

LHS Sport

The Sports Department recognises the importance of co-curricular sport and the benefits this has to all students at Lutterworth High school. All students are encouraged to take part in

co-curricular opportunities on offer. Students work towards a 50 tie which is awarded to the student after competing in 50 competitive fixtures across all sports. Additionally, elite sports students are identified in year 9, 10 and 11 to form an 'Elite Club' who meet monthly to discuss their progress and sporting ambitions.

In 2017/18 we secured over £10,000 in sponsorship money to kit out all students in Canterbury playing tops/dresses for their fixtures in Netball, Rugby, Football, Athletics, Cross Country and Basketball.

Sports tours are offered to students in year 9 and 10 who have shown significant commitment to training and games. In 2018 we toured Italy and in 2020 we were due to tour Canada but couldn't due to the pandemic.

Rugby

Rugby forms a big part of our co-curricular provision. Students are proud to represent the School and are encouraged to set high personal and team standards. Students compete across a number of Saturdays as part of block fixtures against prestigious schools such as Leicester Grammar, Princethorpe and King Henry VIII to name a few. Recent success saw the U.16 boys win the County Cup in 2016 and the Girls rugby team win their County tournament in 2019.

The Rugby department consists of six staff. Two staff have represented their country at school boy level with one staff member having played for Premiership side Worcester Warriors and more recently he captained his Country for England Counties in 2016 and 2017.

Netball

The Netball programme has grown significantly since appointing a Netball specialist. With an aim to raise the profile of Netball we have created our own league structure by selecting appropriate opposition to join our league. Our girls now face more rigorous competition on a more regular basis. All netball players are offered a weekend away as part of their pre-season when in year 8.

The Netball department consists of three staff. Our staff team has one player currently playing at a regional level and another at county level.

Basketball

Since the arrival of one staff member Basketball has grown at Lutterworth High school and most recently the current year 11 Basketball girls toured Italy in 2018. With an aim to raise the profile of Basketball we have created our own league structure by selecting appropriate opposition to join our league.

The Basketball department is made up of two staff who have both played competitively and still have an active interest in the sport.

Football

Football is played in the first half term at the school unless teams progress in the national or county cup. In 2019 U.12 girls Futsal team were crowned county champions. In 2020 our U13's progressed through to the Quarter Finals of the National Cup.

The Football department is made up of six staff. One staff member held an academy contract at Derby before becoming a teacher. External staff have been used in the past where appropriate, the latest example of this is Holly Morgan 'Leicester City Womens' captain who trained our girl's teams for 3 weeks.

Cross Country

Cross Country is the most popular co-curricular club at the school. Every Wednesday the club sees over 70 students benefit from the rural settings Lutterworth has to offer. The school enters cross country meets midweek and some Saturday morning's. Over the past two years we have had success as we have qualified to run in the 'English Schools' cross country meet.

The Cross Country club is ran by six staff. Staff include a triathlete as well as staff who regularly take part in half marathon and 5k park runs.

Athletics

Athletics is a performance summer sport at LHS where students have the opportunity to improve their technique in, running, jumping and throwing. Students have the option to compete in four Athletics meets in the summer term which includes our latest meet 'The Triangular Cup' against Leicester Grammar school and Welland Park Academy.

Many students enjoy success with a good number of students going on to represent the school in the County Championships at Saffron Lane.

Tennis

Tennis is one of our summer sports where we enter KS3 and KS4 boys and girls teams into the 'Team Tennis School' every year. One of our students had success at Wimbledon as they won the 'Road to Wimbledon' in 2017. The Tennis team get the opportunity to visit Wimbledon each year as we enter the ballot.

The Tennis department is made up of two staff. One staff member still competes regularly.

Inclusive Games

All students have the option to train and compete for the school. Boccia, Indoor Athletics and Seated Volleyball. This takes place every Monday after school and every Wednesday lunchtime for students who wish to be part of this club. Recent success has seen this club crowned area champions and more recently Seated Volleyball county champions.

The inclusive games club is made up of two staff. One staff member is part of the SEND team and has a rich background in sport.

Other one off sports we offer are:

Indoor rowing
Indoor Athletics
Handball
Dodgeball
Trampolining
Swimming