snowman!

(Drawings will be considered but ideally a 3D model is required).

Judged - (1st December) in The Learning Hub

Win!

1st prize - £10 Amazon voucher

2nd prize - Distinction award

3rd prize - Merit award



Earn Emerald Way points





WOULD YOU LIKE TO DESIGN THE OFFICIAL LHS CHRISTMAS CARD?

 EARN EMERALD WAY POINTS 

DEADLINE - 1ST DECEMBER 2023

PLEASE HAND IN TO MRS M HUNTER IN D1





£25 PER PERSON

PROCEEDS TO THE SEND DEPARTMENT

LHS WREATH EVENING 2023

**WEDNESDAY 6TH DECEMBER 2023
6.30PM - 8.30PM**

**LUTTERWORTH HIGH SCHOOL,
WOODWAY ROAD, LUTTERWORTH, LE17 4QH**

All materials provided by a professional florist including refreshments and a mince pie!

Please bring your own gloves and secateurs.

**Tickets to be purchased via Scopay online or from
Main Reception.**

*Contact Jackie Hurr on jhurrelutterworthhigh.co.uk
/01455 552710 to purchase tickets.*

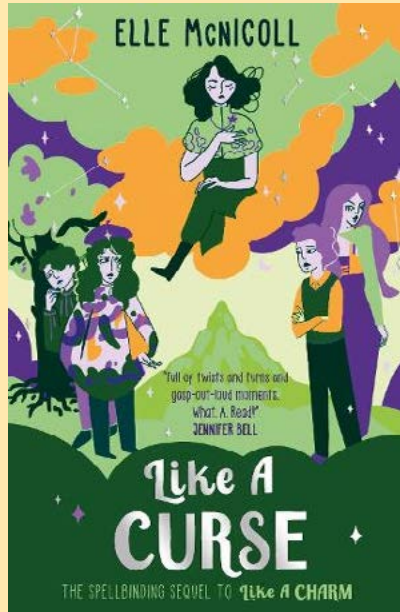
DISTINCTION AWARDS

Molly Baker 9LA
Harvey Corcoran 11LFC
Daisy Crosskey 9LN
Rebecca Eaton 11HJ
Asma Faizi 8LM
Sophie Gillatt 8LM
Zara Giovanelli 7HR
Tiana Goodwin 11HL
Olivia Green 10LT
Jacob Hudson 7HH
Chloe Hurst 7LM
Grace Jesson 10HE
Sophia Lefley 8LE
Rosa Newbury 8HS
Jack Osborne 11LSD
Iris Pateman 9HC
Izzi Richardson 11HJ
Antonio Soare 7HA
Jessica Sykes 8HS
Lily Taylor 9HM
Thomas Wride 9LB
Kyle Yip 8HG

Children In Need

Pudsey was reading

Like A Curse by Elle McNicoll!



Well done to
Ava El-Ashrafi
7HA

You have won a
£5 Amazon
Voucher!

Thanks to your
donations we raised
an extra £50.90 for
Children in Need!

HOUSE READING CHALLENGE



**CUNNINGHAM ARE
CURRENTLY
IN THE LEAD**

The Learning Hub will be closed for mocks
Wed 22nd Nov - Monday 11th Dec

so there will be a...

**Pop-up Library
every lunchtime
E4**



Spaces are limited to 25.



You will need a **Library Access** card,
which you can get from Miss
Chapman in charity corner at break
time each day.



MUSIC COMPETITION

Congratulations to the following students for being in the top 40 of the year 7 music competition on Teaching Gadget.

Antonio	Soare	7HA	30
Zara	Giovanelli	7HR	29
Alex	Burnett	7HH	28
Emily	Dand	7LH	28
Mandi	Madziba	7HH	28
Tisya	Rana	7LM	28
Lyla	Clarke	7LM	27
Alfie	Hill	7LC	27
Daniel	Larkin	7HR	27
Lucas	Ashman	7HA	26
Jacob	Hudson	7HH	26
Sam	Krzeminski	7HR	26
Lucas	Serban	7LH	26
Chloe	Hurst	7LM	25
Maia	Smart	7LM	25
Alice	Vigrass	7HR	25
Zara	Bell	7HA	24
Sophie	Lane	7LM	24
Isabella	Nicoll	7HR	24
Isabella	Van Allen	7HR	24
Lyla	Young	7LH	24
Toby	Allen	7LC	23
Feddie	Altuccini	7HA	23
Lisa	Danilova	7LH	23
Lori	Garton	7LM	23
Stacey	Walden	7HA	23
Ella	Ahearn	7LC	22
Jackson	Bell	7HA	22
Miley	Braithwaite	7LH	22
Rosie	Chapman	7HR	22
Umme	Faizi	7LC	22
George	Gooch	7HR	22
Amelie	Hall	7HA	22
Oliver	Lewis	7LC	22
Lucy	McClements	7HA	22
Thomas	Pearson	7HR	22
Jude	Rymell	7LC	22
Louie	Symonds	7HR	22
Jessie	Thomas	7LM	22
Jonah	Wilkin	7LC	22

