



**Activity Week 2024** 1st July to 5th July 2024











### **ACTIVITY WEEK**

### 1st July to 5th July 2024

Welcome to this year's Activity Week.

### What is Activity Week?

The simple answer is that it is a time when both students and staff can share experiences that are not usually available during the rest of the academic year. Even a cursory glance at the course titles on the contents page will give you an idea of the great range of experiences available.

The normal school timetable and curriculum will be suspended for the week.

Activity Week was endorsed at our last full Ofsted inspection when the team felt that it enhanced the students' education.

Different courses are offered to specific year groups. The booklet indicates who may apply for advertised courses.

All students are expected to participate in, and benefit from, the week.

There are courses that represent some particular strength, hobby or interest that staff wish to share with others. Some courses are based in school, others are day trips and some are residential.

Some courses are expensive, some less so, while others are completely free of charge.

New skills can be learned, new friends made, new challenges met and overcome.

### THE AIMS AND OBJECTIVES OF ACTIVITY WEEK

All courses arranged for the week include elements that can be identified in the various National Curriculum documents and the week is specifically designed to enrich the school curriculum and provide opportunities to:

- learn a variety of new skills
- develop self-confidence and self-reliance
- develop a sense of responsibility
- work co-operatively
- provide experiences outside the scope of the normal curriculum
- promote the achievement of short-term goals
- reinforce the development of the social and personal skills in new situations
- encourage self-assessment

Through the residential experience, there are a number of additional aims and objectives:

- to encourage corporate spirit
- to develop self-confidence, self-reliance, maturity, awareness and a sense of responsibility
- to promote and improve personal physical ability

### Special note regarding charging for activities within the academic year:

The 1988 Education Act has implications regarding charging for school courses such as those outlined in this booklet:

There is no legal obligation for you to contribute and indeed no child at Lutterworth High School will be treated differently according to whether or not parent/carers have made a contribution. It must be made clear at the outset however, that courses on offer may not go ahead as planned if there is insufficient financial support.

### Please take special note that:

Whilst every effort will be made to give students their first choice it is inevitable that some will have to be placed on one of their other preferences. Students should not choose any course that they would not be happy to participate in.

Courses are allocated to ensure that as many students as possible get their first choice.

Once students have accepted a place on a course it will not be possible for a student to switch to another course unless there are exceptional circumstances.

Students who are allocated a place on a paid course will be required to pay a non-refundable deposit very soon after allocation. All payments for all courses will be handled using Scopay via the website.

The balance of all course costs must be paid by deadline dates. Failure to meet deadlines for payment, unless special arrangements have been agreed between parents and school, may result in your child forfeiting their place.

Allocating courses can be complicated and whilst we make every effort to give students their preferred option it is inevitable that some will be disappointed. We are happy to place these students on a waiting list for their preferred option.

Some residential courses require a high level of physical fitness. Students who have opted out of PE and swimming sessions at school on a long-term basis for reasons other than serious medical conditions or long-term injuries are unlikely to be allocated a place on sports-related trips.

### The Edulink 'AW 2024 Course Application Form' will be available from 3pm on Friday 27<sup>th</sup> October 2023.

Ready to select your course? This is what you do from Friday 27<sup>th</sup> October:

### Step 1

Read the booklet carefully with your parents or carers. Remember that we will spread the payments across the year.

### Step 2

Your parent/carer will need to complete the 'AW 2024 Course Application Form' on the Edulink App/Website & enter your three choices in order of preference.

Parents/Carers that have not yet signed up for Edulink, should email <a href="mailto:edulinkapp@lutterworthhigh.co.uk">edulinkapp@lutterworthhigh.co.uk</a> for set up details.

Whilst every effort will be made to allocate a student's highest preference, it is not always possible and some students will inevitably be allocated one of their other choices, so choose wisely.

### The Edulink 'AW 2024 Course Application Form' will be available from 3pm on Friday 27<sup>th</sup> October 2023.

### All forms must be submitted by 11.00am on Wednesday 1st November 2023.

The form will not be available after this time.

Please note that no course, residential or school-based, is allocated on a first come, first served basis, although any student applying after the deadline will usually be allocated after the applications received on or before the deadline.

