



LHS MENU

All items are subject to availability.

WINTER & SPRING TERM 21 - WEEK 1

MAINS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Homemade beef bolognese with spaghetti & garlic dough balls.	Roasted turkey, sage & onion stuffing, herb roast potatoes & gravy	Chicken katsu curry with steamed rice	Chicken jambalaya	Oven baked battered fish & baked chips

VEGETARIAN OPTION

Homemade veg bolognese with spaghetti & garlic dough balls.	Roasted quorn fillet, sage & onion stuffing, herb roast potatoes & gravy	Quorn & vegetable katsu curry with steamed rice	Vegetable jambalaya	Roasted tomato, basil & parmesan quiche
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MARKET VEGETABLES

Corn on the cob	Seasonal steamed veg carrot & broccoli	Fresh garden tomato & cucumber Salad	Roasted sweet potato wedges	Garden peas & baked beans
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HOT DELI

Italian style homemade meatballs & sub rolls	Coronation chicken burger on a bed of lettuce & tomato	Chicken katsu burger on a bed of lettuce & tomato	Cheese & ham panini Cheese & tomato panini	Stone baked pepperoni or margherita pizza
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PASTA BAR

Pasta with a selection of homemade sauce (vegetarian/meat)

GRAB & GO

Caribbean chicken burger on a bed of lettuce & tomato	Oven baked angus beef burger	Empire hot dog & tortilla chips	Mexican chicken in mini baguette with lettuce & tomato	Chicken samosa & fries vegetable samosa & fries
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TERRACE

Jacket Potato with a selection of fillings
Selection of freshly baked baguettes and homemade sandwiches

DESSERTS

Selection of homemade cakes or cookies
Whole fruit/fruit slices/fruit pots

SMALL MEAL DEAL £2.75

LARGE MEAL DEAL £3.20



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WINTER & SPRING TERM 21 - WEEK 2

MAINS				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Baked beef cannelloni	Lincolnshire sausages with swede & potato mash & onion gravy	Chicken & veg pasta bake & crispy garlic slice	Chicken tikka massala with steamed rice & mini naan	Oven baked star fish with homemade chips, peas or beans
VEGETARIAN OPTION				
Spinach and ricotta cannelloni	Quorn sausages with swede & potato mash & onion gravy	Three cheese pasta bake & crispy garlic slice	Tofu massala with steamed rice & mini naan	Cheese & onion pastie with homemade chips, peas or beans
MARKET VEGETABLES				
Sweetcorn & steamed carrot batons	Cauliflower & green beans	Steamed brocolli & sweetcorn	Tomoato & cucumber raita	Garden peas & baked beans
HOT DELI				
Southern spiced baked chicken sub	Mexican meatball sub	Spicy beef burrito with rice & cheese	Chicken kebab & salad with lebanese kobez bread	Stone baked pepperoni or margherita pizza
PASTA BAR				
Pasta with a selection of homemade sauce (vegetarian/meat)				
GRAB & GO				
Cajun chicken & potato wedge wrap	BBQ beef burger on a bed of lettuce & tomato	Pulled pork in mini baguette	Chicken reggae Burger & Salad	Cheesy chicken fajita
TERRACE				
Jacket Potato with a selection of fillings				
Selection of freshly baked baguettes and homemade sandwiches				
DESSERTS				
Selection of homemade cakes or cookies				
Whole fruit/fruit slices/fruit pots				

SMALL MEAL DEAL £2.75

LARGE MEAL DEAL £3.20



LHS MENU

All items are subject to availability.

WINTER & SPRING TERM 21 - WEEK 3

MAINS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Roasted lemon & garlic chicken served with crispy roasted potatoes, gravy	Slow cooked beef hotpot	Chilli con carne with fluffy steamed rice	Mexican chicken fajita with tortilla wrap	Oven baked fish fingers & baked chips

VEGETARIAN OPTION

Vegetarian bean burger served with crispy roasted potatoes	Loaded vegetable pasta bake	Vegetarian chilli con carne with fluffy steamed rice	Mexican quorn fajita with tortilla wrap	Vegetable falafel & baked chips
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MARKET VEGETABLES

Roasted root vegetables	Broccoli florets & carrots	Roasted cauliflower and garden peas	Homemade cajun potato wedges	Mushy peas & baked beans
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HOT DELI

BBQ pork ribs in mini french baguette	Moroccan chicken salad on flatbread	Nachos with beef chilli & cheese	Turkey meatball sub	Spicy pepperoni & cheese calzone Tomato, onion & cheese calzone
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PASTA BAR

Pasta with a selection of homemade sauce (vegetarian/meat)

GRAB & GO

Cheese & onion panini Chicken & cheese panini	Cajun chicken salad burger	Chicken kofta on a warm flatbread	Oven baked angus beef burger	Spicy fish burger
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TERRACE

Jacket Potato with a selection of fillings
Selection of freshly baked baguettes and homemade sandwiches

DESSERTS

Selection of homemade cakes or cookies
Whole fruit/fruit slices/fruit pots

SMALL MEAL DEAL £2.75

LARGE MEAL DEAL £3.20