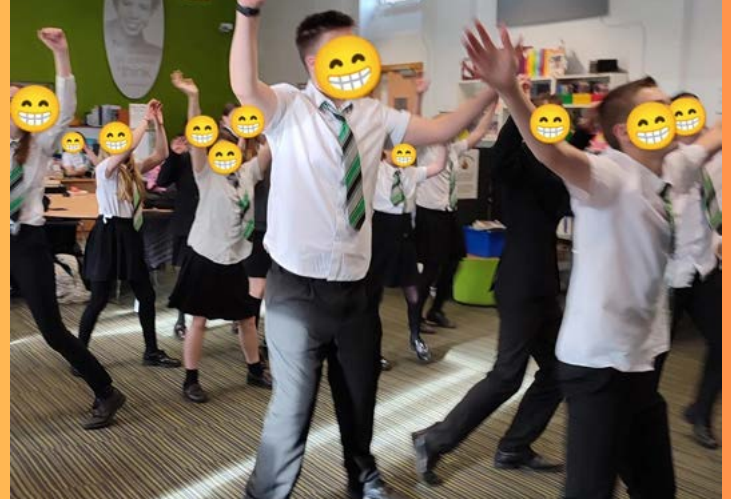
HAPPY Diwali

TUESDAY 14 NOVEMBER

On Tuesday, staff and students celebrated Diwali with a delicious lunch. A big thank you to the catering team!