Once applications have been received, we will collate the information. Parent/carers will be notified by email to confirm your course allocation and advise payment details.

### **ACTIVITY WEEK COSTING AND PAYMENT INFORMATION**

### **Activity week costings for all trips**

All costings for trips are approximate at the time of publishing this offer. The payment schedules are planned so that the last payment is balanced to an accurate costing. Where a cost changes significantly the school will contact all participants on that course.

### **Online Payments**

Please use the 'Online Payments' service, which can be accessed via <a href="www.scopay.com">www.scopay.com</a> If you require an 'online link code' please e-mail <a href="mailto:finance@lutterworthhigh.co.uk">finance@lutterworthhigh.co.uk</a> All payments taken are via credit or debit card. Please do not make any payments until you receive the specific trip letter with further details of cost.

#### **Consent Forms**

Consent forms will be published via Edulink after Easter and nearer to Activity Week next year.

All enquiries: <a href="mailto:activityweek@lutterworthhigh.co.uk">activityweek@lutterworthhigh.co.uk</a>

### **Activity Week – Application for Financial Assistance**

### Trip funding guidance 2023 - 24

School trips are an essential part of a child's education, providing valuable opportunities for learning, personal growth, and social development. School trips and residential courses that take place either during, or outside of school hours often cannot be funded without voluntary contributions from parents or carers. However, we understand that some parents may face financial constraints when it comes to covering the costs of these trips. It is critical to us at Lutterworth High School that no child should be excluded from an activity simply because their parents are unwilling or unable to pay.

This guidance aims to help parents at Lutterworth High School navigate available options for financial support so that their children can participate in school outings without undue financial burden.

If insufficient voluntary contributions are raised to fund a visit and the school cannot fund it from some other source, then the visit will be cancelled.

### Forward planning:

We endeavour to provide as much advance notice for school trips as is possible to support your financial budgeting. Staff plan trips to offer value for money and this is carefully considered before a trip or visit is given the go ahead.

### **Payment Plans:**

We offer flexible payment plans, allowing parents to spread the cost of the trip over several months. These are set up automatically for residential trips but can be arranged to spread the cost of any trip. Please contact <a href="mailto:finance@lutterworthhigh.co.uk">finance@lutterworthhigh.co.uk</a>

### **Government Assistance:**

Check if you are eligible for government assistance programs that provide financial support for low-income families. To find out more go to <a href="https://www.leicestershire.gov.uk/education-and-children/social-care-and-supporting-families/free-school-meals">https://www.leicestershire.gov.uk/education-and-children/social-care-and-supporting-families/free-school-meals</a> or contact us at school.

### **Financial Assistance from the School:**

If your child currently receives free school meals, we will automatically provide the following support to reduce the cost of the contributions. In exceptional circumstances, additional support may be available from the hardship fund. Please contact finance@lutterworthhigh.co.uk for further information.

### **SCOPAY Payment System:**

Where a partial contribution is made available by the school for a trip or activity, the contribution will be posted onto the SCOPAY payment system once any deposit has been received by the parent/carer.

Type of trip	Free School Meal support	Additional notes
Day trip during school term	50% of trip contribution Up to a maximum of £25 per trip  Packed lunch	All one-day trips
Residential trip	50% of trip contribution up to a maximum of £350	Year 7 Christmas markets visit One residential trip in year 8 and one residential trip in year 10 Does not include the Ski trip Students may require additional spending money for residential visits
Activity week course (non-residential)	25% of trip contribution  Packed lunch each day	A variety of free courses always available for students
Year 6 into 7 summer school	100% of contribution	Information sent to primary schools to distribute



### **ACTIVITY WEEK**

### 1st July to 5th July 2024

Welcome to this year's Activity Week.

### **OVERVIEW OF COURSES AVAILABLE**

No	COURSE TITLE	TYPE OF COURSE	COST	YEAR GROUP			
No.	COURSE TITLE		(approx.)	7	8	9	10
1	Get Gaming	Day trips	160	✓			
2	STEAM and CREST Award	Day trips	£108	✓	✓		
3	The London Experience	Residential	£670	✓	✓		
4	Art, Design & Textiles	School based	FREE	✓	✓	<b>✓</b>	
5	Extreme Action	Day trips	£190	✓	✓	<b>✓</b>	
6	Fantastic Food	School based	£50	✓	✓	>	
7	Horse Riding	Day trips	£284	✓	✓	<b>✓</b>	
8	Sportsweek	School based	FREE	✓	✓	<b>✓</b>	
9	Designer Maker	School based	£40	✓	✓	✓	
10	Lake District Experience	Residential	£550		✓	<b>✓</b>	
11	Paris	Residential	£540		✓	>	✓
12	Performing Arts Residential	Residential	£600			>	✓
13	Geneva Experience	Residential	£670			✓	✓
14	Snowdonian Adventure	Residential	£695			✓	✓
15	Seville – Spanish Language Trip	Residential	£750			✓	✓
16	Berlin Experience	Residential	£700				✓
17	LEBC Work Experience	Workplace based	FREE				✓

### Residential trips outside of activity week

Two further trips are available to students outside of activity week. There will be a Year 8 ski trip in 2025 for our current Year 7 students at an approximate cost of £1200. There will also be a sports tour in 2025 for years' 9 and 10 aimed at current years' 8 and 9. The approximate cost will be £950.

We recognise that residential trips are a significant expense. We include this information so you can plan your child's 5 year journey through school with regards to any residentials you want them to attend.

# Course number: 1 Get Gaming

Course Leader: Mr Patel

Year group: Years 7

No. places: 30

Dates: 01/07 - 05/07

Cost: £160 approx.

### **Aims and Objectives**

- To experience games in different formats (virtual and non-virtual)
- To encourage creativity and independence
- To develop problem solving skills

#### **Details of the course**

You will...

- Compete in different live games, such as Escape rooms, Laser Tag, Bowling, Ninja Warrior and Mini Golf
- Visit the Retro Computer Museum, Leicester to learn about, and play with, old consoles and computers
- Use and discover different uses of Virtual Reality
- Build Lego Mindstorms robots

This course will be an exciting week for students to expand on the world of gaming, both online and offline. We might play games, or problem solve, or even program to understand how games/robots are built. All tools and resources will be provided where necessary.



### Course number: 2 STEAM and CREST Award

Course Leader: Mrs Burchett

Year group: Years 7 and 8

No. places: 30

Dates: 01/07 - 05/07 Cost: £108 approx.

### **Aims and Objectives**

- To work towards completing a recognised STEM certificate (CREST Award)
- To experience 2 STEAM (Science, Technology, Engineering, Art and Mathematics) daytrip attractions across the UK
- To develop students' communication, problem solving and teamwork skills by addressing real-world challenges over the course of the week.
- To be reflective and use ICT to communicate experiences

#### **Details of the course**

CREST is a nationally recognised scheme for student-led project work in the STEM subjects (science, technology, engineering and maths) and we will be working towards completing an award throughout the week. We will also be going on 4-day trips throughout the week, aiming to broaden students' STEAM experience. The full itinerary isn't yet confirmed, but it'll include visits such as Sea Life Centre and Lego Discovery Centre, West Midlands Safari Park, Oxford Natural History Museum and Peak District Lead Mining Museum. Most days, students will arrive back at school to get their 3pm bus home. The price of this course includes entrance fees to all venues, coach travel and insurance and completion of the CREST award. The order we do these trips and the exact costings are subject to change as and when they are booked. Further details about the venues are available online.



## Course number: 3 The London Experience

Course Leader: *Mr Bowden*Year group: *Years 7 and 8* 

No. places: 30

Dates: 01/07 - 05/07

Cost: £670 approx.

### Aims and Objectives

 To enjoy London as a place of cultural significance and to discover what it has to offer

### Details of the course

The London Experience is an amazing opportunity to see the very best of London's culture all crammed into four superb days. The trip includes a guided tour of London, providing ample opportunities for selfies with famous landmarks such as Big Ben and Buckingham Palace. Student's love being tourists in our capital city! For museum lovers, we explore Ancient Egypt at the National History Museum; rifle for clues at the Sherlock Holmes Museum; and get up close and personal with celebrities in wax at Madame Tussauds. We will also explore the city by road, river, and at height on the London Eye.