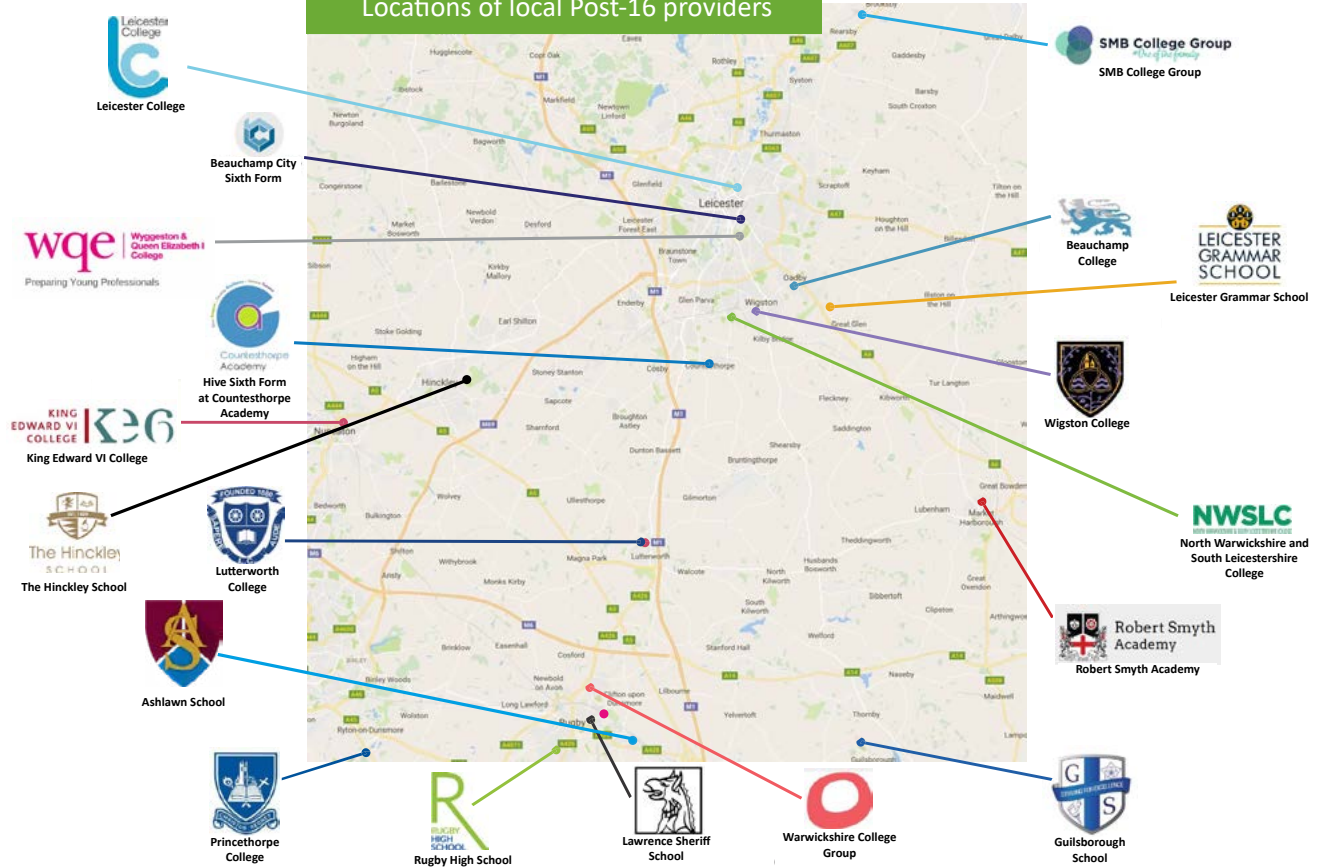


CHILDREN IN NEED AND ANTI-BULLYING WEEK



ANTI-BULLYING
ALLIANCE

Locations of local Post-16 providers



Post-16 Providers - Open Days/Evenings

Ashlawn School	Thursday 23rd November Times TBC
King Edward VI	Saturday 18th November 18 9.30 am - 12.30 pm
Leicester College	Saturday 25th November 10.00am-2.00pm

Career Days - Community Notice

Students can visit www.careerdays.co.uk to join a session in their field of interest and will receive a certificate at the end of the day confirming their work experience.

Revision Block 1

Monday 23rd October to Friday 24th November

	Monday	Tuesday	Wednesday	Thursday	Friday
Before school 8am - 8.30am		Biography* - Rm16 6 mark questions 8.15-8.30am	Chemistry* - Rm16 6 mark questions 8.15-8.30am	Physics* - Rm16 6 mark questions 8.15-8.30am	
Lunchtime		Creative Media	PE - D3a 12.50-1.10pm		DT - D5 12.45-1.15pm
After School 3.05 – 3.50pm	Maths F & H Art - Drop in	DT - D5 Art - Drop in	English Art - Drop in Art - Targeted Support	Music (Comp) Science F - rm16 Spanish H - rm15 French H - rm14 History - Invite Only Art - Drop in Art - Targeted Support	History - Rm9 Geography - Rm7/8 (2 group – 1 invite only 2 limited to 30)
After School 3.50pm – 4.30pm	Art - Drop in Business Studies	Art - Drop in	RE Art - Drop in Art - Targeted Support	Science H - rm16 Spanish H - rm15 French H - rm14 Art - Drop in Art - Targeted Support	Food - D3

*Science 6 Mark Mornings—See SOCS for further details

ART MOCK
Monday 20 th November (Class 11D)
Tuesday 21 st November (Class 11E)

Wednesday 22 nd November	Thursday 23 rd November	Friday 24 th November
English Walking Talking Mock Period 1-2	History Walking Talking Mock Period 1-2	English Walking Talking Mock Period 1-2
Maths Walking Talking Mock Period 3-4	Science Walking Talking Mock Period 3-4	Geography Walking Talking Mock Period 5-6

	Monday 27 th November	Tuesday 28 th November	Wednesday 29 th November	Thursday 30 th November	Friday 1 st December
P1 –2	English Language Paper 1 1hr 45m	Science - BIOLOGY Separate science 1hr 45m Combined 1hr 15m	History Paper 1 2hrs	Science – CHEMISTRY Separate science 1hr 45m Combined 1hr 15m	English Language Paper 2 1hr 45m
Break					
P3-4					
Lunch					
P5-6	Maths Non-Calculator Paper 1hr 30m	Geography Paper 1 1hr 30m	Enterprise & Marketing 1hr 15m Dance 1hr 30m	Maths Calculator Paper 1hr 30m	History Paper 2 1hr