For theatre lovers, we will not only experience theatre as Shakespeare did at The Globe but will also be dazzled and amazed by a musical performance in the West End. To make the trip even more magical, we will be heading to the Warner Brother Studios to see behind the scenes of the wizarding world of Harry Potter.

The trip will depart on Monday and return Thursday evening. This is a fantastic opportunity to see the best London has to offer, at a fraction of the cost. We can't wait to take you with us!



## Course number: 4 Art, Design & Textiles

Course Leader: Miss Evans &

Miss Spalding

Year group: Years 7,8,9

No. places: 30

Dates: 01/07 - 05/07

Cost: FREE

### **Aims and Objectives**

- To develop designing and making skills
- To discover a range of media and techniques that you can use in your art and design work

### **Details of the course**

This is the ideal course for you if you love drawing making and creating things using lots of different materials!

This week will feature a number of creative workshops in various areas of art, design and textiles. You will complete a number of projects working with a variety of different materials, both 2D and 3D. You will have the opportunity to work with materials like clay and textiles. You will get to hear about how professionals in the industry work with different media to create their outcomes.

Come and join us to push your creative skills to the limit!



## Course number: 5 Extreme Action

Course Leader: Mr Webster

Year group: Years 7,8,9

No. places: **200** 

Dates: 01/07 - 05/07

Cost: £190 approx.

### **Aims and Objectives**

- To develop team working skills whilst enjoying new, exciting experiences
- To be involved in a range of different sporting and outdoor pursuits
- To develop new and different interests
- To develop problem solving skills

### **Details of the course**

The week will be divided into five separate visits, each focusing on a different skill and activity. Full details are still being confirmed but the course should include activities such as climbing, water sports, skiing/snowboarding, high-ropes, assault courses, swimming, roller skating and bowling.

Students opting for this course must be willing to try out new, physical activities. Students need to be able to swim to take part in this course, and be willing to tackle activities involving heights.



### Course number: 6 Fantastic Food

Course Leader: Mrs Jarvis &

Miss Ronald

Year group: Years 7,8,9

No. places: 20

Dates: 01/07 - 05/07

Cost: £50 approx.

(to include all ingredients)

### Details of the course

**Aims and Objectives** 

Every day will be different and you will have the opportunity to understand what it takes to feed yourself on a budget and cook for your family and others. You will plan and prepare an 'event', for example a picnic or an afternoon tea for invited

• To learn and develop new cooking skills

• To build confidence in the kitchen and beyond

guests.

You will research and plan then cook and even serve your creations.

All the food and recipes you make will be yours to take home at the end of each day and you will be free to adapt recipes to suit any special dietary needs.



## Course number: 7 **Horse Riding**

Course Leader: *Mrs Cutting*Year group: *Years 7,8,9* 

No. places: 14

Dates: 01/07 - 05/07

Cost: £284

### **Aims and Objectives**

- Providing lessons for beginners, intermediate and advanced riders
- For those new to horse riding, it's an opportunity to experience caring for a pony and learn to ride.
- For those who can already ride, to develop and extend their knowledge.

#### Details of the course

This is an exciting opportunity for you to experience what it's like to care for a pony as though they were your own.

As well as riding lessons, you will learn about stable management such as mucking out, learning to feed your pony, groom, plait and tack up ready for your lesson.
Riding lessons will include either flat work/jumping, mounted games and a gymkhana as well as winning rosettes and prizes.

This course will appeal to both those who have always wanted to try horse riding but haven't had the opportunity to and for those more experienced, who wish to improve their riding ability.



# Course number: 8 **Sportsweek**

Course Leader: *Mr Howgate* 

Year group: Years 7,8,9

No. places: 50

Dates: 01/07 - 05/07

Cost: FREE

### **Aims and Objectives**

- To further develop skills in a wide range of sports
- To deepen understanding of more detailed concepts

within each activity

- To develop officiating skills
- To test skills in a competitive environment

#### Details of the course

This course will enable students to participate in a variety of sporting activities, including taking part in some sports which are not covered much, or at all, in the usual Physical Education curriculum.

Time will be devoted to a number of activities with a balance of coaching, skills development and competition -combining to give an informative, enjoyable, rewarding and active five days!



# Course number: 9 Designer Maker

Course Leader: Mrs Cochrane

& Mrs

Hornbuckle

Year group: Years 7,8,9

No. places: 20

Dates: 01/07 - 05/07
Cost: £40 approx.

### Details of the course

Aims and Objectives

Get ready to unleash your creativity and craftsmanship as you embark on a design and make adventure. In this exciting week, you'll have the opportunity to three amazing projects: a wooden stool, a garment, and an upcycling project.

Discover the art of woodworking as you craft your very own wooden stool. You'll learn to measure, cut, and assemble the pieces, turning raw wood into a functional and stylish piece of furniture. Your stool will not only be a testament to your woodworking skills but also a practical addition to your home.

Step into the world of fashion as you design and make your own garment. From selecting fabrics to sewing and finishing touches, you'll learn the fundamentals of clothing design and production. Whether you're interested in creating a pair of shorts, skirt or another fashionable item, this project allows you to showcase your personal style.

Upcycling is all about transforming old or discarded items into something new and unique. In this project, you'll give new life to an object that has lost its purpose. Your imagination is your only limit in breathing new life into these items.

These projects will not only hone your design and making skills but also encourage sustainability and creativity.



## Course number: 10 **Lake District Experience**

Course Leader: Mrs Niemeijer

Year group: Years 8 and 9

No. places: 30

Dates: 01/07 - 05/07 Cost: £550 approx.

### **Aims and Objectives**

- To experience being out and about in Britain's hill country
- To appreciate a wild area that is part of a National Park
- To learn how to work as part of a team
- To live, for a week, with friends, taking on new responsibilities for social relationships and valuing community life
- To learn new skills (climbing, kayaking, etc.)

#### **Details of the course**

Have you ever climbed above 3000 feet, scrambled up a rocky ridge, canoed on a lake? Are you adventurous enough to try? If you are, you will love this introduction to the wonderful surroundings of one of Britain's most beautiful National Parks.

Location: Keswick, Derwent Water

Activities: A range of water sports (canoeing and rafting) and mountain activities (Ghyll scrambling, climbing, abseiling, hill walking and mountain biking) are offered by Keswick Activity Centre instructors. A programme of evening activities includes a swimming pool session and a visit to Keswick Climbing Wall.



## Course number: 11 Paris – French Language Trip

Course Leader: Mrs Anderson

Year group: Year 8, 9 & 10

studying French

No. places: 40

Dates: 01/07 - 05/07

Cost: £540 approx.

### **Aims and Objectives**

- To improve language and communication skills
- To experience Spanish culture
- To visit local sights

#### **Details of the course**

Students will stay in a hostel type accommodation close to the city centre.

This visit provides opportunities to use and improve language skills – asking for food in a market and visiting places of interest.

Excursions during the trip will include activities such as visits of famous Paris landmarks, an evening in a crêperie, a visit to the Château de Versailles, and a day in Parc Astérix (theme park).

This course is provided specifically for GCSE students (or prospective GCSE students) by the MFL Department.



## Course number: 12 Performing Arts Residential

Course Leader: Miss Curtis

Year group: Years 9 and 10

No. places:

Dates: 01/07 - 05/07 Cost: £600 approx.

### **Aims and Objectives**

- To develop an appreciation of cultural activities available in London
- To develop Performing skills in a professional setting with experienced practitioners in the field

#### **Details of the course**

This is the ideal course for you if you love dancing, acting and singing.

The 3-night residential in London, will feature a number of creative workshops in various areas of the Performing Arts, with an emphasis on live theatre and contemporary dance.

During the week we will take part in a Dance workshop at the world-famous Pineapple Dance studios and develop acting and stagecraft skills in London's West End. We will see a London show and spend time in the cultural quarter of Covent Garden.

The trip will depart on Monday and return Thursday late afternoon. Friday will be spent in school building on, and sharing activities from the week.



### Course number: 13

### **Geneva Experience**

Course Leader: Mrs Keatman

Year group: Years 9 and 10

No. places: 40

Dates: Three FULL

DAYS

02/07 - 04/07

Mon 1<sup>st</sup> & Fri 5<sup>th</sup>
July (in School)

Cost: £670 approx.