	Monday 4 th December	Tuesday 5 th December	Wednesday 6 th December	Thursday 7 th December	Friday 8 th December
P1 –3	RE 1hr 45m	Design Technology 2hr Food and Nutrition 1hr 45m	Science – PHYSICS Separate science 1hr 45m Combined 1hr 15m	French Reading/writing Spanish Reading/writing Foundation R=45 mins /W=1 hr Higher R=1hr/W=1h15m	Business 1hr 45m Drama 1hr 45m Catch up session 2
Break	Periods 1,2,3 then break				
P4		Catch up session 1			
Lunch	Normal lunch				
P5-6 1:30pm start	Geography Paper 2 1hr 15m	French Listening Foundation 35min Higher 45mins	Spanish Listening Foundation 35min Higher 45mins	Creative imedia 1hr 30m Computer Science 1hr 30m PE 1 hr --- Music 1hr 15m	

SPORTS HIGHLIGHTS

A great win for both the Year 7 and Year 8 netball A squads in the knockout stages of the league.

SCORES

Year 7 won 20 - 0

Players player: Tisya Rana

Coaches' player: Esmee O'Connell

Year 8 won 18 - 4

Players player: Emily Elden

Coaches' player: Meg Weston

Wednesday 15th November

B squad fixtures V Hinckley Academy

Year 10 won 14 - 7

Players player: Zara Castle

Coaches player: Molly Parkinson

Year 11 won 12 - 9

Players player: Isy Heneghan

Coaches player: Charlotte Wells

Thank you to a number of Year 9 who helped to fill gaps on the teams in these matches.

Thursday 16th November

League playoff matches against Welland Park

Year 9 Won 30 - 7

Players player: Chilala Oyugi

Coaches player: Ruby Blockley

Year 10 Lost 13 - 15 a great come back in the last quarter, but time just ran out.

Players player: Ava Finch

Coaches player: Isla Palmer

Year 11 won 12 - 9



A fantastic performance from Connie Clelland who got both coaches and players player!



ACTIVITY OVERVIEW - TERM 2

Days	Lunch 12.30-1.15pm	After School 3.00pm 3.00-4.00pm/4.15pm/4.30pm
Monday	12:30-13:15 Christian Union 12:45-13:00 Prom Committee	15:00-16:30 Basketball 10 15:00-16:30 Buggy Malone Prop Making 15:00-16:30 Buggy Malone School Production 15:00-16:30 House Dodgeball - Year 7 15:00-16:30 KS4 Art Club 15:00-16:30 Netball 10 15:00-16:30 Netball 11 15:00-16:30 Netball 7 15:00-16:30 Netball 8 15:00-16:30 Netball 9 15:00-16:30 Rugby 7 15:10-16:00 Science7
Tuesday	12:30-13:15 Minecraft Club 12:45-13:15 Lego Club	15:00-16:00 Dance Club 9-11 15:00-16:15 Girls Rugby 15:00-16:15 Rugby 9/10 15:00-16:30 Baking Club 15:00-16:30 Basketball 8 15:00-16:30 House Dodgeball - Year 8 15:00-16:30 Rugby 8 15:00-16:30 Textiles Workshop 15:00-17:00 Miniatures and Tabletop Games 15:05-16:00 Silver DofE
Wednesday	12:30-13:10 Pride Club	15:00-16:00 Bronze DofE 15:00-16:30 Basketball 7 15:00-16:30 Buggy Malone School Production 15:00-16:30 House Dodgeball - Year 9 15:10-16:00 Textiles Art Club 15:10-16:10 STEM Club 15:15-16:35 Cross Country Club
Thursday	12:30-13:15 Language Leadership Award 12:30-13:15 Minecraft Club 12:40-13:10 Choir	15:00-16:00 Dance Club 7-8 15:00-16:00 Starbooks Cosy Reading Club 15:00-16:15 The Games 15:00-16:30 Art Drop in Session 4 15:00-16:30 Buggy Malone Band 15:00-16:30 Card Games 15:00-16:30 House Dodgeball - Year 10/11 15:00-16:30 KS3 Art Club 15:00-16:30 Rugby 11 15:00-16:30 Textiles Workshop
Friday	12:45-13:15 Debate Society	