### **Aims and Objectives**

- To be inspired by the history and future of science.
- To visit the beautiful city of Geneva

#### **Details of the course**

This course entails three FULL DAYS (and no long coach ride) in Geneva.

Visits we are looking to include are: A trip to see the Large Hadron Collider at CERN\*, a boat ride around Lake Geneva, tour of the SIG-Energy pavilion, a visit to The History of Science Museum, and a Swiss themed evening experience.

\*This part of the experience is already booked, so is definitely going to be part of the trip.

The cost includes: travel to Geneva by **aeroplane**, Bed and Breakfast at the Meiniger Hotel, trips, and meals whilst in Geneva.

This course is provided for GCSE students by the Science Department.



### Course number: 14 **Snowdonian Adventure**

Course Leader: Mr Nutt

Year group: Years 9 and 10

No. places: 37

Dates: 01/07 – 05/07

Cost: £695 approx.

### **Aims and Objectives**

- To discover and explore the diverse landscapes of North Wales
- To participate in fieldwork activities in a range of urban and coastal environments

#### **Details of the course**

This course will provide prospective and current GCSE Geography and History students an opportunity to apply their studies in an unfamiliar context.

Calling at the Heights of Abraham en route to North Wales, we will stay at a hotel on the picturesque coastline. Over our 5-day visit we will make excursions to wide sandy beaches, ancient castles and the pretty towns of Conwy and Beaumaris. We will take a trip on the Snowdon Mountain Railway to the highest point in Wales, and journey below the mountains into the slate caverns to experience the incredible underground trampolines and slides at Zip World's Bounce Below. The return journey will be broken with a visit to the Roman walled city of Chester.

The perfect itinerary for a humanities explorer!

This course is provided for GCSE students by the Geography Department.



# Course number: 15 Seville – Spanish Language Trip

Course Leader: Mrs Jarmulewski

Year group: Year 9 & 10

studying Spanish

No. places: 30

Dates: 01/07 – 05/07

Cost: £750 approx.

#### **Aims and Objectives**

- To improve language and communication skills
- To experience Spanish culture
- To visit local sights

### **Details of the course**

Students will stay in a hostel type accommodation close to the city centre.

This visit provides opportunities to use and improve language skills – asking for food in a market, ordering in a restaurant going in to a tourist information office etc.

Excursions during the trip will include activities such as a flamenco show, a tapas evening, a visit to a bull ring and a theme park/water park very close to the city centre.

This course is provided specifically for GCSE students (or prospective GCSE students) by the MFL Department.



## Course number: 16 Berlin Experience

Course Leader: Mr Allan

Year group: Year 10

No. places: 40

Dates: 01/07 - 05/07

Cost: £700 approx.

### **Aims and Objectives**

- The visit covers key topic areas of the AQA GCSE history unit on Germany 1890-1945
- Visit one of the world's leading cities with a rich 20<sup>th</sup> Century history
- Brings the history course to life improving students' knowledge and understanding of German history in the 20<sup>th</sup> Century

#### **Details of the course**

We will be flying to Berlin and staying full board in a hotel in the centre. The trip is for 4 days and 3 nights from Monday  $3^{rd}$  July to Thursday  $6^{th}$  July.

Highlights of the visit will include a visit:

- To the Reichstag.
- A tour of Sachsenhausen concentration camp.
- To the Holocaust memorial
- To the Plotzensee memorial.
- To the Brandenburg gate.

In the evening we will have a walking tour of Berlin and the opportunity to go bowling.

This course is provided for GCSE students by the History Department.



# Course number: 17 **LEBC Work Experience**

Course Leader: Miss Chapman

Year group: Year 10

No. places: 50

Dates: 01/07 - 05/07

Cost: Funded by

school

### **Aims and Objectives**

• To gain a week of experience in a work placement

#### **Details of the course**

This course is for any Year 10 student who wants to gain an insight into a particular employment sector. We are offering a work placement administered either by the Leicestershire Education Business Company (LEBC) or us in school.

The school will work students to find a placement that matches the aspirations of each student.

School will cover the cost of all aspects of the administration of the placement.