THE
EMERALD
WAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<div>  <div> AFTER SCHOOL 15:00-16:30 </div>  </div>			
Boys Rugby Yr.7 (MHO)	Boys Rugby Yr.9 + 10 (JJO)	Boys Rugby Yr.8 (TWH)	Boys Rugby Yr.11 (TWH)
Mixed Basketball Yr.10 (AMT)	Mixed Basketball Yr.8 (AMT)	Mixed Basketball Yr.7 (MHO)	
Netball All Years (ZTU)	Girls Rugby Yr.7-11 (TWH)		
	Dance Yr.9-11 (KBA)		Dance Yr.7-8 (KBA)
		Mixed XC Yr.7-11 (MNA)	The Games Invite Only (STO)

Stress Awareness

NEWSLETTER

NOVEMBER 2023

WHAT IS STRESS?

Stress is a common feeling we get when we feel under pressure. A small amount can be good and motivates us to meet our goals. But too much stress, when things feel out of control, can impact our mood, our well-being and our relationships with people around us.

Ref: The Children's Society



Did you know?

Stress is controlled by your nervous system. When we are faced with danger, our central nervous systems switch into "**fight or flight**" mode. Our heart rates increase, blood vessels become narrower, and we become more mentally alert.



SIGNS & SYMPTOMS OF STRESS!

You might feel;

- Irritable, aggressive, impatient or wound up
- Over-burdened
- Anxious, nervous or afraid
- Racing thoughts that you can't switch off
- Unable to enjoy yourself
- Depressed
- Uninterested in life
- Like you've lost your sense of humour
- A sense of dread
- Worried about your health
- Neglected or lonely



Mind, the mental health charity, has lots of tips and support on managing stress and building resilience, including looking after your mental wellbeing.

FIND OUT MORE HERE

TIPS TO MANAGE STRESS

Recognise triggers: begin to track times where you have felt stressed and look for patterns in how you reacted. What was happening when you felt stressed? What did you think/feel/do just before you felt stressed?

Awareness: once you are aware of difficulties that are likely to make you feel stressed you can take steps to prevent stress or deal with it quickly.

Self-care: Be kind to yourself – stress is a human experience. Try to connect with friends and talk about how you are feeling.

Exercise, relaxation and meditation: some people find that exercise and activities such as meditation, breathing exercises and deep muscle relaxation are helpful.

Eat well and sleep: the better rested you are, the more able you are to cope with pressure.

Professional Help: if you are finding it difficult to cope, consider meeting with someone trained to help – this might include your GP or a therapist. **Ref:** The Children's Society



Key November dates

- National Stress Awareness day- 1st
- Anti-Bullying Week -13-17th
- World Kindness Day- 13th
- Self Care Week- 13th-19th
- Road Safety Week (Brake) - 19th-25th

COSMIC YOGA HAVE LOTS OF FAB MINDFULNESS VIDEOS, CHECK THEM OUT [HERE!](#)

ANTI-BULLYING WEEK

Anti-Bullying Week 2023 will take place from Monday 13th – Friday 17th November.

The theme is Make A Noise About Bullying. You will find everything you need to help make a noise to stop bullying this Anti-Bullying Week

[here](#)



LET'S GET SOCIAL



COMMUNITY NOTICES

Warning ZONE... LIFE SKILLS CENTRE

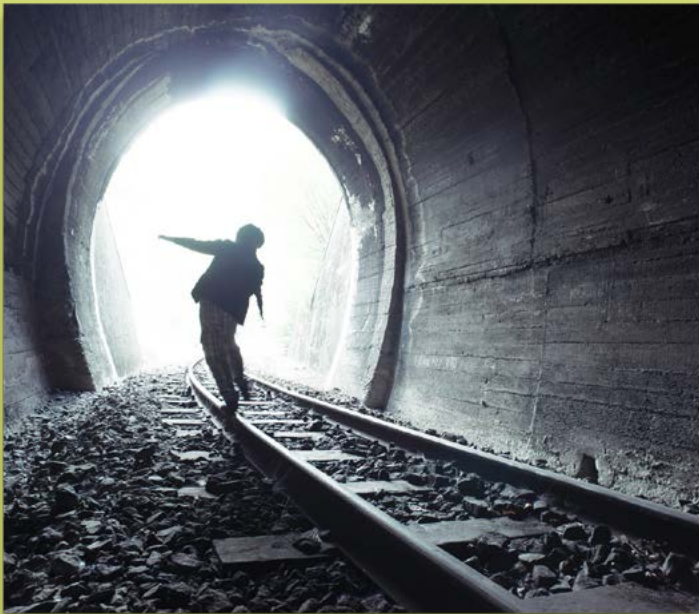


Scan me!

Help teach children to learn how to keep
themselves safe!

VOLUNTEER WITH US
WE NEED **YOU!**

NEED EXPERIENCE IN A WORK ENVIRONMENT?



WANT TO ENHANCE YOUR C.V.?



GOT SOME SPARE TIME?



We need volunteers of all ages (16+) and experience
to join our team

Warning Zone teaches valuable life skills to children to support them to make better choices, spot dangers,
assess risks to help them to stay safe.

Why not pop in, have a look around and find out more!

To organise a visit: contact us



volunteer@warningzone.org.uk or



0116 2629739



warningzone.org.uk

COMMUNITY NOTICES



New Year Netball

ONE DAY INTERMEDIATE WORKSHOP !!

We are delighted to be holding a one day Intermediate Workshop during this Christmas School Holidays. Please join us for high quality, enthusiastic coaching. Learn new techniques and skills whilst having fun with like minded children.

For children in School Years 7, 8 and 9.
5th January 2024.

Contact us Today!!!

Cost £20 per attendee.
Time 10 am until 3 pm.
Limited Spaces – First come, first served!!

Coach: Claire Adams

email: netballcampharborough@gmail.com
Facebook and Instagram: netballcampharborough

LGS-Stoneygate School
6 London Road
Great Glen
LE8 9DJ

e-SERVICES

KEEPING US CONNECTED

'BYOD' Bring Your Own Device

We invite all students to bring in their own devices to connect to our school WiFi. This includes mobile phones, laptops, tablets and iPads.

If your child would like to take advantage of our 'BYOD' provision, please ensure you sign the 'ICT Acceptable Use Policy' letter and also fill out the 'New Technologies' consent form, both of which can be found at Student Reception.

Please hand back in to Student Reception upon completion in order to start using your devices.

EduLink

The EduLink App provides a convenient and accessible way for us to communicate with parents on some of the main aspects of daily school life.

It's easy to use and is accessible from a smart phone, tablet or PC. You can use the app to report an absence easily and also book appointments for your child's Parents' Evening.

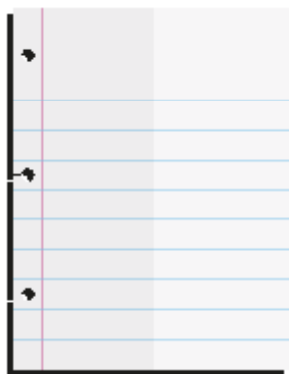
If you haven't already been issued with login details, please contact the EduLink team on the below email address edulinkapp@lutterworthhigh.co.uk If you need to register, click here.

NEED HELP?

If you have any queries or need IT assistance, do not hesitate to email eservices@lutterworthhigh.co.uk



OFFICE 365 - STUDENT ADVANTAGE & TEAMS



Stock up for academic success with free Office.

Students get a complete version of the latest Microsoft Office for free to use for as long as they're students!

Visit our the website and go to Menu - Students - Student Zone



AUTUMN TERM 2023	FROM THE MORNING OF:	UNTIL THE END OF:
Autumn 1st half term	Tuesday 29 th August 2023	Friday 13 th October 2023
Mid-term break	Monday 16 th October 2023	Friday 20 th October 2023
Autumn 2nd half term	Monday 23 rd October 2023	Friday 22 nd December 2023

SPRING TERM 2024	FROM THE MORNING OF:	UNTIL THE END OF:
Spring 1st half-term	Tuesday 9 th January 2024	Friday 16 th February 2024
Mid-term break	Monday 19 th February 2024	Friday 23 rd February 2024
Spring 2nd half-term	Monday 26 th February 2024	Friday 22 nd March 2024

SUMMER TERM 2024	FROM THE MORNING OF:	UNTIL THE END OF:
Summer 1st half-term	Monday 8 th April 2024	Friday 24 th May 2024
May Day	Monday 6 th May 2024	Monday 6 th May 2024
Mid-term break	Monday 27 th May 2024	Friday 31 st May 2024
Summer 2nd half-term	Monday 3 rd June 2024	Wednesday 10 th July 2024